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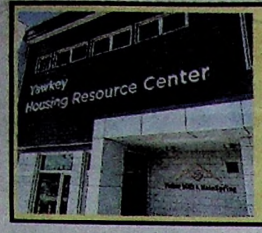

Yawkey Housing Resource Center Open House - *Page 3*

Interfaith Donors Provide Student Backpacks - *Page 11*

The Quincy Sun

Quincy's Hometown Weekly Newspaper Since 1968

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SUNFLOWER shows off its brilliant yellow and orange hues on Woodward Avenue.
Photo Courtesy Amy Bosworth

Councillors OK Sea Street Easements

By SCOTT JACKSON

City councillors recently approved the taking of easements along a portion of Sea Street, setting the stage for a state project to make improvements to the thoroughfare.

Councillors approved the takings along the stretch of Sea Street between Samoset Avenue and Palmer Street in a 9-0 vote during a special session the evening of Sept. 5. In a separate 9-0 vote, councillors awarded the impacted property owners a total of $1.13 million in compensation.

Ward 1 Councillor David McCarthy noted the upcoming roadwork is the second phase of the Massachusetts Department of Transportation project to upgrade Sea Street. The first phase of the project took place in the vicinity of the intersection of Sea Street and Quincy Shore Drive.

Cont'd On Page 13

22 Years Later, 9-11 Remembered

By SCOTT JACKSON

Dozens of first responders, residents and elected officials gathered Monday morning at Quincy Fire Department headquarters for a solemn ceremony marking the 22nd anniversary of the terrorist attacks of Sept. 11, 2001.

"I want to thank you all very much for being with us this morning," said Fire Chief Joseph Jackson.

"This is the 22nd anniversary of the attacks on our country. Let's never forget the sacrifices made and the courage shown by so many Americans, so many of our broth-

Cont'd On Page 15

Farmers Market More Than Just Veggies

Kilroy Square Farmers Market Friday Noon-5 PM At 25 Cottage Ave.

By TOM GORMAN

As Stephanie Donovan perused the vendors at the Kilroy Square Farmers Market in Quincy Center, she couldn't help but express her surprise at the variety of offerings.

"I thought it was just about vegetables," the Boston resident said.

The 41st annual Farmers Market that opened its season in June is heading into the fall and will be open every Friday from noon to 5 p.m. through Oct. 27. Managed by the Quincy Chamber of Commerce, the market is located in Kilroy Square at 25 Cottage Ave. next to the parking garage in Quincy Center.

In addition to the local farmers and their freshly picked veggies, the market also features artisans, locally made products, prepared

Cont'd On Page 2

SARA DELLEA of Charles River Farm in Franklin sorts tomatoes at the Kilroy Square Farmers Market, 25 Cottage Ave. adjacent to the Kilroy Square Parking Garage. The market, managed by the Quincy Chamber of Commerce, is open from noon to 5 p.m. Fridays through Oct. 27. *Quincy Sun photo/Tom Gorman*

City Appealing Long Island Bridge Permit - *Page 4*
City Tennis Tournament Begins Sept. 22 - *Page 14*
Quincy, NQ Win Football Openers - *Page 26*

More Quincy news:
The Quincy Sun.com

MIKE'S EGGS OWNER Mike Aalto of Pembroke talks about his Vermont maple syrup and fresh eggs to customers at the Kilroy Square Farmers Market in Quincy Center.

Quincy Sun photos/Tom Gorman

ROXANNE RODRIGUEZ of Weymouth poses with her fresh flower arrangements. She grows her own flowers in her yard and creates the arrangements.

Kilroy Square Farmers Market More Than Just Veggies

Cont'd From Page 1

foods, and baked goods. Also, there are local organizations offering community outreach. Most of the vendors are family-owned businesses and come from all over the Bay State, although most are from Quincy.

Some of the vendors are veterans of the market and there are always some newcomers offering their wares.

One of the newbies is Roxann Rodriguez of Weymouth, owner of Rumphius Farm, where she has been growing various flower varieties at her home for the past two years.

"I grow these on about a quarter acre which is half the lot of my house," she said. "I started about two years ago and each year try to some new, fun things."

Her flower selection varies throughout the season.

"Earlier in the season I started with some perennials," Rodriguez said. "Then I grew a bunch of annuals like tulips in the spring and then all summer flowers like dahlias and zinnias."

This is Lindsay Tateo's second year in Quincy. She came from Middleboro with her Tateo's Organics.

"I have organic baked goods, microgreens that I grow myself, homemade salsa a friend of mine makes, and honey from a friend's beehive."

She also offers locally sourced coffee and tea.

Tateo said she "loves" the Kilroy Square Farmers Market.

"That's why I drive up here, it's worth the trip," she said.

It's also Jennifer Lee Bakery owner Jennifer Sowden's second visit to the Quincy market with her unique baked goods.

"It's completely top nine allergen free, so it's free of dairy, shellfish, gluten, eggs, tree nuts, peanuts, fish, soy, and sesame, and its completely vegan."

Sowden of Worcester, said she participates in 16 farmers markets throughout the area during the summer, coming to Quincy every other week.

"I love Quincy, the customers are amazing," she said. "There are not enough allergen friendly options in Quincy."

There is something for everyone at the Kilroy Square Farmers Market, and that includes pets.

Barking Orders handmade dog treats are a healthy alternative to generic treats, explained owner Ruby Casey. The treats can be ordered online through the Quincy-based business.

"We make all of our treats with organic ingredients and bake them fresh per

Cont'd On Pager 16

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Christmas Parade Theme Contest Underway

Last Day For Entries Oct. 6

The Christmas Festival Committee announces the theme contest for the Quincy Christmas Parade is now underway.

The Committee is seeking public nominations for the theme of the 70th annual parade which will be held on Sunday, Nov. 26th.

The parade theme plays a significant role in float preparation for the annual event and is an important step in planning each year's parade.

The contest is open to all, and the winner will receive a gift and be invited to ride in a vehicle in the parade on the Sunday after Thanksgiving.

All entries must be received no later than 4:30 p.m. Friday, Oct. 6.

Entries should be mailed to Christmas Festival Committee, One Merrymount Parkway, Quincy, MA 02170.

City-Wide Tree Inventory, Survey

The Department of Natural Resources is currently overseeing a city-wide inventory and survey of Quincy's more than 20,000 street-trees, Mayor Thomas Koch announces.

Tree Warden Dan Cathcart is working with CN Utility Consulting (CNUC) to identify the size, species, and condition of every street tree in Quincy. The data will be collected and shared with the public through the Natural Resources' Urban Forestry Management System webpage.

The project was made possible by funding provided by Mayor Koch and approved by the Quincy City Council. Certified Arborists from CNUC will be canvassing neighborhoods, wearing identification and bright vests to make them easily identifiable. The street survey work should wrap up in late September.

"Our street trees are as important as any other public asset in the city, if not more so," Koch said. "They provide oxygen, sequester carbon dioxide, provide shade and cooling, alleviate stormwater, offer habitat, and provide incredible beauty throughout the year but especially in the fall. Quincy's neighborhoods are defined by our street trees and they help make a city feel like a small town. Its not enough just to plant more trees every year, we should set out to protect these incredible natural assets that we already have."

Working with the City's GIS team, Natural Resources' Urban Forest Management System aims to provide as much public information as possible on Quincy's urban forest. The public will be able to identify key factors on all trees throughout the city. Residents can even plug those data points into an app to estimate the value of the tree.

"We are fortunate to have a mayor that cares so much about trees and natural resources," said Commissioner of Natural Resources Dave Murphy. "He has made parks, trees, and open space protection and enhancement a priority and it shows with the many upgrades that we have seen in recent years. In addition to the more than 2,500 new trees we have planted in recent years, we are now elevating the protection of our existing street trees to a level this city has never seen.

"I want to thank our GIS team, Steve Washburn and Jacqui Devin, for their incredible work with our urban forestry webpage; hopefully it fosters a stronger understanding of the importance of our street trees and creates new stewards of our local environment," Murphy added.

Open Houses Sept. 14, Sept. 23 At Yawkey Housing Resource Center

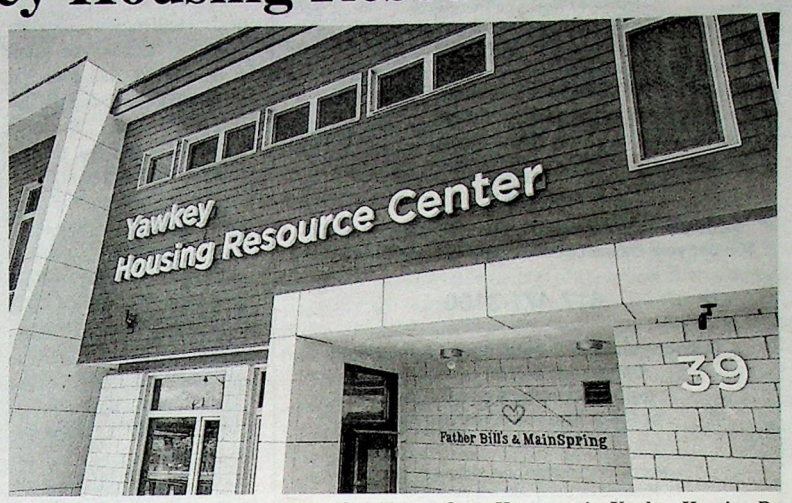
Father Bill's & MainSpring (FBMS) will host two Open Houses at its Yawkey Housing Resource Center, 39 Broad St., Quincy this month.

Open houses are set for Thursday, Sept. 14 from 1 to 4 p.m. and Saturday, Sept. 23 from 10 a.m. to noon.

FBMS will open its doors to the public and provide an up-close look at its state-of-the-art facility, which will include a new day center, an emergency shelter, and 30 units of permanent supportive housing.

The Yawkey Housing Resource Center, expected to serve as a national model in the fight to end homelessness, is set to open to FBMS' program participants and staff this fall.

There's no RSVP required to attend the two Open Houses. However, questions can be directed to info@helpfbms.org. More info about the Yawkey Housing Resource Center can be found at helpfbms.org/yawkeyhrc.



FATHER BILL'S & MainSpring (FBMS) will host Open Houses at its Yawkey Housing Resource Center, 39 Broad St., Quincy, on Thursday, Sept. 14 and Saturday, Sept. 23.

Courtesy Photo

The $26 million development includes two new buildings totaling 36,000 square feet, comprised of a day center, an emergency shelter, and 30 efficiency apartments. The day center is a new offering for FBMS that will provide wrap-around supports, re-housing services, and co-located services designed to reduce the overall reliance on overnight shelter among individual adults facing a housing crisis.

FBMS has raised $9.8 million of its $10 million private fundraising goal toward the Yawkey Housing Resource Center. FBMS is also looking to raise an additional $1 million to help build a new HRC in Brockton that replicates the Quincy development. Individuals and businesses interested in supporting the Quincy and Brockton HRCs can contact FBMS Chief Development Officer Catie Reilly at cmreilly@helpfbms.org or visit pathhome.helpfbms.org.

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City Appealing Latest Bridge Permit

By SCOTT JACKSON

Quincy has filed its appeal challenging a state agency's decision to grant a license to the proposal to rebuild the Long Island Bridge, calling Boston's application for the license "egregiously deficient."

The Massachusetts Department of Environmental Protection on Aug. 9 issued a draft Chapter 91 license to Boston. Chapter 91, also known as the Massachusetts Public Waterfront Act, is the state's "primary tool for protection and promotion of public use of its tidelands and other waterways," according to the DEP's website.

Quincy on Aug. 30 formally filed its appeal – which is 22 pages long with 118 pages of exhibits attached – with the DEP; the appeal will be heard by the agency's Office of Appeals and Dispute Resolution. In the appeal, submitted on behalf of Mayor Thomas Koch, Quincy said Boston's application for the bridge was insufficient.

"The Applicant proposed to construct the new bridge by placing a new superstructure on existing concrete piers from a demolished bridge, originally designed in 1949 with construction completed in 1951," the appeal states. "That bridge was designed and built to the standards of that era – well before climate change and sea level issues impacted the landscape of Boston Harbor and its coastal areas. The original Long Island Bridge did not undergo Chapter 91 or Coast Guard review.

"For these reasons, the Boston Application – which includes proposed re-use of the original 1951 piers and a bridge profile that poses an unreasonable threat to navigation, public health, safety, and the environment – is egregiously deficient."

In the appeal, Quincy contends that the concrete piers Boston plans to use to support the new bridge – which were first installed in 1951 when the former Long Island Bridge was constructed – "have deteriorated by inundation in salt water and exposure to the marine environment for over 70 years." Citing reports by its own experts, Quincy says the piers "show distressed and poor condition" because of freezing and thawing as well as the alkali-silica reaction. Quincy challenges the way in which Boston intends to address the piers.

"While Boston acknowledges the need for this work, it intends to make its assessments on the extent of the repair work during construction and is still only relying on the use of limpets to accomplish this work at the nether reaches of the piers," the appeal states. "Limpets cannot provide the contractor access to the lower portions of the ASR-impacted piers because limpets must stop at the mudline, otherwise they would disturb land under water and require dredging."

Quincy also argues that the bridge would interfere with navigation in Boston

Cont'd On Page 14

Moments in time

THE HISTORY CHANNEL

• On **Sept. 25, 1890**, Sequoia National Park in central California, famed for some of the tallest and largest trees in the world, was established by the U.S. Congress as the country's second national park. It receives more than 1 million visitors per year.

• On **Sept. 26, 1738**, Scottish philosopher David Hume signed a contract to publish the first two volumes of "A Treatise of Human Nature," widely considered to be his most important work and one of the most influential in the history of philosophy.

• On **Sept. 27, 1927**, "Father of the Blues" William Christopher "W.C." Handy, a skilled band leader from Northern Alabama, self-published "Memphis Blues," considered the first blues song and described by Handy as "A Southern Rag."

• On **Sept. 28, 1978**, Pope John Paul I died of a heart attack at age 65, just 33 days after being elected pontiff of the Roman Catholic Church, making his reign one of the shortest in papal history. Discrepancies in the Vatican's account of his death also led to a number of conspiracy theories about it.

• On **Sept. 29, 1997**, a number of American servicemen got themselves arrested in Turkey due to their salty vocabulary, namely, shouting profanities during an argument with locals at a bar despite the country's ban on cussing in public places. The soldiers were released with just a warning.

• On **Sept. 30, 2005**, a United National health expert responsible for coordinating the response to the recent southeast Asian bird flu outbreak, or avian influenza, warned that it could kill up to 150 million people. Since 2003, the illness has killed both large numbers of birds and more than 60 humans in Asia.

• On **Oct. 1, 2013**, the U.S. government ceased all nonessential operations when Congress failed to reach a deal on the national budget, resulting in the closure of museums and national parks, and leaving hundreds of thousands of workers stalled at home. The shutdown ended shortly after midnight on Oct. 17.

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Legislative Update From Sen. John Keenan

By State Sen. JOHN KEENAN

August is a quiet time on Beacon Hill. Fewer people visit the State House and fewer hearings are scheduled.

But we keep working.

This newsletter highlights what has kept me busy over the past few weeks.

BUDGET:

In August, Gov. Maura Healey signed into law the Fiscal Year 2024 budget. The $56 billion spending bill is nearly $4 billion over what we budgeted last year and includes record levels in local funding for government aid and public schools (Chapter 70). New revenue streams like the Fair Share Amendment also mean that we can improve our infrastructure and provide universal free school lunches at public schools.

Overall, we increased school funding across the state by nearly 10 percent and local aid by another 3 percent.

Apart from the usual local allotments of funding, the budget includes many other notable highlights, including $580 million for Gov. Maura Healey's proposed tax relief plan, which is currently being reconciled in a legislative conference committee.

The Commonwealth will also be making major investments in public transportation, with $200 million going to MBTA capital projects. Much of this money will go toward station improvements and design work for a new connection between the Red and Blue lines. Another $20 million has been dedicated to the MBTA Workforce Safety Reserve for employee recruitment and retainment. Outside the T, we also allocated $100 million for a new Municipal Partnership grant program for road construction projects.

Massachusetts notably launched the $38 million Mass-Reconnect scholarship program this year, which will open the doors to Community College for those over age 25 who do not already hold a college degree and otherwise could not afford to attend.

There are so many other highlights to point out, including our 27 percent increase in funding for the Executive Office of Energy and Environmental Affairs, the creation of the Executive Office of Housing and Livable Communities, and the 48 percent increase in funding in our state's Emergency Assistance Family Shelter program, helping families who are losing the struggle to make ends meet in our high-cost housing market.

TO REITERATE:

We held off on publishing all the details of this budget in our July newsletter prior to the Governor signing the bill into law. The details we did share reflected the local aid we knew that the Norfolk & Plymouth District communities would receive:

- Abington
  - o Local Government Aid $2,351,673
  - o Chap. 70 School Aid $14,183,120
- Braintree
  - o Local Government Aid $6,840,770
  - o Chap. 70 School Aid $20,652,576
- Hanover
  - o Local Government Aid $2,532,409
  - o Chap. 70 School Aid $7,458,443
- Holbrook
  - o Local Government Aid $1,763,904
  - o Chap. 70 School Aid $10,881,907
- Quincy
  - o Local Government Aid $22,827,125
  - o Chap. 70 School Aid $45,107,807
- Rockland
  - o Local Government Aid $3,160,320
  - o Chap. 70 School Aid $18,537,536

Additionally, the Governor signed into law all the local amendments that I filed, including $50,000 to help increase patient access at Quincy's Manet Community Health Center and $115,000 for elder care services in the communities of Abington, Braintree, Hanover, Holbrook, and Rockland. I also secured $95,000 to fund a new program making naloxone readily available at all Red Line stations.

THE FAIR SHARE AMENDMENT:

So much of the new programs included in our budget were made possible through the Fair Share Amendment, also known as the Millionaire's Tax.

This past November, voters in the Commonwealth approved a proposal to institute an additional income tax on Massachusetts residents whose income exceeds $1 million. The ballot question put in place a 4 percent tax on the portion of a person's income exceeding $1 million, and mandated that the funds be used for transportation and public education.

Current estimates put the total amount of revenue from this new tax at $1 billion. Thanks to this money, record amounts of direct aid are going to local schools and supporting new initiatives like the Massachusetts' universal school lunch and community college programs mentioned above. The budget also provides funds to repair countless roads throughout our Commonwealth that have gone neglected for years.

DISTRICT:

If you live in the Norfolk & Plymouth District, particularly in or around Quincy, you have most likely heard about migrant families currently staying at Eastern Nazarene College. As many as 58 families will be able to stay at the college, which has repurposed some dormitories to serve as a welcome center and temporary housing.

State, federal, and private agencies are working with arriving families to assist them in the asylum process, as well as find them suitable housing. The state is pushing the federal government to accelerate the work authorization process so that family members can seek employment, helping themselves and helping employers who are desperate for workers. The space at Eastern Nazarene College is managed by Bay State Community Services alongside teams from the Executive Office of Health and Human Services.

The vast majority of recent arrivals have been young families fleeing dangerous living conditions in Haiti and other various Latin American countries. Many will likely be transferred to other locations after being processed in Quincy.

Following a recent informal neighborhood meeting to discuss this issue, city officials are working with state counterparts to hold a future community meeting at which more accurate information can be shared and questions addressed.

(*Editor's note*: the community meeting was held Tuesday, Sept. 12 after the Sun went to press. Details on the meeting will be published in the Sept. 21st issue of The Quincy Sun.)

Scenes From Yesterday

THIS IS A postcard view of the Wollaston School on Beale Street when it opened 110 years ago in 1913. This Colonial Revival style building, built for less than $170,000, replaced an early wooden building built by the Wollaston Land Association that was across the street in what is now Safford Park. The Adams School on Abigail Avenue near Faxon Park was built at the same time as this school and of the same design but was sold by the city in 1984 and is now condominiums. This Wollaston School was closed and almost sold at the same time as the Adams, but was reopened after neighborhood demands. The school celebrated its centennial 10 years ago in 2013.

From the Tom Galvin Postcard Collection

READERS FORUM - MORE ON PAGE 25, 26, 34

Enjoy A Victory Lap, Geoff Hennessy

There are certain people who are like constants. We take for granted that their presence year in and year out means they'll be around forever...until they're not.

For 50 years, Geoff Hennessy has been the symbol of Quincy track. His immersion into the program and the longevity of his dedication to it has been amazing. I recall hearing constant praise from parents when my son participated in the youth program 20 years ago. He so enjoyed the experience that he pivoted out of a different sport and returned to track his senior year in NQHS. Says it added to his sense of fulfillment in finishing high school. In good natured jest at the team awards dinner, Geoff honored him as Rookie of the Year.

Geoff is certainly a colorful guy, and could challenge Parks Department resources. But what stands out about him is that he is always doing for the kids. His advisory role will help the Recreation Department and Michelle Hanly transition. But Geoff and his trademark bullhorn will be missed.

Enjoy a victory lap, Geoff. Well done.

Thomas C. O'Brien
Quincy

New Long Island Bridge Least Of Our Problems

As I recently viewed the Boston Herald's (Aug. 24) front page (Shuttered Island - A solution to Mass & Cass exists...it just needs a bridge) I did appreciate the Boston Herald's photo showcase of what exactly is out on this mothballed island and the photos weren't pretty. Mayor Wu actually believes that these 11 buildings at this old chronic hospital site could be retrofitted to house a new recovery campus in four years.

The Quincy Sun published a news story (Aug. 31) on that recent trip of Mayor Wu to Long Island where the Boston mayor had outlined her vision of the island's future.

Dr. Bisola Ojikuto, executive director of the Boston Public Health Commission says, "What we are looking for is to create something that's truly synergistic with what is available on the mainland." The mayor added the city is envisioning the new campus as less of an overnight emergency shelter and more of a comprehensive campus that serves the needs of its patients.

Everything always sounds good on paper.

Who doesn't love using the term "synergistic?" However, a new bridge is estimated to cost more than $100 million. The city, according to the mayor, stated $40 million has been appropriated to stabilize the island's buildings in the city budget. She actually believes construction would start in the spring. There is actually no way that $40 million will come close to the mark in rehabbing that infrastructure which has been rotting away for a lot longer than 2014 when the old bridge to the City of Quincy had to be closed and demolished.

I was last on this island as a police officer for the state Department of Mental Health when I escorted a DMH client to a program out on the island over 13 years ago. It was a deplorable site. Most of these buildings were constructed during the administrations of both Mayors James Michael Curley and Maurice Tobin. The real price tag is no way near $40 million and I believe the rehabbing project could be upwards of perhaps $80 million.

Also, looking at the photo looking out the window of one of the still standing buildings and seeing the Boston skyline beyond the waters of Boston Harbor is a view I still remember back when I was about 5 years old. My family often visited the hospital where my dad's stepfather was a patient. The bridge that was razed several years ago hadn't even been constructed then. We needed to take the Long Island ferry on one of the wharfs in the North End off Atlantic Avenue.

If the city sees Long Island as the solution to Boston's opioid epidemic/crisis, it is indeed years away and not around the corner. The best metaphor of all was the photo printed in the Boston Herald of an old Irish saying laying on a table, "God grant me the serenity to accept the things I cannot change, the courage to change the things I can and the wisdom to know the difference."

We need to deal with the opioid epidemic that is destroying so many folks but moving them around like chess pieces is not the answer but there is always an answer to a problem, we just have to find it rather than just throwing Band-Aids around. A new Long Island bridge is just the latest spin. A new bridge is the least of our problems.

Sal Giarratani
East Boston

Neighborhood Plant Swap

This is the time of year when we separate our plants. What to do with plants we don't want but just hate to throw in the trash? Let's make them available to other gardeners.

We'll be meeting at Labrecque Field parking lot in Houghs Neck, at 9 a.m. on Saturday, Sept. 23rd.

Dig up the plants and keep the wet. Bring at least one plant and take whatever is available. NO DEALERS.

Sponsored by the Houghs Neck Garden Club.

Quincy's Yesterdays

This Week
1979
44 Years Ago

State Constitution Bicentennial Celebrated

Four days of activities celebrated the bicentennial of the Massachusetts Constitution in Quincy.

An estimated 7,500 people visited the John Quincy Adams birthplace to view the Massachusetts Constitution on display in the John Adams law office where it was drafted 200 years ago. Another 3,500 people visited the Adams National Historical Site (Old House) during the four-day period, 2,500 of them at the unique one-night Open House.

The dedications of the new City Hall Complex and Constitution Common were two other events that underscored the celebration's success. Hundreds were on hand for both. Among those attending the ceremonies were former Cong. James Burke, former Mayor Tom Burgin, Cong. Brian Donnelly and Gov. Edward King.

The Massachusetts Constitution was drafted by John Adams in 1779.

Gov. King, speaking from the steps of United First Parish Church, said:

"It's very easy to forget just how important it can be to have the right man in the right place at the right time. John Adams was that man in his time." He added: Adams knew that the winning of independence and the securing of that independence were two different matters. Independence was becoming a reality. But independence means self-government and Massachusetts had no legally established government.

"Working in his law office here in Quincy, in roughly one month's time, John Adams composed the historic document that is still today, with surprisingly few changes or additions, serves the people of our Commonwealth so well."

CITY EMPLOYEES PLAN DOWNTOWN SQUEEZE

City employees upset with Mayor Arthur Tobin's wage freeze planned their own freeze: on the city's tax rate and on downtown merchants.

A coalition of city employees unions filed suit this week seeking to prevent the city from setting its tax rate until contract problems with its employees are settled, said John Keefe of the Hospital, Library and Public Union Employees Union.

In addition, about 350 union members voted Monday night to support an economic boycott of downtown merchants to protest those contract problems.

City employees may also be asked to close their accounts with Quincy Center banks before the actual boycott begins, as a warning to businessmen.

QUINCYISMS

Old Colony Bank and Trust Company of Norfolk County and Presidential Co-operative Bank both offered a six-month certificate of deposit with an annual rate of 10.294 percent. Minimum deposit: $10,000. . . **Bonnie Mark** of Edwards Street, a senior at Archbishop Williams High School, recently attended an Urban Journalism Workshop at the University of Missouri. . . North Quincy High School counselors will host a program entitled "Welcome Back: An Orientation to Counseling Services at 7:30 p.m. Sept. 18 in the school cafeteria. . . Playing at the Wollaston Theater were "The Inlaws" with **Peter Falk** and **Alan Arkin** and "Turning Point" starring **Anne Bancroft** and **Shirley MacLaine**. Seats $1.50 (Sunday matinee $1.25). . . The Committee to Re-Elect Frank McCauley Councillor-at-Large sponsored a pre-election dance Sept. 28 at St. Thomas Aquinas Hall. . . . World Wide Travel Agency advertised a cruise to Bermuda and Nassau from $635 per person aboard the SS Oceanic. . . . The sticker price of a new 1979 Caprice Classic was $6,927 at Menard Chevrolet, 133 Hancock St., North Quincy. Buy the car and get a free color TV. . . Wonder Realty Trust of Boston will spend $100,000 to construct a miniature golf course at 79-111 Bracket St. following approval of an amusement common victualer license by the Quincy Licensing Board. . . **Leo J. Comeau**, son of Mr. and Mrs. Leo Comeau of Claremont Avenue, recently participated in the Marine Corps' exercise "Solid Shield '79." . . . **Architect T. Owen Trainor** donated an aluminum replica of the city seal which was unveiled by **Mayor Arthur Tobin** in the new City Hall annex (glass building). The seal was dedicated in memory of **Peter Trainor, Jr.**, the architect's brother who died in Germany shortly before the end of World War II. **Contractor Donald Moscone** donated a flagpole for the complex. The first flag to fly on the pole was one which had flown over the U.S. Capitol in Washington, D.C. It was presented to the city by former **Cong. James Burke** on behalf of his successor, **Brian Donnelly**.

Granite Telecommunications Hosts Wonderfund Movie Night

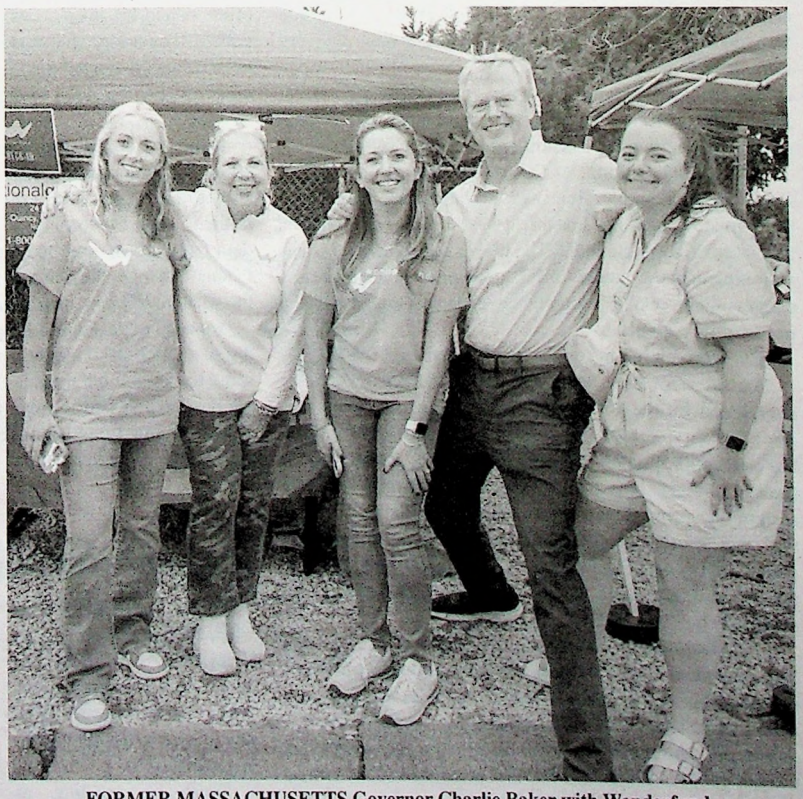
CELTICS CO-OWNER and Granite CEO, Rob Hale, and Massachusetts Former First Lady, Lauren Baker, recently teamed up with Wonderfund to host a magic movie night under the stars for children who have been impacted by trauma, abuse and neglect. The event was held at Granite Telecommunications headquarters in Quincy. Here are some scenes from the movie night.

ENTERTAINER at Wonderfund Movie Night

GRANITE TELECOMMUNICATIONS at Wonderfund Movie Night.

Courtesy Photos

REFRESHMENTS and Snacks at Wonderfund Movie Night



FORMER MASSACHUSETTS Governor Charlie Baker with Wonderfund .

Social

Voting Rights Trivia Night At Crane Library Sept. 19

The Thomas Crane Public Library invites the public is invited to an engaging and informative evening in honor of National Voter Registration Day on Tuesday, Sept. 19, from 7 to 8 p.m.

The evening will feature Voting Rights Trivia.

Exercise your civic duty by not only checking your voter registration status and registering to vote, but also by putting your knowledge of voting rights and electoral history to the test in a trivia competition.

Whether you're a long time voter or a first-time participant, this event is an excellent opportunity to learn, engage, and celebrate the importance of your voice in shaping our nation's future.

Visit the Crane Public Library's online Events Calendar for more information.

QHS/NQHS Hockey Hall Of Fame Golf Tournament Oct. 2

The first annual Quincy High School/North Quincy High School Combined Hockey Hall of Fame Golf Tournament will be held Monday, Oct. 2nd at Braintree Golf Course.

The cost is $150 per golfer or $30 if you would plan on attending the dinner after only.

This includes greens fees, carts, breakfast, a golf shirt, lunch and prizes.

If you can't make the golf portion, hole sponsorships are available for $100, with your signs posted at a tee box as recognition.

Any raffle donations would be appreciated.

Registration is at 8 a.m. and a shotgun start at 9 a.m. to follow.

Proceeds are to help defray tuition costs for NQHS and QHS (William Hutchinson Scholarship) players.

Tax ID 04-3563118.

Contact Matt Giordani at 617-910-6944 for prepayment information.

Quincy High School/Vo-Tech Class Of '78 To Hold 45th Reunion Nov. 25th

The Quincy High/Quincy VoTech Class of '78 will gather for its 45th reunion on Saturday, Nov. 25th from 7 to 11 p.m. at the Braintree Moose Hall, 175 Howard St. in Braintree.

All classmates are invited to attend. Music will be provided by Big BUTTAH Sound and DJ, playing songs from all the decades.

Price is $50 per person. A $25 deposit is required by mid September or as soon as possible to hold your place. The balance is due by Oct. 15. Many thanks to Susan Buttomer Prue for wrangling this event.

Payment can be made by check or Venmo.

Send a check payable to: Susan (Buttomer) Prue, PO Box 408, Lenoir, NC 28645. Please note QHS/QVTS on check.

For Venmo, email Susan at ondaroad24@gmail.com and she will provide it. Have a question? Contact Susan at ondaroad24@gmail.com.

NQHS Class Of 1978 Reunion Oct. 28

North Quincy High School, Class of 1978 announces plans for their 45th year class reunion.

Class officers Donna Chiampa and John McDonald invite alumni and their guest to attend the 45th class reunion on Saturday, Oct. 28, from 7 to 11 p.m. at the Squantum Yacht Club, 646 Quincy Shore Dr., Quincy.

Tickets are $45 in advance and $55 cash at the door. Tickets can be purchased online at www.eventbrite.com/e/nqhs-78-class-reunion-tickets-7811850455?.

To purchase tickets by mail make check payable to: North Quincy High School, Class of 1978 and mail to: JM Productions, P.O. Box 2313, Quincy, MA 02269-2313.

For more information visit the NQHS Class of 1978 Facebook or Eventbrite pages or contact John McDonald at jfm@jmproductionspresents.com or 1-857-333-4199.

Nine Residents On SNHU President's List

Nine students from Quincy are on the President's List for the summer term at Southern New Hampshire University in Manchester, N.H.

They are:

Lilly Keenan, Jonathan Costello, Jaime Grant, Varney Dukuly, Kamala Faulder, Cory Valiquette, Christina Lyons, Marilea Galvani and Jonathan Sewall.

QHS Class Of 1968 Reunion Sept. 30

Quincy High School Class of 1968 will hold its 55th Class Reunion Saturday, Sept. 30 at The View at Presidents Golf Course from 6 to 11 p.m.

Cost is $50 per person.

Please make checks payable to: QHS Class of 1968 and mail to: Irene Downey Brophy, 108 Granger St., Quincy, MA 02170.

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Movie Review: 'The Equalizer 3'

By BOB GARVER

It has been five years since we last saw Robert "The Equalizer" McCall, as played by the ever-arresting Denzel Washington. In that time, we've had a pandemic, three seasons of the Queen Latifah TV series (not to be confused with the Edward Woodward TV series from the 80s), and plenty of time to forget about this iteration of the franchise. I wish Washington and director Antoine Fuqua had forgotten about it too, because they both could have used the time they wasted on this movie doing something worthier of their talents.

The movie opens with the aftermath of a McCall killing spree on the staff of a Sicilian mansion. McCall had to get the attention of a crime boss (Bruno Bilotta) in a way that involved not getting killed, but getting captured so the boss could get personally involved.

McCall's plan in this sequence and in the one at the film's climax have the same problem: they require the bad guys to show exactly the right amount of mercy. Even though McCall knows about their ruthlessness, he expects them to bide their time, toy with him a certain way, and not kill anyone unnecessarily, lest we hold him responsible for getting an innocent person killed because he had to get cute with his strategy.

The showdown at the mansion leaves McCall wounded. He's found unconscious by the side of the road by a helpful small-town cop (Eugenio Mastrandrea), who takes him to a local doctor (Remo Girone), who lets McCall recover at his house. McCall quickly takes to the town of Altamonte, where everyone is friendly to him, but fearful of the local Mafia, especially payment collector Marco (Andrea Dodero), brother of big boss Vincent (Andrea Scarduzio, and yes, I do think it's funny that the actors playing brothers share a first name, but not a last). He tries to stay out of the locals' delicate relationship with the violent organization, but trouble seems to have a way of finding Robert McCall, and he soon finds himself having to topple the entire criminal empire.

McCall's feud with the villains isn't limited to the parameters of the little town. He picked up some information at the mansion that ties the specific crime family to an elaborate cyber-crime ring. He relays crumbs of information to CIA agent Collins (Dakota Fanning). I expected Collins to help out McCall in some of the action scenes since he's injured, but the character frustratingly never really gets in the game. I honestly started questioning if she was some sort of last-minute addition to the screenplay to pad the movie's runtime, since she never interacts with any major characters besides McCall, and the movie's action is pretty scant anyway.

"The Equalizer 3" did very well for itself at the box office over Labor Day weekend, so I must admit that the project has paid off commercially for Washington and Fuqua. But did this movie really satisfy their creative appetites?

Maybe they wanted an excuse to spend time in Italy? That was definitely the case with "Book Club: The Next Chapter" from earlier this year. But while that movie – for all its faults – made Italy look like Heaven on Earth, this movie can't help but make it look "gritty," dragging it down to the tone of McCall's world.

My theory is that Washington wanted to prove something to himself, namely that he can still carry an action movie as he approaches age 70. The film's box office definitely proves that he "can" (and I would have said he "can" even if the film wasn't performing well), though he "should" have held out for a better vehicle.

Grade: C-

"The Equalizer 3" is rated R for strong bloody violence and some language. Its running time is 109 minutes.

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QHS Grad Expands Plumbing & Heating Business, Offerings

Owner Thomas Pecoraro, Jr. Relocates Velocity Plumbing And Heating To Stoughton

TOGETHER WITH HIS sons Ercole Cavicchi, in his Water Street Shop. *Courtesy Photos*

Velocity Plumbing and Heating announces its new location and the launching of its online merchandise offerings.

Thomas Pecoraro Jr., owner and Master Plumber, proudly represents the many students who graduated from the vocational program at Quincy High School. He began his full service plumbing business in Quincy, at just 23 years old and within a few years, and with much appreciation towards his loyal customers, he expanded his business and purchased a building in Stoughton.

ERCOLE CAVICCHI

Pecoraro grew up in Quincy and comes from a family of inventors and entrepeneurs. His great, great grandfather (Ercole Cavicchi) immigrated from Italy and settled in Quincy. The Cavicchi polishing machine and other tools were invented and patented by Ercole.

Velocity Plumbing and Heating (VPH) is a small business, but it has mighty plans. They are currently revamping their website and warehouse and are on track to market products and ideas which Pecoraro says have the potential to help fellow tradesmen and customers. He believes that there is plenty of room in the trades for everyone to succeed, and he is willing to share the tools and strategies that he finds useful. Furthermore; as a way to honor and thank the hardworking men and women of previous generations, VPH offers discounts to veterans and senior citizens.

Although the business is now located in Stoughton, Pecoraro continues to live and invest in Quincy real estate, and provides services throughout the South Shore and the Greater Boston area. Also from Quincy, are his employees, of Pecoraro says, each bring something unique to the company.

"We are a young and energetic group, and we are lucky enough to have received a good education, plus have access to technology and resources that my grandparents never even dreamed about," says Pecoraro.

To find out more about the latest trends in plumbing, or to view their current projects you can log on to their facebook page, or visit the Velocity Plumbing and Heating website at velocity-plumbers.com.

WHAT'S COOKING

with

Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO

Pepper And Onion Calzone

By MARIE

Today's recipe is for a calzone made with peppers and onions. And while I know that it is late summer and that you still prefer to not cook or bake right now, today's recipe can be made with everything purchased at the market.

Not only can you buy the peppers pre-cut you can also buy the dough pre-made – also at the market. A variation of this recipe includes adding sausage and cheese which I will provide in the directions below.

Ingredients and Directions

Preheat the oven to 350 degrees, grease or prepare a cookie sheet with parchment paper.

2 medium sized green pepper, chopped
1 medium sized red pepper, chopped
1 medium onion, finely diced
3 tablespoons of olive oil/while sautéing add more oil to skillet if needed
1 package of dough
1 pound of sausage sliced
1 cup of cheese (any favorite)

In a skillet and hot oil, place the cut peppers and diced onion and sauté until tender.

Set aside and let cool a bit.

Roll out the dough into one large circle as if making a very large turnover.

Place cooked peppers and onions on the dough, along with cooked sausage meat if using.

If using sausage, mix the sausage with the peppers and onions and then top that with a cup of your favorite shredded cheese.

Roll forming a large turnover shape and once rolled and flute and secure the ends with a fork.

Place on cookie sheet.

In the event you want to use egg wash, mix one well-beaten egg with one tablespoon of water and a pinch of salt.

Slit the top of the dough so that air can escape and with a pastry brush coat the top of the dough with the egg wash.

Bake for 30 minutes or until the crust is golden brown.

Cool and cut into slices 1 to 2 inches. Enjoy!

Coleslaw

By SUZIE

When you think of Coleslaw you don't normally think of it as a "health food."

But you should. If it isn't soaked in low quality industrial-grade mayonnaise, it really shines.

Cabbage is a superstar in the vegetable kingdom loaded with cancer fighting properties, fiber, and vitamins. Carrots certainly shine as well, and when you add virgin olive oil which is considered a healthy fat, and apple cider vinegar and raw honey, which are great traditional healing foods, what's not to like?

Coleslaw is lovely served with fish of course, but equally delicious even on its own with a baked potato and some greens, or with some chicken or steak. Enjoy!

COLESLAW

12 ounce bag of prepared coleslaw mix OR if you really want to do it right, use ½ head of green organic cabbage
2 carrots, grated
1/4 cup sliced red onion
1/3 cup chopped fresh parsley

DRESSING

3 tablespoons virgin olive oil
2 tablespoons raw apple cider vinegar (I like using Braggs brand)
2 teaspoons raw honey
¼ teaspoon cumin
Salt and pepper to taste (about ½ teaspoon sea salt and ¼ teaspoon fresh ground pepper)

Slice the cabbage in half then in quarters. Now slice very thinly and combine with other ingredients except for dressing ingredients. Whisk together dressing ingredients in a small bowl and dress the veggies to taste. Adjust seasonings to your liking. Some like it sweeter so just add more honey! This tastes best when in the refrigerator for a bit, to let the flavors mingle.

Neponset River Fall Cleanup Sept. 23

The Neponset River Watershed Association (NepRWA), in collaboration with a coalition of partners, announces the Neponset River Fall Cleanup will be held Saturday, Sept. 23rd, from 9 am to 12 noon at various cleanup sites, including Canton, Dorchester, Hyde Park, Milton, Norwood, and Quincy.

Volunteers of all ages and skill levels are needed. Children under 12 are welcome, but should be accompanied by an adult.

Pre-registration is appreciated for planning purposes. During registration, you'll have the opportunity to select your preferred cleanup site. NepRWA will provide essential equipment on-site, including trash bags, gloves, tools, and waders.

NepRWA is on a mission to not only beautify the community green spaces by removing litter and debris but also to rejuvenate the overall health of the Neponset River. Sean McCanty, the River Restoration Director at NepRWA, emphasizes the pivotal role played by our dedicated volunteers in enriching wildlife habitats and expanding recreational opportunities for all.

"Our cleanups are not just about sprucing up our local green spaces; they are about breathing new life into the Neponset River ecosystem," McCanty explains. "Our volunteers' commitment is essential to making these habitats more inviting for diverse wildlife and ensuring equitable access to recreational activities for all."

For more information on how to get involved in the Neponset River Cleanup visit www.neponset.org/cleanup or contact NepRWA Environmental Fellow, Benni Marques, at marques@neponset.org or 781-575-0354 x313.

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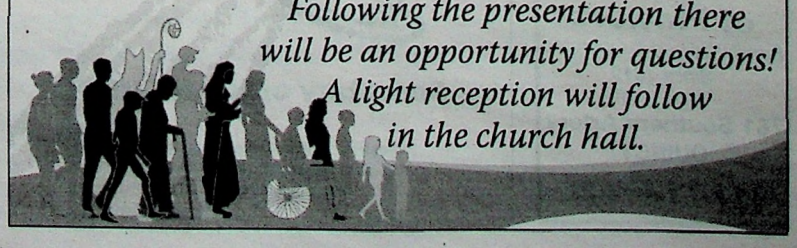
The Synod on Synodality:
"The Church in Dialogue"
Thursday
September 21, 2023 • 7 PM
Sacred Heart Church
386 Hancock Street, North Quincy
presented by
Reverend Richard Lennan
Professor of Systemic Theology at Boston College



Following the presentation there will be an opportunity for questions! A light reception will follow in the church hall.

Treasurer Goldberg, ABCC Launch 'Operation Safe Campus'

The Alcoholic Beverage Control Commission (ABCC), under the direction of State Treasurer Deborah B. Goldberg, has launched Operation Safe Campus. The annual program is designed to target underage drinking on college campuses and in surrounding communities to prevent tragedies by keeping alcoholic beverages out of the hands of underage students.

This initiative begins each year when students return to colleges and universities throughout the Commonwealth.

"Increased enforcement saves lives and prevents tragedies before they happen," said Goldberg, who oversees the ABCC. "We want to make sure that underage people are aware that drinking and driving can have devastating consequences upon them and those they love."

The enforcement efforts focus primarily on the parking lots and surrounding streets of liquor stores and bars that have had significant problems with underage individuals purchasing alcoholic beverages with false identification or through adults buying alcoholic beverages for them.

Investigators will also be focusing on delivery apps that provide alcohol. Last year, Investigators found that students ordered and paid for the alcohol through the apps, after which the drivers picked up the alcohol from stores and delivered it to the underage students, who were found to be waiting for the alcohol delivery on street corners with empty duffle bags and suitcases.

The program focuses on front-line prevention, with investigators calling a teen's parents when violations occur. ABCC officials say that most parents are unaware that their children are involved in the use of alcohol, and that the intervention is a powerful tool toward family involvement in addressing the problem of underage drinking.

"We want to draw attention to the dangers of alcohol abuse and underage drinking," said Jean Lorizio, chairperson of the ABCC. "We are making people aware that underage drinking can have devastating consequences on them and the individuals they love."

In 2022, ABCC enhanced enforcement found 691 minors in possession or transporting alcoholic beverages, 92 adults procuring alcohol for minors, 178 individuals in possession of false identification, and 289 cases of beer and 168 bottles of alcohol were confiscated by Investigators, preventing delivery to approximately 2836 underage individuals. In addition, bars and liquor stores were charged with 263 counts of sale to underage persons.

Since 2005 these programs have resulted in the following cumulative results: 11,901 minors in possession or transporting alcoholic beverages; 3569 adults procuring alcohol for minors; 1690 individuals in possession of false identification; and 5507 cases of beer and 4680 bottles of alcohol were confiscated, preventing delivery to approximately 74,260 underage individuals.

Approximately 1,825 college students between the aged 18--24 die each year from alcohol-related injuries, including motor vehicle crashes; 696,000 students between the ages of 18 and 24 are assaulted by another student who has been drinking and 97,000 students between the ages of 18 and 24 report experiencing alcohol-related sexual assault or date rape. In Massachusetts alone, the overall cost of alcohol abuse by youth is estimated at $1.4 billion.

Massachusetts IMPACT impaired driving data shows that 10% of all traffic fatalities involve drivers under the age of 21.

Massachusetts is among the top ten states for binge drinking, with more than 1 in 4 (27.75%) adults age 18 or older reporting they binged on alcohol in 2020. Among young people ages 12 to 20, 20.77% reported alcohol use in the past month and 11.81% reported binge alcohol use in the past month in Massachusetts. The national averages were 17.32% and 10.14%, respectively.

One in three (33.86%) substance abuse treatment admissions among persons aged 12 and older in 2019 in Massachusetts were alcohol related.

Social Security Matters

Why Is My Age 70 Benefit Not Higher Than My January Amount?

By RUSSELL GLOOR
National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm of the Association of Mature American Citizens

Dear Rusty: I plan to retire in 2025 (the year I turn 70). Given that I'm still working, I'm delaying my Social Security until that year. I noticed on my Social Security statement that my payment in January of 2025 will not be much different than my age 70 amount in October of 2025. If that is truly the case, would it not be better for me to start taking Social Security payments starting in January of 2025. Am I missing anything here? **Signed:** ***Uncertain Senior***

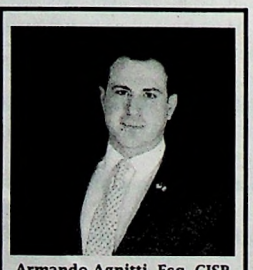
Dear Uncertain Senior: Your benefit in October 2025 at age 70 will be about 6% more than it will be in January 2025. If that isn't shown on your Statement of Estimated Benefits, it may be due to a particular nuance in Social Security's rules relating to Delayed Retirement Credits (DRCs). When benefits are claimed mid-year after full retirement age (FRA), the DRCs earned in that year aren't applied until the following January. Thus, someone who claims benefits to start mid-year will initially get the DRCs they've earned through the end of the previous year, but not immediately get credit for the additional DRCs earned during the claim-year. Those extra DRCs earned between January and the month benefits started will be applied the following January.

By way of example, if someone beyond FRA claims benefits to start in October 2024, their initial SS retirement benefit will be what they were entitled to at the end of 2023 and would not include DRCs earned between January 2024 and September 2024. They will collect that initial January 2024 benefit until January 2025 when the DRCs earned in 2024 are applied, at which point their benefit would increase by 6%. There is, however, one exception to this rule, which is that all DRCs are immediately credited when benefits are claimed to start in the month age 70 is reached, so despite what your Statement of Estimated Benefits might reflect, if you claim for benefits to start in the month you turn 70 (October 2025) you will get your maximum age 70 benefit immediately and won't need to wait until January 2026 for those extra DRCs to be applied.

Unfortunately, Social Security's benefit estimator doesn't explain how this nuance works and may show someone claiming mid-year receiving the same benefit as for the preceding January, without further explanation. That is, in my opinion, a flaw in the estimator which may result in people making a wrong decision on when to claim their Social Security benefit. Nevertheless, rest assured that your benefit in October 2025 (the month you turn 70) will be your maximum amount - 6% more than it would be if you claimed benefits to start in January 2025, and you won't need to wait until the following January to get the DRCs earned earlier in 2025.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory) or email ssadvisor@amacfoundation.org.



Armando Agnitti, Esq, CISR
Anthony Agnitti, CIC, LIA

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Dolores Alves Appointed MBCU Executive Administrative Assistant

The Board of Directors and the Chief Executive Officer of Mass Bay Credit Union (MBCU) announce the appointment of Dolores J. Alves to executive administrative assistant.

In this role, Alves assists the CEO, COO, and Board of Directors. She also manages various tasks including compiling and reporting on policy and audit tracking, vendor management and compliance, while ensuring the overall efficiency of daily office operations.

DOLORES J. ALVES

"Dee is a vital member of the team at Mass Bay Credit Union. She is part of the IT Steering and Compliance committees, and also volunteers and supports various charitable events for the MBCU Charitable Foundation," said Terry Dorilas, Chief Executive Officer. "Her skills of management, networking, volunteerism, and interest in creating an organized and efficient system in the office are just a few of the reasons we feel Dee is a perfect fit for the role."

Based in MBCU's headquarters in South Boston, Alves has extensive administrative and management experience in various industries including education, insurance, and charitable foundations, making her a superb contributor alongside the MBCU Senior Management Team.

Founded in 1936 as a credit union for MBTA employees, Mass Bay Credit Union has since expanded to include the local communities it serves. As a not-for-profit organization, MBCU puts people, not institutional profit, at the forefront of its mission.

Tracy Poirier On SNHU Dean's List

Tracy Poirier of Quincy has been named to the Dean's List for the summer term at Southern New Hampshire University in Manchester, N.H.

September 24, 2023 / 9:30 - 12:30
Pageant Field, Quincy, MA
Free to all Walkers

3-mile route / music / refreshments /activities

QUINCY RECOVERY WALK
20 23

In recognition of Recovery Month, we celebrate those in Recovery, thank individuals who work in the Recovery field, and observe a moment of intention for those who continue to struggle.

for more details visit: birdease.com/quincywalk

Since it is back to school season, our department would like to recognize some teamwork from the first day of school last week.

Ms. Joyce is the Crossing Guard for the Department of Conservation and Recreation (DCR) and is assigned to the intersection of Miles Drive and Furnace Brook Parkway. Her primary function is to assist students attending the Bernazzani School each school day.

Last week, on the first day of school, Ms. Joyce realized that the traffic signals at her post were not functioning properly. The Quincy Police Department was notified, and Quincy Police Dispatcher Mike Bowes contacted Massachusetts State Police Dispatch Supervisor Rick Teevens. Both dispatchers used their resources to have DCR respond immediately.

DCR sent a private contractor to fix the issue. The contractor determined the issue, got the lights functioning and recommended replacing and upgrading the traffic lights. In order to ensure the students' safety Quincy Police Officers and Troopers from the Massachusetts State Police assisted with traffic in the area while the signals were out of order.

Ms. Joyce was happy to be back at her post the next morning and got to share some laughs with Dispatcher Bowes of QPD. This is an example of multiple agencies coordinating together to expeditiously fix a safety concern for our students.

Job Well Done!

A Job Well Done

By OFFICER GREGG HARTNETT
Public Information Officer
Quincy Police Department

❑

We would like to recognize all of our officers who participated in our annual summer "Cops in the Parks" program. This program is a coordinated effort with Quincy's Recreation Department. This program was started several years ago utilizing funds from a state grant. We have been able to continue and even expand this tradition.

Officers are assigned to different parks in the city. They cover this assignment in plain clothes and engage youths with activities such as basketball and other sports. Additionally, there are recreation leaders assigned to these locations. We have seen strengthened relations with neighborhood youths and families and the program has proved successful in many ways.

In recent years we have added an end of season "Cops in the Parks – Night Out." This is a city-wide event held at the basketball court on Roberts Street on the back side of Kincaide Park. All the Recreation staff and police officers involved with the program match up against the neighborhood youths for full court basketball scrimmages. Both the Quincy Police Patrol Officers Association and the Quincy Police Superior Officers Associations provide pizza, water, Gatorade and ice cream for all of those who attend.

The program has become a great tradition. It was started by Lt. Dan Minton (retired) and Sgt. Patrick Faherty has continued supervising the program. We would like to thank our community partners who support the program.

Job Well Done!

❑

Quincy Police Department BOLA Wrap Device

The BOLA wrap is a remote restraint device designed simply to restrain a person long enough for officers to approach, control and handcuff the person. Instead of waiting for an encounter to unfold and escalate, using the BOLA wrap early on helps the chances of a quick apprehension; safely and humanely ending the situation and facilitating a positive outcome that minimizes the risk of serious injury or other uses of force.

We recently had an incident where this technology ended an intense encounter with a male who was enraged, armed with a knife and in distress.

Chief Mark Kennedy intends to utilize funds from our drug forfeiture account to purchase additional BOLA wrap devices. This expenditure will cover the cost of upgrading our current devices, the purchase of additional devices and expanded training.

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, SEPT. 1

SHOPLIFT (just fled), 10:31 a.m., Morgan Memorial Goodwill, 625 Southern Artery. Suspect trespassed by store employee and officer.

DISORDER, 11:23 a.m., Quincy Cannabis Co., 715 Washington St. Male upset owner asked him to stand elsewhere while waiting for Uber. Sent on the way, peace restored.

RECOVERED VEHICLE (NY registration), 11:49 a.m., 600 block of Hancock Street. No damage, no keys, box spring in the bed of vehicle. Vehicle towed and located in system.

DISORDER (blocked drive), 1:52 p.m., 20 Billings Rd. Persons involved left the area before officer arrived.

DISORDER (two females), 2:08 p.m., Walmart, 301 Falls Blvd. Two females fighting at the front door. Gone on arrival.

BREAKING AND ENTERING/PAST (car), 4:58 p.m., 20 block of Hollis Avenue. Reporting party stated his car was broken into. Reporting party stated his glove compartment was broken and wires are exposed. Report to be filed.

DISORDER (past), 6:27 p.m., Starbucks, 1205 Hancock St. Reporting party stated white male came in and started yelling and spit on the door because they wouldn't call for a cab. Male gone on arrival. He was upset after not being allowed to use the phone.

SHOPLIFT (male), 7:09 p.m., Walmart, 301 Falls Blvd. Male suspect trespassed by Loss Prevention in front of Officer Lawrence. Party trespassed and sent on way.

TREPASS (female), 7:21 p.m., Target, 289 Hancock St. Loss Prevention has a shoplifter in Target and would like a trespass. Female was trespassed, advised and sent on the way.

SHOPLIFT (clothes and wax melts), 11:10 p.m., Walmart, 301 Falls Blvd. Report to be filed for shoplifting, failure to stop, reckless op and assault by means. Suspect's cellphone left at store and recovered. Boston notified via BAPERN.

SATURDAY, SEPT. 2

SHOPLIFT (female), 10:48 a.m., CVS Pharmacy/24 Hour. 42 Beale St. Suspect located at train station. Merchandise returned, store advised.

DISORDER (gun), 12:23 p.m., Alden and Washington Streets. Bad connection with caller. Reporting party states someone pulled a gun. Three firearms and LTC seized. Report to be filed.

VANDALISM/PROPERTY (motor vehicle/past), 12:58 p.m., Marriott Hotel, 1000 Marriott Dr. Report to be filed.

SHOPLIFT (liquor), 1:19 p.m., Walgreen Pharmacy, 132 Granite St. Unable to locate the suspect, staff will call back if the suspect returns. Store to handle.

LARCENY (packages), 2:50 p.m., 30 block of Russell St. Report to be filed.

WORKING FIRE (fire in the basement), 4:13 p.m., 149 Albatross Rd. Officer on scene reports flames visible in basement. Everyone is confirmed out of the house. Off-duty Boston firefighter on scene and was assisting in putting fire out. NO EMS. Dryer fire.

SHOPLIFT (watching 2), 4:16 p.m., Walmart, 301 Falls Blvd. Store recovered all merchandise, both parties trespassed by security associate and sent on way.

DISORDER (two males), 5:50 p.m., Father Bill's Place, 38 Broad St. Peace restored.

SUNDAY, SEPT. 3

DISORDER (fight), 12:11 a.m., Fenno and Hancock Streets. Large group of high schoolers fighting, unknown any weapons involved. By basketball courts. No fight. Group sent on way.

LARCENY (items stolen while moving), 9:50 p.m., 80 block of Centre Street. Report to be filed.

DISORDER (approximately 10 youths), 10:10 p.m., 40 block of Town Hill Street. Nothing showing on Town Hill; appears there may have been a party in area. Debris in road. No issues in area at this time.

DISORDER (fight), 10:39 p.m., Avalon Beach, 50 Avalon Road. Reporting party approached Marine 4 and reported large fight on the beach. M4 reports large group of youths dispersing on arrival. No active disorder. Appears that youths were playing around, no actual fight. Assisting youths in finding belongings. Most have already left area. Friends rough-housing. Sent on way.

MONDAY, SEPT. 4

BREAKING AND ENTERING/MOTOR VEHICLE (past), 8:04 a.m., 30 block of Brooks Avenue. Report to be filed.

DISORDER (past), 10:46 a.m., 50 block of Copeland Street. Report to be filed.

DISORDER (food fight), 8:37 p.m., Applebees, 200 Hancock St. Two people throwing food in the restaurant. Peace restored. Parties advised and sent on way.

TUESDAY, SEPT. 5

LARCENY/BIKE (past), 11:04 a.m., CVS Pharmacy/24 Hour, 42 Beale St. Report to be filed.

LARCENY (wallet), 11:23 a.m., Walmart, 301 Falls Blvd. Report to be filed.

LARCENY/BIKE, 4:02 p.m., 40 block of Beale Street. Report to be filed.

DISORDER (road rage incident), 4:09 p.m., 90 block of Old Colony Avenue. All advised and peace restored.

BREAKING AND ENTERING/PAST (residence), 11:52 p.m., 40 block of East Elm Avenue. Report to be filed.

WEDNESDAY, SEPT. 6

LARCENY (air conditioner), 7:39 a.m., 60 block of Trafford Street. Stolen out of window. Report to be filed.

DISORDER (male), 10:07 a.m., BJs, 200 Crown Colony Dr. Over parking in fire lane. Fire lane is clear at this time.

BREAKING AND ENTERING/MOTOR VEHICLE (wallet stolen), 4:20 p.m., 30 block of Taber Street. Caller's car was broken into the other day and her wallet was stolen. Report to be filed.

LARCENY (package), 5:05 p.m., 77 Adams St. Package was stolen after delivery. There is video of incident. Report to be filed.

LARCENY (wallet), 6:06 p.m., YMCA, 79 Coddington St. See caller at the front door. His wallet was stolen while he was at the Y. No suspect info, case number provided. Party closed all accounts prior to anything being taken.

BREAKING AND ENTERING/MOTOR VEHICLE (just occurred), 10:48 p.m., 50 block of Washington Street. BOLO for suspect. Report to be filed.

DISORDER (female), 11:43 p.m., 99 Brackett Street. Resident is yelling at neighbors. Peace restored and all advised.

THURSDAY, SEPT. 7

SHOPLIFT (various items), 12:18 a.m., CVS Pharmacy/24 Hour, 42 Beale St. Female suspect fled in a vehicle. Report to be filed.

SHOPLIFT (watching), 8:20 a.m., Home Depot, 465 Centre St. Arrest made report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE (past), 8:32 a.m., 50 block of Glover Avenue. Report to be filed.

BREAKING AND ENTERING/PAST (dwelling), 9:15 a.m., 20 block of Thomas Street. Report to be filed.

DISORDER, 12:03 p.m., CVS Pharmacy, 626 Southern Artery. Gone on officers' arrival.

DISORDER, 12:50 p.m., Neon Market Place, 453 Washington St. Advised. Past road rage.

SHOPLIFT (female), 12:56 p.m., Walgreen Pharmacy, 132 Granite St. Trespassed by loss prevention in the presence of Ptl. Walker. Items returned - store to handle.

LARCENY/ATTEMPT (past), 4:17 p.m., 130 block of Willard Street. Report to be filed.

DISORDER, 8:52 p.m., Cyril Street. One under arrest for use without authority, unlicensed operation, resisting arrest, reckless operation and operating unregistered motor vehicle. Arrest made, report to be filed.

A Park Ranger's Guide To ADHP Sept. 23

From the sweet little farm at the foot of Penn's Hill to the gentleman's country estate at Peace field, Adams National Historical Park is the story of "heroes, statesman, philosophers ... and learned women" whose ideas and actions helped to transform thirteen disparate colonies into one united nation.

The public is invited to learn about this National Historical Park and how to get involved with the National Parks Service on Saturday, Sept. 23, from 11 a.m. to 12 noon.

Special guest Supervisory Park Ranger Jessica Pilkington will lead this presentation.

Pilkington has worked as an Interpreter for the National Park Service for 16 years. She has worked at Boston National Historical Park, Cape Cod National Seashore, and is currently the Supervisory Park Ranger at Adams National Historical Park. She has always loved history and relishes the opportunity to share these important stories with everyone around her.

For more information visit the Thomas Crane Public Library's online Events Calendar.

B.C. HIGH student Michael McGrath, of Quincy, raised funds to purchase 30 backpacks and supplies this summer for Interfaith Social Services' Backpack Drive. This is his second year organizing and collecting backpacks for Interfaith. *Photos Courtesy Interfaith Social Services*

STAFF FROM XS Brokers Insurance Agency of Quincy donated backpacks filled with school supplies to Interfaith Social Services' 2023 Backpack Drive. Interfaith handed out backpacks and supplies to more than 700 local students during the month of August.

Interfaith Donors Provide Backpacks For Hundreds Of Students

More than 800 local children received new backpacks and school supplies from Interfaith Social Services during the month of August, easing the burden of back-to-school expenses for South Shore families in need. Generous donors and local businesses provided both backpacks and school supplies for families that utilize Interfaith's programs.

Interfaith Social Services operates one of Greater Boston's largest emergency food pantries, a mental health counseling center, Thrift Shop and homelessness prevention program. Since 1947, Interfaith Social Services has been a safety net for thousands of children and families from the South Shore who are trying to make ends meet.

Interfaith's Backpack Drive is one of several seasonal initiatives that the organization runs throughout the year, designed to bring joy to children who may be growing up in difficult situations. The program aims to make sure students start out the school year outfitted with the supplies they need to succeed.

AVA AND RYAN, of Quincy, show off their new backpacks. Interfaith Social Services holds an annual Backpack Drive to help local children start off the school year with the supplies they need.

"The number of families that have come to us for help this year has just skyrocketed," said Natalie McMenamin, Interfaith's Seasonal Project Coordinator. "Because of the generosity of our supporters, we're able to provide these families not only with food, but also with backpacks and school supplies. It really makes a difference for families that are struggling."

Interfaith's Backpack Drive is made possible through the support of many individuals, businesses and organizations who donate backpacks, supplies and monetary contributions during the summer. Several local businesses and organizations supported the program this year with donations of backpacks, supplies and funds, including: Arbella Insurance, Congregation Beth Shalom of the Blue Hills, Black Rock Women's Golf Association, Blue Cross Blue Shield of Massachusetts, Capella Yoga, Coastal Heritage Bank, Colonial Federal Savings Bank, Crown Colony Pediatrics, Davio's, FoxRock Properties, the Have a Sammi Kinda Day Fund, Hingham Congregational Church, Marriott Quincy, the Quincy Education Association, Second Congregational Church – Cohasset, Topco Associates LLC, United Rentals, and XS Brokers Insurance.

Volunteer groups, including Arbella Insurance, CBERA, IntelyCare, and SIGNET Electronic Systems helped sort incoming donations and fill backpacks with notebooks, pens, pencils, markers and other supplies.

To learn more about Interfaith's seasonal programs, please contact Interfaith's Seasonal Project Coordinator Natalie McMenamin at natalie@interfaithsocialservices.org or 617-773-6203 ext.26.

'The Quest for Solutions To The Plastic Crisis' Q&A With Erica Cirino (Online) Sept. 18

Join Erica Cirino, photojournalist, scientist, and artist online as she discusses her book "Thicker Than Water: The Quest for Solutions to the Plastic Crisis" on Monday, Sept. 18, from 7 to 8 p.m.

Learn about the impact of plastics on the Earth and individual health.

This is a presentation on Cirino's findings and current work communicating science-backed facts and solutions to the plastic pollution, featuring original reporting, research, and images from the frontlines of the plastic crisis (including from the middle of the Great Pacific Garbage Patch).

Visit the Thomas Crane Public Library website for registration information.

Three Residents Enrolled In HC Class Of 2027

Three students from Quincy are members of the Class of 2027 at the College of the Holy Cross in Worcester.

They are:

Martin Connolly, Peter Romeo and Julia Gillespie.

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Real Estate

Quincy Real Estate Transactions Sept. 1 - Sept. 8

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER	BUYER	AMOUNT	ADDRESS
Paul H. & Hong M. Lee	James I. Nabstedt	$780,000.00	139-141 Elmwood Avenue
Brigido R. Espinosa, Cara M. Norris-Ramirez	James Wasley	$645,000.00	91 Edwin Road
George E. & Valerie E. Higgins	Lynn & Nhung Tran	$650,000.00	51 Beechwood Street
Kena LLC	Jonathan S. Withers & Molly A. Exten	$615,000.00	523 Hancock Street Unit 8
Elaine M. Vitt-Simmons, Elizabeth A., James W. & Robert M. Kelley & Stephen M. & Erin C. Ritz	John Ruan	$700,000.00	15 George Road
Susanne F. Swayhoover & Faye E. Camardo	Yi Q. Chen	$236,000.00	179 Presidents Lane Unit 3I
Ke X. Fang & Shui Z. Weng	Benjie Zhang	$320,000.00	13-15 Alton Road Unit 15-1
Tyler Street Rwalty Trust	Yonghong Chen & Binghua Zheng	$770,000.00	68 Tyler Street
Katrina L. Hadad	Iring Ng	$312,000.00	111 Warren Avenue Unit 5F
Iring Ng	Catherine L. Rando	$375,000.00	1025 Hancock Street Unit 11M
Ardeshir Goliaei	Heneri Bajrami	$355,000.00	1025 Hancock Street Unit 14E
Paul J. Morrison & Denise M. O'Dwyer	Scott Galvin	$600,000.00	55 Gridley Street
Emara Nabi	Jennifer L. Herbert & Jason K. Oliveira	$552,830.00	1022 Hancock Street Unit G12
Peter W. Tse	Nancy E. & Stanley J. Kostka	$590,000.00	10 Seaport Drive Unit 2605
Ling Zhao	Yuda Chen	$550,000.00	166 Quincy Shore Drive Unit 124
Brian E. & Patricia Connolly	Thomas J. & Elizabeth K. Duddy	$730,000.00	36 Ridgeway Street
Andrew & Stacie Billard	Phung K. Pham	$530,000.00	8 Prospect Hill Street
Daniel L. & Emily A. Sheridan	Christensen Quincy Realty Trust	$600,000.00	12 Border Street
Christopherson Irrevocable Trust	Fiona Sankey & Daphnee Souvenir	$725,000.00	53 Russell Street
Tianyi Dong & Yi He	Arpita Jagadish & Sandesh Aravinda	$470,000.00	200 Falls Boulvard Unit I-301
Tony A. & Duc M. Tran	Manh T. Pham	$770,000.00	60 Harrington Avenue
MMF Realty Trust	55-59 South Street LLC	$2,900,000.00	55-59 South Street
Li Xu	Min Zhu & Mei Zheng	$695,000.00	75 Davis Street

Average August Property Prices Reach Record Highs In County

Norfolk County Register of Deeds William P. O'Donnell reports that Norfolk County recordings indicate average property sales prices rose to a record high for the month of August as compared to previous years. This increase can likely be attributed to a limited inventory of new housing up for sale and a lack of existing houses on the market.

"Average property prices in August are up significantly this year compared to the same month in previous years," O'Donnell said. "Seasoned homebuyers and those looking to purchase their first home are faced with the challenge of property values that are 19 percent higher than 2022 prices, 34 percent higher than 2021 prices, and 37 percent higher than 2020 prices, in addition to a mortgage interest rate that for some exceeds 7 percent."

The average sale price of commercial and residential properties for August 2023 was $1,212,694, a 19 percent increase compared to August 2022 but a decrease of 17 percent from July 2023. The total dollar volume of commercial and residential sales is down, decreasing 6 percent from last year and 12 percent from last month.

"Looking at the numbers from August 2022, 2021, and 2020 shows that average property prices fell seasonally by 12 percent to 17 percent in August compared to July," O'Donnell noted. "This means that while prices remain high, the seasonal fluctuations in the housing market month over month have remained constantly steady when you compare them to the ebbs and flows of previous years."

Notwithstanding the increase in average property sales prices, the total number of deeds recorded for August 2023, which reflects both commercial and residential real estate sales and transfers, was 1,478, down 12 percent from August 2022 but up 16 percent from July.

"Overall real estate activity is on a downward trend compared to the previous year, driven by two likely factors: limited inventory and high interest rates, resulting in a reduction of the number of deeds and mortgages, which make up a large portion of the total document volume at the Registry," O'Donnell said. "A slight increase in the number of deeds from last July may suggest that some sellers are taking advantage of higher property values, increasing the number of existing homes on the market."

The Registry of Deeds recorded 9,527 documents in August 2023. This was 18 percent less than in August 2022 but an 11 percent increase compared to July 2023.

"Higher mortgage interest rates have an impact on the number of mortgages and deeds recorded at the Registry," O'Donnell said. "Higher interest rates affect seasoned homebuyers' eagerness to refinance, which means fewer mortgages. It also affects a homeowner's willingness to sell, which results in fewer homes on the market that can be bought. Higher interest rates also impact buyers."

For the month of August, lending activity overall continued to decline from last year. A total of 1,328 mortgages were recorded, which is 33 percent less than last year but 6 percent more than last month.

"In addition to fewer people refinancing, the decline in lending activity can also be attributed to fewer first-time home loans," O'Donnell said. "High property prices and increased mortgage interest rates make it more challenging for first-time homebuyers to afford a mortgage and to keep up with payments."

The Norfolk County Registry of Deeds continues to closely monitor the foreclosure market. In August 2023, there were 4 foreclosure deeds recorded as a result of mortgage foreclosures taking place in Norfolk County, whereas in August 2022, there were 7 recorded. Additionally, this month, there were 25 notices to foreclose, the first step in the foreclosure process, less than the 33 recorded in August 2022.

"We hope to see this trend continue into the fall season, especially as the weather gets cooler. With that said, we cannot forget that foreclosure activity has a human face associated with it, and there are still a number of our neighbors who have lost their homes, and even more are dangerously close to losing their homes," O'Donnell said. "I would urge anyone struggling to pay their mortgage or who knows someone who is struggling to contact one of the non-profit organizations listed on our website, www.norfolkdeeds.org."

For the past several years, the Norfolk County Registry of Deeds has partnered with Quincy Community Action Programs (617-479-8181 x376) and NeighborWorks Housing Solutions (508-587-0950) to help anyone facing challenges paying their mortgage. Another option for homeowners is to contact the Massachusetts Attorney General's Consumer Advocacy and Response Division (CARD) at 617-727-8400.

"We have seen some increases in the number of property sales and in the total number of documents compared to last month, but with record property prices for this month and a limited housing inventory, we are seeing significant decreases in overall real estate activity compared to 2022," O'Donnell said.

The Norfolk County Registry of Deeds, located at 649 High St., Dedham, is the principal office for real property in Norfolk County. The Registry is a resource for homeowners, title examiners, mortgage lenders, municipalities, and others with a need for secure, accurate, and accessible land record information.

All land record research information can be found on the Registry's website, www.norfolkdeeds.org.

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Councillors OK Sea Street Easements

Cont'd From Page 1

"That was a great success," McCarthy said of the first phase of the project.

"What this is is phase two that runs from Ginger Betty's all the way down to Palmer Street, which is much larger," he added. "This is the same type of approach that we had with phase one where we are looking at sidewalks, handicap accessibility, ADA compliance, et cetera, poles that are in the way.

"Sea Street hasn't had a facelift forever, so this is some great improvements for the residents all the way down to Palmer Street."

Council President Noel DiBona said the project would be beneficial to all those who use Sea Street.

"As a Ward 1 resident myself that lives two houses away from Sea Street…this will be very helpful for not only the folks driving in their vehicles but the pedestrians as well as the business owners," DiBona said.

"I think this is going to be a great project and kudos to everyone involved. At the end of the day, it's about public safety and I'm glad the stakeholders, the federal and the MassDOT, is investing their monies to the city of Quincy."

McCarthy said an open house was held at Quincy High School on Aug. 9 so area residents could meet with him, City Solicitor Jim Timmins and representatives from MassDOT to learn more about the takings. McCarthy called the open house "very successful."

"A lot of the residents, as always when you start off with a project, have questions and there's some concern, but once they understood that this is phase two of an improvement of Sea Street…everyone was on board," he said.

Councillor Anne Mahoney asked if the design for the improvements along that section of Sea Street had been discussed during the August meeting because, she said, residents had expressed some concerns about the proposal during a 2019 community meeting. McCarthy said last month's meeting was held to discuss the takings, not the improvements themselves. He said that "not much has changed" since the 2019 meeting and he would "have another meeting before the end of the year and bring everyone in and take a look at it one more time."

Councillor Nina Liang asked for an explanation about the types of easements the city would be taking. Craig Sheehan of MassDOT said three different types of easements are needed for the project.

The first type is temporary easements during construction. Those easements will allow, for instance, the contractor to go onto private property to install sidewalks and then, once the sidewalks are finished, restore the land to its original condition. There are also temporary easements for driveways during construction. Equipment cannot be kept on the temporary easements overnight, Sheehan said, but items like pipes may be stored there.

The second type of easement is for utilities. Sheehan said utility poles would be relocated as part of the project and the utility easements will allow the wires that run between them to pass over private property.

The final type of easements are permanent ones. Sheehan said that in some cases permanent easements are needed so that ramps could be installed in compliance with ADA standards. In other cases, sidewalks were installed years ago on private property and the permanent easements are needed to rectify those situations.

Liang also asked about the timeline for the work on Sea Street. Sheehan said work on the project, which still has to go out to bid, would likely begin next March or April depending on the weather. He noted the contractor would set the schedule for the project, meaning they would determine where along Sea Street the work would begin and whether to start with sidewalks or the roadway first, for instance. The temporary easements are for five years, Sheehan stated, but he was optimistic the work would not take that long to complete.

Additionally, Liang asked if there would be a central point of contact for residents during construction. Sheehan said MassDOT assigns a resident engineer for each project to fill that role and, because of how large the Sea Street project is, two may be assigned in this instance.

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QUINCY COLLEGE

Wollaston Beach Cleanup Saturday

Friends of Wollaston Beach invite the public to COASTSWEEP on Saturday, Sept. 16 from 10 a.m. to noon.

COASTSWEEP is a worldwide cleanup collecting marine debris, trash, fishing line, and other human-made items, and categorizing and tallying what is found.

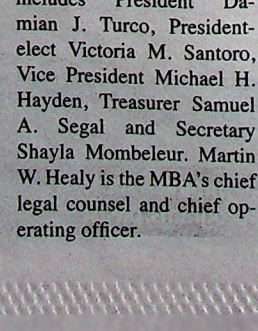
Local volunteers will meet on Quincy Shore Drive – near the intersection of Beach Street – just south of the Wollaston Yacht Club.

COASTSWEEP Massachusetts was formed in 1987. COASTSWEEP participants join hundreds of thousands of other volunteers in the world's largest volunteer effort for the ocean — Ocean Conservancy's International Coastal Cleanup. The data collected is used to find solutions for keeping trash out of the ocean.

"If you do only one cleanup per year, this should be it!" said FWB President Maureen Mazrimas. "Pre-registration is not required; it can be done on site on the 16th. Bags and gloves will be provided."

For further details, go to friendsofwollaston.com. To join FWB or volunteer, email Maureen Mazrimas at friendswollastonbeach@gmail.com. Dues are $10 per year and can be sent to Friends of Wollaston Beach, 49 Bayberry Rd., Quincy, MA 02171.

Atty. Michael Hayden VP Mass. Bar Association



MICHAEL HAYDEN

Attorney Michael H. Hayden of Quincy has been elected vice president of the Massachusetts Bar Association for the 2023-24 membership year, which began on Sept. 1. He serves as a member of the MBA's leadership team alongside President Damian J. Turco, who will pursue more equitable justice for civil litigants and individuals served by the state's innocence programs, and work to support lawyers throughout Massachusetts.

Hayden is a partner at Morrison Mahoney LLP in Boston and focuses his practice on professional liability, specifically defense of nonmedical professionals, such as lawyers, architects, engineers and real estate brokers. In addition, Hayden practices retail litigation, product liability, liquor liability, transportation law and environmental law. Hayden has tried cases in state and federal court in Massachusetts and in Maine state court, obtaining defense verdicts in each jurisdiction. He has also successfully argued before the Massachusetts Appeals Court, the Appellate Division of the Massachusetts District Court and the First Circuit Court of Appeals.

In addition to serving as MBA vice president, Hayden has served on the MBA's Executive Management Board and as chair of the MBA's Judicial Administration Section Council from 2018 to 2021. In 2017 and 2018, he was a member of the section's Ad Hoc Subcommittee on Diversity, which successfully introduced a resolution at the MBA's House of Delegates supporting efforts to increase diversity in the court system. Hayden has frequently chaired sessions of the MBA's "View from the Bench" continuing legal education series, which includes Massachusetts Superior Court and District Court judges as panelists. During the pandemic, Hayden chaired six View From the Bench programs via Zoom, including a monthly series focused on how to advance civil cases during the pandemic. In addition, he has participated as a lecturer at various other MBA education courses, including its Practicing with Professionalism program.

Outside of the MBA, Hayden collaborated in the 2008 publication of a historical chronicle on esteemed commonwealth colonial lawyer Josiah Quincy Jr. Currently, Hayden is chair of Morrison Mahoney LLP's Diversity, Equity and Inclusion Committee, a position he has held for the last two years.

Hayden is a 2004 graduate of Boston College Law School, and he graduated magna cum laude from Brandeis University in 1999. He lives in Quincy and has two daughters in middle school.

The MBA's leadership team for the 2023-24 year includes President Damian J. Turco, President-elect Victoria M. Santoro, Vice President Michael H. Hayden, Treasurer Samuel A. Segal and Secretary Shayla Mombeleur. Martin W. Healy is the MBA's chief legal counsel and chief operating officer.

City Appealing Latest Bridge Permit

Cont'd From Page 4

Harbor. Citing a navigation study conducted on Boston's behalf, the appeal states that 425 boat trips made during the summer of 2021 would not have been possible if the new bridge were in place, and another 1,590 trips would be limited to certain tidal conditions. In that same study, Boston said the new bridge "will not generate any additional permanent navigational impacts when compared to the originally permitted bridge superstructure." Quincy contends that, because the former bridge did not have a Chapter 91 license, the DEP "should assess this project as an original application giving no deference to the prior configuration of the bridge."

Quincy further states that sea level rise means even more vessels would no longer be able to transit through the area of the bridge in the future. Quincy's appeal notes that Boston's Climate Consensus Projection anticipates 2.4 to 10.5 feet of sea level rise by the year 2100. "If these estimates for sea level rise are taken into account, the Long Island Bridge will impair even more vessels from being able to pass freely upon the waterways of Boston Harbor under the bridge," Quincy wrote in the appeal.

Quincy raises several other issues in its appeal. Among other concerns, the city argues that the proposed recovery campus on Long Island is not a water-dependent use and DEP "erred when it concluded that the project can be classified as a Water- Dependent Infrastructure Crossing Facility"; that a May 2019 public hearing the DEP conducted in Quincy was insufficient because Boston was given 50 minutes to make its presentation while others were limited to three minutes, and "the raucous crowd interrupted and shouted down many speakers"; that DEP's findings do not take into consideration potential impact on shellfisheries should Boston need to make repairs to Moon Island Road; and that the DEP "abdicated its public trust obligation to require appropriate long-term management of public access to tidelands," because neither Moon Island nor Long Island are open to the public.

To remedy its concerns, Quincy seeks to have the draft license reserved, vacated or modified. Alternatively, the city says the application should be remanded back to DEP to assess the points of contention raised in the appeal.

Officials from Quincy and Boston have been at loggerheads over the proposal to build the new Long Island Bridge since 2018, when then Boston Mayor Marty Walsh announced plans to rebuild the span and open a recovery campus on the island. The bridge would connect Long Island, which is within Boston's city limits, with Moon Island, which is within Quincy's limits and fully owned by Boston. The only vehicular access to Moon Island is through the Squantum section of Quincy.

Quincy Tennis Tournament Begins Sept. 22

12 Divisions • To Register For Tourney, Visit www.QuincyRec.com

Quincy Recreation announces that the City of Quincy Tennis Tournament will be returning for its 50th edition starting on Friday, Sept. 22nd.

The tournament is open to all Quincy residents and is comprised of 12 divisions – Men's Singles, Men's 35 and Over Singles, Men's 50 and Over Singles, Men's 60 and Over Singles, Men's Doubles, Mixed Doubles, Women's Singles, Women's 35 and Over Singles, Women's Doubles, Boys' 16 and Under Singles, Girls' 16 and Under Singles, and a City Employee division.

The cost to enter the tournament is $20 per person for Singles and $10/ person for Doubles & 16 and Under Singles. Matches will be held at the Quincy High School Tennis Courts. Weather permitting, matches will be conducted weekdays from 6 to 9 p.m. and weekends from 8 a.m. to 9 p.m.

Players should be prepared to play nights and weekends, and must furnish a can of U.S.T.A. approved tennis balls at their first match of each draw entered (Optic Yellow only.).

For more information and to register for the tournament, visit www.QuincyRec.com.

Houghs Neck History Talk Series

Sponsored By the Seaside Social Club, Houghs Neck Congregational Church

Presenter: Patti Williams

Please join us for a new series of Houghs Neck History Talks. The 2022-23 talk series was arranged by subject, e.g. George Morton, Nut Island. The new 2023-24 talk series is arranged by time, e.g. Houghs Neck 1636-1849, Houghs Neck 1890s. The first talk, **The Geology of Houghs Neck** , September 19, takes us back millions of years to the time of volcanos and ice -- the elements that shaped (literally) Houghs Neck. The focus is on the three geographic features of Houghs Neck: rock, marsh and drumlin.

The December program is not a talk but rather a loose recreation of an 1893 Christmas in Houghs Neck variety show. This program will be on Sunday Dec. 10 from 2:00-4:00.

The final program in the series focuses on the names of cottages in Houghs Neck at a time when there were no house numbers. The tradition of naming cottages/houses continues today.

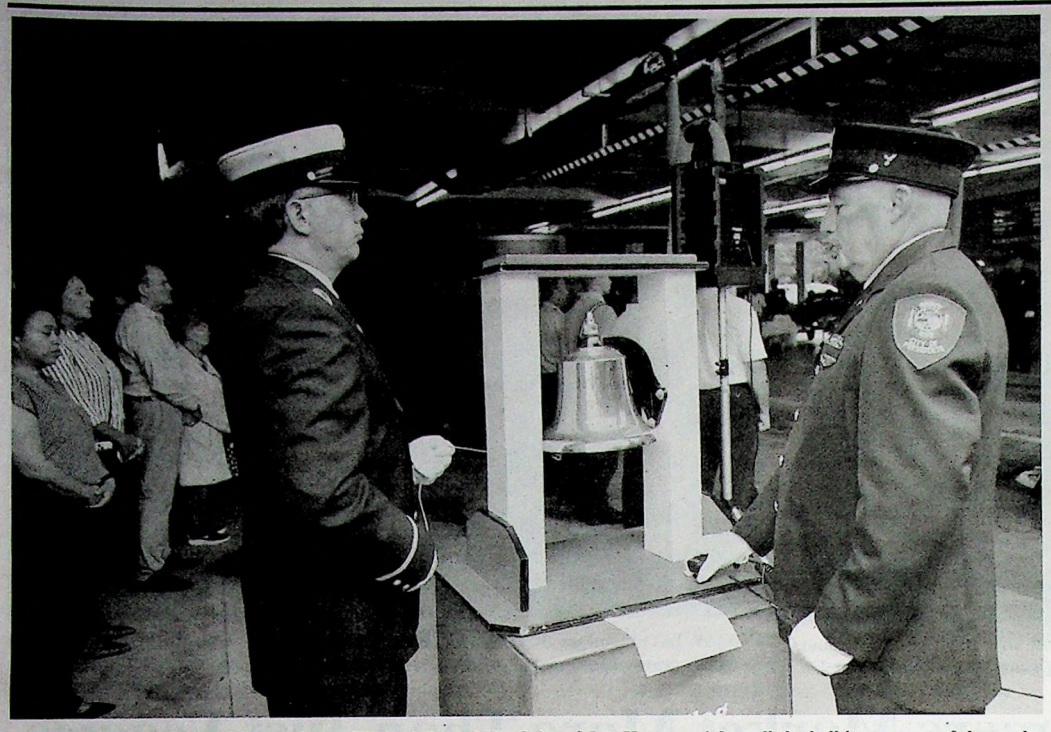
Each month's raffle prize will be a pie made by Nancy Jacobs.

All programs are at the Houghs Neck Congregation Church, 310 Manet Ave in Houghs Neck. All programs are free and are open to the public.

Houghs Neck History Talk Series
2023-2024

Sept. 19: Geology of Houghs Neck
Oct. 19: Houghs Neck 1636-1849
Nov. 16: Houghs Neck 1850-1870
Dec. 10 Houghs Neck Christmas 1893
(This is a Sunday program: 2:00-4:00) Mar. 19: Houghs Neck 1870s
April 18: Houghs Neck 1880s
May 16: Houghs Neck 1890s
June 4 : Houghs Neck Cottage Names

Place: Houghs Neck Congregational Church
310 Manet Ave
Quincy, MA
Time: 7:00-8:30 (except for the Dec. show)



SOMBER REMEMBRANCE – Lt. Ralph Blight, left, and Firefighter Matt Keenan, right, toll the bell in memory of those who died in the Sept. 11, 2001 terrorist attacks during Quincy's annual 9/11 ceremony at fire headquarters on Monday.

FIREFIGHTER STEVE SWEET plays bagpipes during the 9/11 remembrance at fire headquarters Monday.

22 Years Later, 9-11 Remembered

Cont'd From Page 1

ers and sisters on this day 22 years ago."

The terrorist attacks on Sept. 11, 2001, claimed the lives of 2,977 victims at the World Trade Center in New York, the Pentagon outside Washington, D.C., and in Shanksville, Penn. The victims included 343 members of the New York City Fire Department, 23 New York City police officers, and NY/NJ 37 Port Authority police officers.

Speaking at Monday's observance, Mayor Thomas Koch said everyone has their own memory of that morning.

"I think we all have a very powerful and strong memory of what happened some 22 years ago," he said. "There was a preliminary election going on here in Quincy. It was an absolutely magnificent day and the word got around quickly. We all ran to our TVs to see what was happening live, something that was etched into our mind and we'll never forget.

"Let us continue to remember all those souls, all those innocent souls, lost that day and of course the men and women in uniform rushing in to save those – just incredible sights."

Koch also recalled the how the country came together following the attacks.

"It was pretty awesome to see following that how we came together as a country, how patriotism was alive and well," he said. "The churches were filled. The recruiting stations had lines of people wanting to serve and defend what was under attack. The idea of freedom, what we enjoy in democracy was under attack.

"It amazes me how quickly that dissipated. I certainly want to see the patriotism someday return to that fervor."

The mayor thanked the city's first responders for their service. He also thanked members of the City Council, Cong. Stephen Lynch, state Sen. John Keenan and other legislators for their support of the Fire Department.

Cont'd On Page 18

QUINCY FIRE CHIEF Joseph Jackson welcomes the gathering to the annual 9/11 ceremony at fire headquarters on Monday, Sept. 11, the 22nd anniversary of the terrorist attacks.

Lateral Transfers Join Quincy Police Dept.

TWO NEW QUINCY Police Officers were sworn in Sept. 7 in the Great Hall of the James R. McIntyre Government Center (old City Hall). The two officers sworn in by City Clerk Nicole Crispo were lateral transfers from other area departments. From left to right: Quincy Police Captain Daniel Guarante, Officer Bryan Jackson, Officer Ryan Jewell and Mayor Thomas Koch. Officer Jackson transferred from the Cambridge Police Department. Officer Jewell transferred from the Framingham Police Department. *Courtesy Photo*

Bicyclist Struck, Killed By Vehicle

By SCOTT JACKSON

Quincy police are investigating after a bicyclist was struck and killed by a vehicle Friday morning on Southern Artery.

First responders were called to 479 Southern Artery at 11:17 a.m. on Friday, Sept. 8, after receiving several calls reporting a bicyclist had been struck by a motor vehicle, police said in a statement.

Emergency personnel arrived on scene and found the victim, later identified as 86-year-old Li Dain Wu of Quincy, with serious injuries. Firefighters and EMS treated Wu on scene and transported him to South Shore Hospital. He was later pronounced deceased.

The operator of the motor vehicle remained on scene following the collision, police said.

As of Monday morning, no charges had been filed and the crash remained under investigation by the Quincy Police Collision Reconstruction Unit and the Norfolk District Attorney's Office. Anyone with information about the crash is asked to contact Quincy police at 617-745-5824.

Bethany Church Thrift Shop
22 Spear St., Quincy
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$5.00 New • $3.00 Gently Used
Also Featuring Halloween Décor & Crafts!
Come visit our large assortment of Dish Sets, Cutlery, Pots & Pans, Puzzles, Toys, Games, CD's, DVD's, Books, Cleaning Supplies, Personal Items, Sunglasses, Slippers, Linens, Collectible Items and so much more. *We are restocking Daily!*
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Quincy, MA 02169
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617-376-1441
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Public Access Channel 8

Thursday, September 14
6:00pm: Bethany Congregational Church
7:00pm: LIVE: QHS vs. Concord-Carlisle Football

Friday, September 15
11:30am: LIVE: Currently in Quincy
7:00pm: LIVE: NQHS vs. Braintree Football

Saturday, September 16
11:00am: City of Quincy Candlelight Vigil 8/31
12:00pm: September 11th Memorial Service

Sunday, September 17
11:30am: Good News
1:00pm: The Call

Monday, September 18
11:30am: LIVE: Currently in Quincy
8:00pm: QHS vs. Concord-Carlisle Football 9/14

Tuesday, September 19
7:00am: LIVE: AM Quincy with Joe Catalano
8:00pm: NQHS vs. Braintree Football 9/15

Wednesday, September 20
6:00pm: Good News
7:00pm: The Call

Government Access Channel 9

Thursday September 14
4:00pm: Board of License Commissioners 9/12
5:00pm: Zoning Board of Appeals 9/12

Friday September 15
6:00pm: Good Deeds: Quarterly Update

Saturday/Sunday, September 16/17
9:30am: For Your Health
10:30am: Quincy Recreation Deprt: Project Bigfoot
11:00am: At the Kennedy Center
12:00pm: City Council 9/11
3:00pm: Quincy Recreation Dept: Defend Yourself
4:00pm: Board of License Commissioners 9/12
5:00pm: Zoning Board of Appeals 9/12
7:00pm: City Council 9/11

Monday September 18
6:00pm: Quincy Recreation Dept: Project Bigfoot
6:30pm: LIVE: City Council

Tuesday September 19
4:00pm: Board of License Commissioners 9/12
6:00pm: Zoning Board of Appeals 9/12

Wednesday September 20
7:00pm: City Council 9/18

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

CHARLES RIVER FARM owners Trish and Andrew Dellea pose with their fresh fruits and produce they offer at the Quincy Farmers Market. *Quincy Sun photos/Tom Gorman*

LINDSAY TATEO, owner of Tateo Organics of Middleborough, offers homemade salsa and organically grown microgreens.

Kilroy Square Farmers Market More Than Just Veggies

Cont'd From Page 2

order," she said. "We try to use the least amount of ingredients and the ones we use are good for them like their digestive system and their skin."

She added that orders can be customized.

Skin cream is the featured product of Renee Johnson of Dorchester, owner of Amal Skin Cream.

"This skin cream I formulate myself and they are made with all natural products," she said.

Johnson explained that the kokum fruit from India is the main ingredient that sets her product above others.

"Kokum has a natural SPF of 31," she said. "They are all good for your skin and they are made to balance the PH of the skin."

Johnson said this is her second year at the market and noted how it brings the community together.

"It's a good way to get in contact with the community," she said. "I've made friendships from people I met from last year. I think people should be involved with the community in some way."

Also new this year is Amy Hannan of Quincy, owner of Amy's Chips. A Florida native, she moved to Massachusetts four years ago.

Her chips are made from sweet potatoes and come in five flavors: maple BBG, purple spice, OG salt, spooky sweet, and cranberry crunch. They are available for sale at the farmers market and online through her website.

"They're all made with love," Hannan said.

Newcomer, Blisspoint Meadery owner Tim Evans

Cont'd On Page 17

RAFAELA AND TERESA BARBOSA of Barbosa Farm, South Dartmouth are ready to serve customers their fresh produce.

JENNIFER LEE'S GOURMET Bakery owner Jennifer Sowden offers freshly made pretzels and baked goods.

RUBY CASEY of Randolph poses with her Quincy-based Barking Orders table offering various organic dog treats.

AMY HANNAN of Quincy, owner of Amy's Yams, offers various flavored organic sweet potato chips.

RENEE JOHNSON of Dorchester offers her Amal herbal body butters at the Kilroy Square Farmers Market, Cottage Avenue, Quincy Center. *Quincy Sun photos/Tom Gorman*

BLISSPOINT MEADERY owner Tim Evans of Bedford poses with his various meads made with honey and fruits.

Kilroy Square Farmers Market More Than Just Veggies

Cont'd From Page 16

of Bedford brought his variety of meads to the market. Meads are an alcoholic drink made from fermented honey.

"It's water, honey, and yeast as the base and then fruit is added for flavor," he said. "It comes in a variety of flavors and is sweet, semi-sweet, and tart."

One of the true veterans at the farmers market is Mike Aalto, owner of Mike's Eggs, who is nearing the decade mark as a vendor.

"I've been coming here for eight to 10 years now," he said.

He's been raising chickens at his Pembroke home for about 20 years that provide the fresh eggs he offers at the market.

"They're mostly jumbo," he proudly said.

Aalto is also selling local honey, packed by Ackerman Farm who had been a familiar site at the market for years.

"I'm selling it for them," Aalto explained.

Another familiar face at the market is the Dellea family, owners of Charles River Farm in Franklin.

Andrew and Trish and their daughter, Sara, 13, have been coming for the past four years.

"We are a third-generation farm and have been farming in Franklin for 50 years now," Andrew Dellea said.

He explained that they grow a wide variety of vegetables for the two farmers market in Quincy – the Friday one in Kilroy Square and the second one at the corner of Hancock and Linden streets on Sundays.

In addition to seasonal veggies, the Delleas' main business is microgreens they grow year-round in greenhouses.

The family looks forward to the market every week.

"We really enjoy doing the farmers market," Andrew said. "We get to meet nice people in Quincy, and it gets us off the farm. We do it as a family and we have a lot of fun."

Stillman Farm of New Braintree and Barbosa Farm of Dartmouth are also longtime vendors providing their fresh produce.

The Quincy Farmers Market got its start in 1982 in the Hancock parking lot that was transformed into what is now Kilroy Square, providing the center of the city with a civic area. For years, the market was held at Pageant Field and returned to its origin in downtown Quincy two years ago.

Farmers market officials boast that all it's a community-based event run by volunteers and its vendors are family or individually owned. It's a direct business-to-consumer venture to promote local businesses family-run farms to provide the community with access to fresh and unique foods, products, and services. There are no resellers, wholesalers, or dealers.

KIRSTEN STILLMAN of Stillmans Farm in New Braintree stocks fresh produce at the Kilroy Square Farmers Market in Quincy Center.

The KILROY SQUARE Farmers Market, 25 Cottage Ave., Quincy Center adjacent to the Quincy Municipal Parking Garage is open every Friday from noon to 5 p.m. through Oct. 27.

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22 Years Later, Somber Ceremony Remembers 9-11-01

Cont'd From Page 15

"There's been many changes that have happened in how we operate as a fire department, the equipment needed. We know that we have a higher cancer rate for men and women who served in the fire – we're trying to do everything we can to mitigate that," Koch said.

"I thank the council for their support on the issue… I thank the congressman for being such an incredible advocate for bringing federal dollars here to help us with apparatus and clothing. I know Sen. Keenan and the legislature also provides the special appropriations to us.

"I think it's important that we continue to protect our men and women who serve in every way we possibly can, and in that light, I want to thank the men and women who serve. We are a safe city, we have one of the best response times in the commonwealth, and we have the most incredible professionals that put it on the line each and every day. For that I am so grateful."

Cont'd On Page 25

FIREFIGHTERS PAUSE beneath a commemoration honoring the fallen first responders during the Sept. 11, 2001 terrorist attacks.

FIREFIGHTERS STAND and remember fallen comrades who died in the Sept. 11, 2001 terrorist attacks.

COUNCILLOR NINA LIANG, left, joins residents during the annual 9/11 remembrance at fire headquarters.

QUINCY FIRE DEPARTMENT Chaplain Peter Preble recites the Firefighter's Prayer.

Educational Event

Discover How Life Insurance Can Shape Your Family's Future

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TUESDAY, SEPTEMBER 19 | 5:30PM to 7PM

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12 Blanchard Road, Quincy, MA

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QUINCY FIRE DEPARTMENT honor guard members pause as the bell is tolled in honor of those who died on Sept. 11, 2001.

Quincy Sun Photos/Tom Gorman

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TUNNEL TO TOWERS FOUNDATION

9/11 NEVER FORGET

MOBILE EXHIBIT

QUINCY'S GENERALS BRIDGE & PARK

Proudly brought to you by
Mayor Tom Koch and the City of Quincy

OPENING CEREMONY

Tuesday, September 19, 2023
3:30 p.m.
McConville/Hannon Parking Lot

All are welcome at this community ceremony as we honor the legacy of those who lost their lives on September 11, 2001.

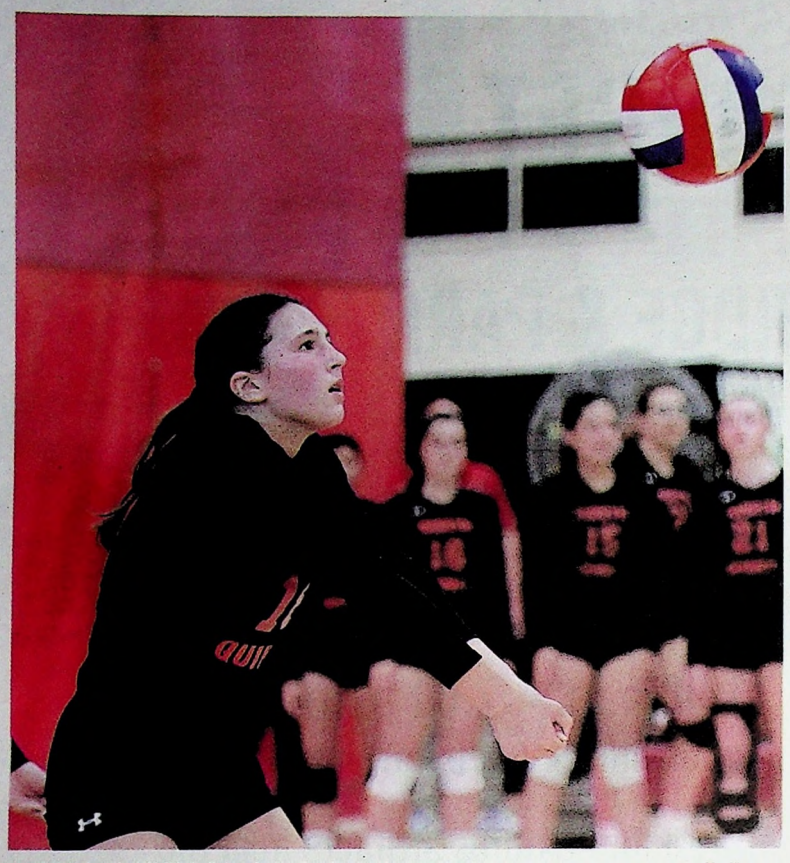
MOBILE EXHIBIT

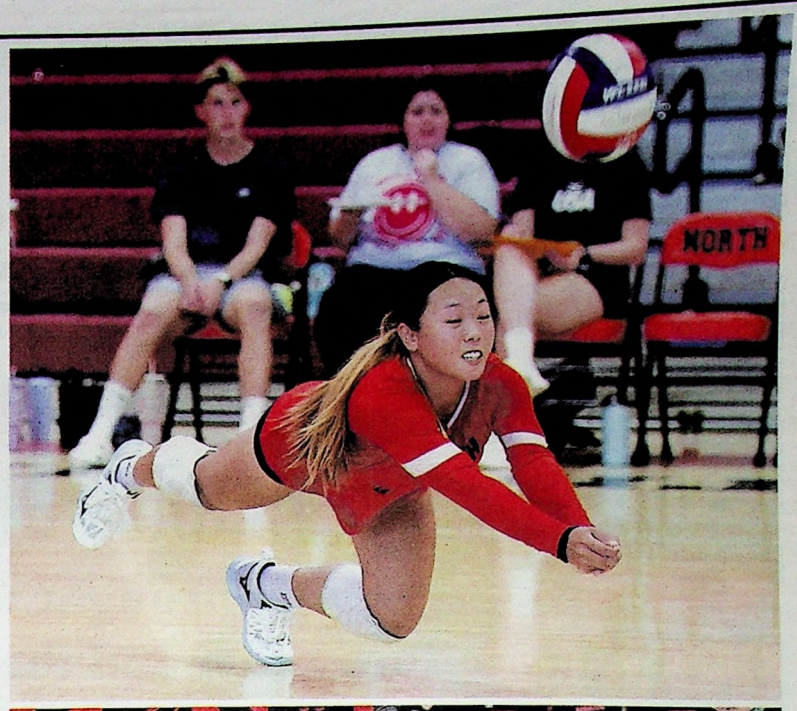
September 20-23, 2023
11:00 a.m. – 7:00 p.m.
McConville/Hannon Parking Lot

The exhibit features artifacts from the World Trade Center and guided tours from FDNY Firefighters who responded to Ground Zero on September 11th.

City of Quincy
Massachusetts

NQ Girls Volleyball Battles, Bows To Canton





NORTH QUINCY High School girls' volleyball team battled Canton but bowed to the Bulldogs, 3-0, Sept. 8. The Raiders (0-2) hosted Pembroke Wednesday at 5:15 p.m., visit Dartmouth High School Friday at 5:15 p.m. and host the Quincy Presidents next Monday, Sept. 18 at 6:30 p.m. Shown here returning serves and hits are (above) senior Brooklyn Rizzo, (top right) senior Kathy Mo and (bottom right) junior Bella McKenzie. More NQ girls' volleyball photos on Page 21.

Quincy Sun Photos/Robert Bosworth

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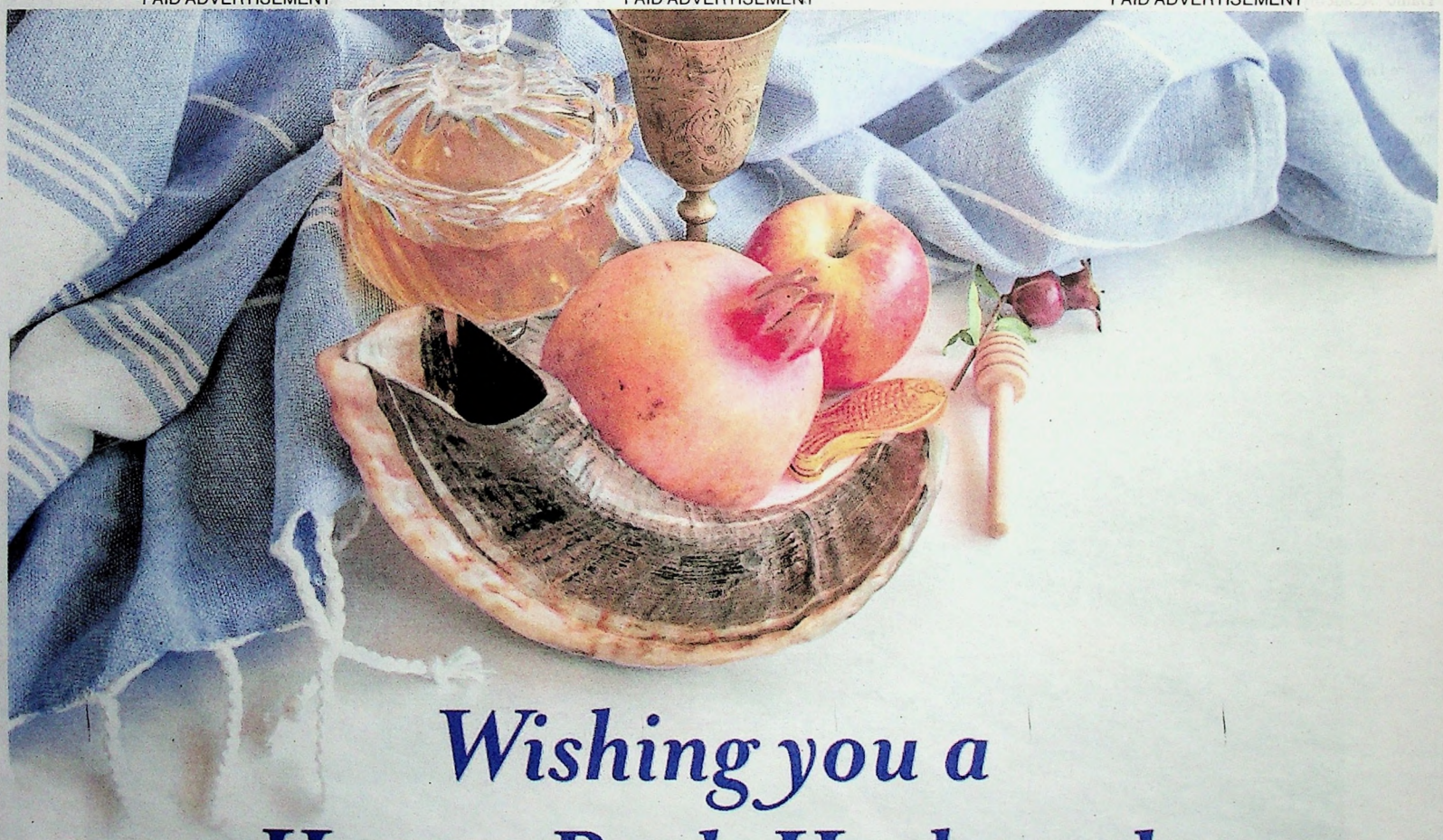
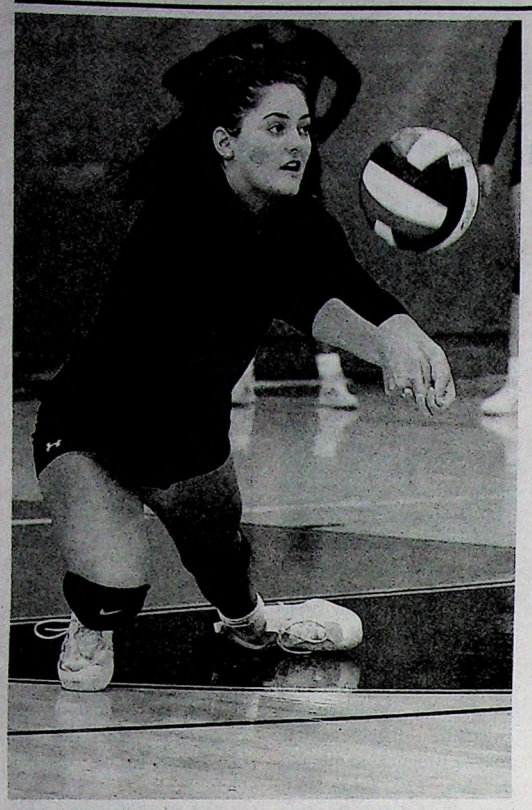
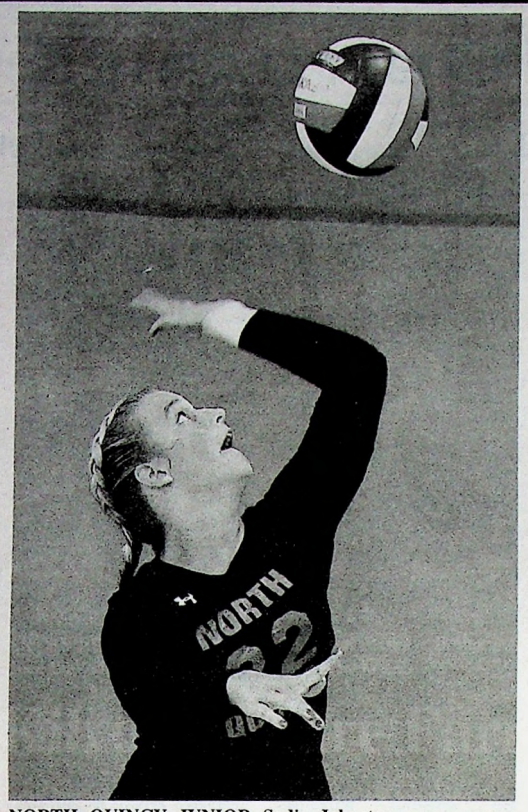


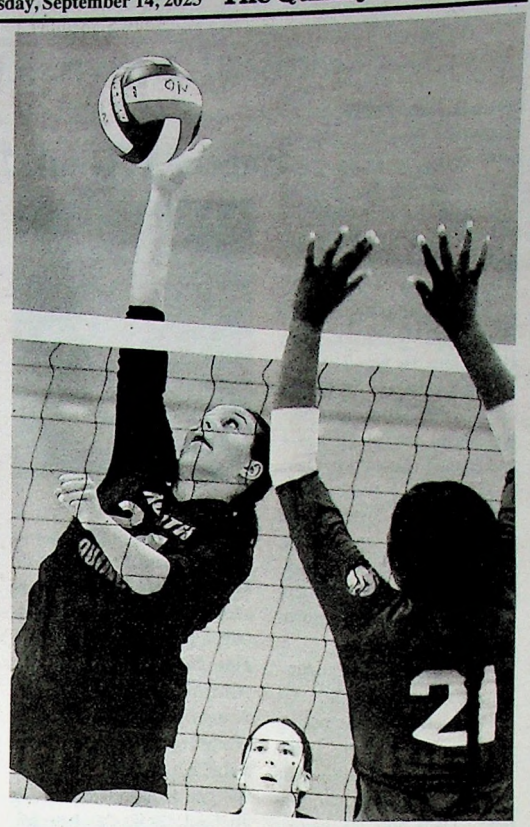
Wishing you a
Happy Rosh Hashanah
Shana tovah u'metukah
Mayor Thomas P. Koch and Family



NORTH QUINCY SENIOR Ava Bryan bumps a return in the Raiders' game against Canton Sept. 8.



NORTH QUINCY JUNIOR Sadie Johnston eyes a serve against Canton. *Quincy Sun Photos/Robert Bosworth*



NORTH QUINCY SENIOR Autumn O'Campos scores a point for the Raiders against Canton.

Quincy Girls' Volleyball Bows To Notre Dame Academy

By TOM JOYCE

The Quincy High girls' volleyball team had a strong start last Friday evening, but its opponent made a comeback.

Although the Presidents took the first set of their road match against Notre Dame Academy in Hingham Sept. 8, they were unable to win the contest. Notre Dame Academy made a comeback, taking three of the final four sets to win 3-2. With the loss, the Presidents fell to 0-2 on the season.

Both sides were highly competitive in the fifth and final set. NDA took a 7-5 lead on back-to-back aces, forcing a Presidents timeout. NDA then had another ace to go up by three points, 8-5, before the two teams switched sides of the court for the second half of the set.

However, that lead would disappear for NDA as the Presidents played tough. A kill from Alyssa Hopps and a hitting error by NDA tied the set at ten apiece, forcing a timeout.

The two sides then traded three points each, making it a 13-13 set. The Presidents then took a one-point lead, 14-13, on an NDA hitting error before their foe got them to commit a hitting error. An ace then gave NDA a 15-14 edge, forcing a Presidents timeout. After that, NDA got another ace to win the final set 16-14.

The Presidents got off to a strong start in the first set and won what ended up being a competitive frame.

The team went up 7-4 on an ace from Destiny Francis, a block from Alyssa Hopps, and two hitting errors by Notre Dame Academy. While NDA tied the set a few times after that, the Presidents had a 3-0 run to give themselves a 14-11 lead midway through the set, and they never looked back. Giada Guarino started the stretch with a kill to make it 12-11 Presidents. Then, Notre Dame Academy had a hitting error, and a block from Francis gave the Presidents a three-point edge.

While Notre Dame Academy briefly tied the set at 16 apiece following a Presidents hitting error, they wouldn't take the lead. The Presidents went on a 3-0 scoring run that gave them a 19-16 edge.

Kills from Hopps and Francesca Diaz helped the Presidents in this stretch, as did a hitting error from Notre Dame Academy. Shortly after, a 4-0 run that included two aces from Paige Mann gave the Presidents a 24-18 edge. While Notre Dame Academy cut the lead to one point, the Presidents ended up winning the set 25-23 on a hitting error.

Although the Presidents took the first set and established a lead early in the second set Notre Dame Academy bounced back. Initially, the Presidents went up 6-3 in the second set, in part, thanks to a block and kill from Francis, but their opponent came back. Notre Dame Academy tied the set and took the lead 8-7 on back-to-back kills. A kill from Hopps tied the set at eight apiece, but NDA took the next two points, including an ace, to go up 10-8. For the rest of the set, the Presidents played from behind, and NDA expanded its lead as the set continued.

NDA extended its lead to six points, 20-14, by tapping the ball over the net for a kill; the team ended up winning the set 25-17.

NDA carried that momentum over into the third set, taking a quick 7-2 lead over the first nine points. While the Presidents responded by getting a few points, and a kill from Rory Kennedy cut the deficit to three, 8-5, the Presidents weren't able to come back. NDA responded by taking seven of the next 10 points, increasing its lead to 15-8.

Although NDA ended up winning the set 25-14, it struggled to close things out. Before getting the final point of the set, the team had back-to-back hitting errors.

NDA looked like it would cruise to victory in the fourth set, but that wasn't the case. It got off to a strong start once again, taking a 9-3 lead on back-to-back aces. However, that lead wouldn't last.

The Presidents erased this deficit with Guarino serving. Four aces from her and a few hitting errors against NDA gave the Presidents a 16-11 edge as they outscored their foe 13-2 in that stretch.

Following the timeout, the Presidents' momentum continued. They went up 19-11 on three straight hitting errors by Notre Dame Academy. Another ace from Guarino put the Presidents up 20-11.

The Presidents went on to win the fourth set 25-17 on an NDA hitting error.

The NDA match was the Presidents' second of the season; they opened the year with a 3-1 road loss to Brockton on Wednesday, September 6.

The roster for the Presidents this season includes: Alyssa Hopps, Evalyn Catrambone, Misty Ly, Sariah Thihia-Wong, Paige Mann, Alondra Ibrahim, Francesca Diaz, Destiny Francis, Giada Guarino, Ella Roche, Rory Kennedy, Amina Amimer, Kathy Duong, and Shea McSweeney. The team's head coach is Jacqui Niosi.

The next match for the Presidents will take place this Friday, Sept.15, at home against the Rockland Bulldogs (5:15 p.m. start time). They will face the North Quincy Raiders at North Quincy High on Monday, Sept. 18 (6:30 p.m. start time).

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The City of Quincy invites you to join us as we welcome Rosh Hashanah with the tradition of

BLOWING of the *Shofar*

with Rabbi Alfred Benjamin of Congregation Beth Shalom of the Blue Hills

Thursday, September 14, 2023

5:00 p.m.

Hancock-Adams Common

PRESENTED BY QUINCY400

OBITUARIES

Eugene F. Gaul, 71

Eugene F. Gaul, of Hooksett, New Hampshire, formerly of Milton, died peacefully on Friday, Sept. 8, 2023, at the Community Hospice House in Merrimack, New Hampshire. He was 71.

Gino was born in Boston on Nov. 20, 1951, and was the son of the late James J. and Anna P. (Spolidoro) Gaul.

Gino was a truck driver for the United States Postal Service. In his spare time, Gino enjoyed golfing, boating, smoking a big cigar and sipping on a glass of crown royal.

Gino was the beloved husband of Diane P. (DeLia) Gaul of Hooksett, New Hampshire. He was the devoted father of Shawn Gaul and his wife Shannon of Weymouth, Anthony Gaul and his partner Nicole Fuller of Stoughton. He was the devoted stepfather of Edward O'Bin and his wife Carrie of New Hampshire, Keith O'Bin and his wife Patricia of Vermont, Melissa Arroyo and her husband James of Pembroke. Gino

EUGENE F. GAUL

was the loving grandfather of Cortney Gaul of Weymouth, Mitchell Gaul of Weymouth, and the loving step grandfather of Ashley Marazeline Fino, Nicholas O'Bin, Sophia Arroyo, and Angela Rose Arroyo. Gino was the dear brother of Kevin Gaul and his wife Pam of New Hampshire, the late James Gaul, the late Richard Gaul, the late Michael Gaul and his surviving wife Marjorie of Middleboro, and the late William Gaul. He is also survived by many nieces, nephews, extended family, and friends.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Wednesday, Sept. 13, 2023, 9-11 a.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

His funeral service will be celebrated on Wednesday, Sept. 13, 2023, at 11 a.m. in Keohane Funeral Home, Quincy.

Services will conclude with interment in Milton Cemetery, Milton.

Memorial contributions may be sent in Gino's name to:

BY MAIL: Beth Israel Lahey Health, Beth Israel Deaconess Medical Center, Office of Philanthropy, Brain Cancer Research, 529 Main Street, 4th Floor, Charlestown, MA 02129.

ONLINE DONATION: By visiting: https://secure3.convio.net/bidmc/site/Donation2?4902.donation=form1&df_id=4902&mfc_pref=T.

See www.Keohane.com for directions and online condolences.

Peter W. Brennan, 69

Peter W. Brennan of Quincy passed away on September 2, 2023, after a brief illness. He was 69.

A graduate of the Vesper George School of Art, Peter was an accomplished draftsman– a skill that served him well in his many years designing and selling customized in-ground swimming pools. He was also a talented watercolorist, who, as a sideline, painted detailed house portraits on commission.

In his personal life, Peter was an avid distance runner, competing in several Falmouth Road Races, and finishing four Boston Marathons. He was also an inveterate punster and purveyor of "dad jokes," who preferred groans to guffaws. Above all, he was an adoring father, who loved his son and daughters dearly.

Pre-deceased by his parents, John and Barbara Brennan, of Weymouth, and

PETER W. BRENNAN

by his brother, John Brennan, of Weymouth, Peter is survived by: his wife Pamela (Sheahan) Brennan, of Quincy; his son Peter John Brennan, daughter-in-law Joanna Brennan, and granddaughter Lea Rose Brennan, all of North Reading; his daughter Sarah Brennan, of Boston; his daughter Emma Brennan, of Quincy; his brother Charles Brennan and sister-in-law Cathy Brennan, of Scituate; his brother Mike Brennan and sister-in-law Mary Brennan, of Weymouth; his brother Stephen Brennan, of Weymouth; his sister Lynne (Brennan) Pitt and brother-in-law Earle Pitt, of Duxbury; his brother-in-law Randy Sheahan and sister-in-law Judith Sheahan, of Cambridge; his brother-in-law Jeffrey Sheahan and sister-in-law Theresa Sheahan, of Salem, NH; and his sister-in-law Suzanne (Sheahan) Johnson, of Plymouth. He is also survived by many nieces and nephews, and by his Leonberger dog, Harley.

Funeral Services will be private. Funeral Arrangements under the care of Hamel-Lydon Chapel, Quincy.

In lieu of flowers, donations may be made to the Quincy Animal Shelter, 440R East Squantum St., Quincy, MA 02171. For online condolences, please visit www.hamellydon.com.

Ruth A. Briggs

Ruth A (MacArthur) Briggs, of Hingham, died peacefully surrounded by her family on Thursday, Sept. 7, 2023, at Sunrise of Cohasset.

Ruth was born in Quincy on April 23, 1929, and was the daughter of the late Harvey and Mildred (Saxild) MacArthur. Ruth's family meant the world to her. She was the beloved wife of the late Karl Briggs. Ruth is survived by her children: K Douglas Briggs (Claudia Sorgi), Steven Briggs (Michelle), and Nancy Reynolds (Bill). She was the loving grandmother of Nelson Briggs (Katrina Wigzell), Cecilia Briggs (James Moran), Colin Briggs, Evan Briggs, Katie Dillon (Bobby), Sarah Reynolds, and John Reynolds. She is also survived by three great grandchildren with one on the way. Ruth was the sister of the late Constance Thompson (Bud).

Ruth grew up in Braintree and attended Thayer Academy. She attended Tufts University where she met her husband, Karl. After graduating she became a Braintree elementary school teacher. Ruth took time off

RUTH A. BRIGGS

from teaching and raised her children in Hingham. When her children were older she obtained a master's degree in special education and at the age of forty-six returned to teaching in Hingham.

Ruth touched many people's lives with her kindness, generosity and warm-heartedness and will be missed very much.

Her hobbies included reading, skiing, golfing and knitting. She enjoyed gardening at her home in Hingham and New London, New Hampshire. She loved to travel and even had the opportunity to join the Garden Club and St. John's Church on a special trip to St. John's sister parish in Hingham, England.

Ruth volunteered for many organizations, including the South Shore Hospital, Road to Recovery, Wellspring, Meals on Wheels and St. John's Church. You could find her at the South Shore Hospital gift shop on most Thursday afternoons.

Ruth's family would like to thank all the Home Instead caregivers for all the love and support they showed her and also Pat who cared for both Ruth and her husband Karl during their last years.

Visiting hours are private.

Relatives and friends are respectfully invited to attend Ruth's funeral service on Thursday, Sept. 14, 2023, at 10:30 a.m. at St. John's the Evangelist Church, 172 Main St., Hingham, MA 02043.

Ruth will be interred privately at St. John's at a later date.

In lieu of flowers memorial contributions may be made in Ruth's name to the Multiple Sclerosis Association https://www.nationalmssociety.org/ or Wellspring https://wellspringmultiservice.org/.

See www.Keohane.com for online condolences and directions.

Gerald M. Cawley, 90

Gerald M. (Jerry) Cawley, longtime resident of Quincy, formerly of Roslindale and West Roxbury, passed away peacefully in his home on Sept. 5, 2023, at the age of 90.

He was born in Boston to the late Michael and Delia Cawley (Conway). Jerry grew up in Roslindale and graduated from Boston English High School. After graduating, he enlisted in the Marine Corps under the 1st Marine Division during the Korean War. His Service Decorations include a Purple Heart for being wounded in action twice.

When he returned from active duty, Jerry went to work for the US Postal Service and enrolled in college and earned his bachelor's at BC. He later received his

GERALD M. CAWLEY

master's from URI. Jerry worked with the Defense Logistics Agency for over 35 years and retired as the Boston Region Deputy Director. He would frequently say how lucky he was that he had loved every job he ever had.

In his spare time, Jerry was an avid photographer and enjoyed the editing aspect as much as shooting the photos. He lived right on the water and enjoyed countless walks along Wollaston Beach and when he wasn't up for the walk a simple cup of coffee by the water would do. He was quiet, reserved but well-liked by those that knew him.

Beloved husband of the late Margaret "Peg" Cawley (Leary, Moylan).

He was also predeceased by his first wife, Carol Cawley (Vannini).

Survived by his two children, Nancy Cawley of Quincy, and Robert Cawley and his wife Louise of Walpole. Proud grandfather of Rachael Webber, Robert Cawley and his wife Kathryn, Carolyn Cawley and James Cawley, and loving great-grandfather of Adeline Cawley. Also survived by many cherished nieces, nephews, cousins, and dear friends.

Visiting hours were held Monday, Sept. 11th, in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service was held in the funeral home on Tuesday, Sept. 12th prior to the Funeral Mass in St. Ann's Church, Quincy. Private interment followed.

Jerry was so happy to be able to live out his life independently at home.

To help other less fortunate elders remain comfortable in their homes please consider a donation to the South Shore Elder Services Special Needs Fund, 350 Granite St., Suite 2303, Braintree, MA, 02184. https://sselder.org/donations/special-needs-fund/.

Please see www.Keohane.com for directions and online condolences.

Frederica L. Campbell, 91

Frederica L. Campbell (Birt) of Milton passed away on Sept. 8th, 2023 at 91 years old.

Daughter of the late Rubin L. Birt and Pearl (Alward) Birt. Wife of the late Daniel J. Campbell. Sister of the late Paul Birt. Survived by a sister, Ruth Barnett, a nephew Ronald Barnett, a niece Cindy Sabia and a niece in law Teresa Barnett all of Florida. Also survived by three nephews, David, Darrel, and Donald all of California and her beloved furry friend Finnegan. She was the beloved long-time friend of Muriel Wood who was taken in by her family many years ago and regarded as her sister. She also leaves behind her dear friend Dee Whalen and several of the

FREDERICA L. CAMPBELL

Evangelista family and her many wonderful friends at Fuller Village, her home for eighteen years.

Freddie worked for many years at the Alfred D. Thomas Funeral Home.

Please, in lieu of flowers, make a donation to a charity of your choice.

Honor Your Loved One's Memory With Flowers

cliffords.com
1.800.441.8884

PLEASE RECYCLE THIS NEWSPAPER

Edward W. Kenney, 70

Edward W. Kenney, age 70, a native of Houghs Neck, Quincy, passed away peacefully on Tuesday, Sept. 5, 2023, after battling neurological problems for many years. He was affectionately known as "Eddie".

Born to Edward P. and Mildred Kemp Kenney, Eddie graduated from Quincy High/ Vocational School with plans to pursue a career in plumbing. He worked for several plumbing companies before finding pride and contentment as a plumber for the Commonwealth of Massachusetts court system. He was known for generosity, often assisting friends and family with plumbing projects.

After retiring, Eddie and his wife Cathy moved to Florida. Following Cathy's passing in 2019, Eddie returned to Quincy, where he spent his remaining years.

In his leisure time, Eddie was highly active. When he wasn't helping loved ones, he enjoyed frequent trips to his favorite destination, Vermont, for downhill skiing. During the summer, he relished

EDWARD W. KENNEY

diving for lobsters with his buddy DJ Davis and playing golf with his brother Mike and friends. Eddie was a passionate sports fan, avidly following Boston teams, usually with his brothers and friends, while enjoying his favorite brew!

Eddie possessed an infectious sense of humor and a generous spirit that could light up a room. He was a great friend, an even better brother, and an exceptionally hard worker. All those who had the pleasure of knowing him will deeply feel his absence.

Eddie was the beloved husband of the late Catherine "Cathy" Tuffy Kenney, whom he married in 1978. He was the loving father of Patrick Kenney, a native of Brockton. Eddie was also the cherished brother of the late Michael "Mike" Kenney, survived by his wife Louise of Rutland, VT, and Richard "Dick" Kenney, and his partner Lisa Bois of Houghs Neck, Quincy, and Patricia "Patty" Lambert and her late husband Kevin of Wallingford, VT. He was also a loving brother-in-law to James Tuffy, his wife Kathy, sister-in-law Elaine Lantz, and Colleen Peterson and her husband Walter. Numerous nieces, nephews, and cousins also survive Eddie.

Relatives and friends are respectfully invited to attend the graveside service on Saturday, Sept. 30th, at 10 a.m. at Pine Hill Cemetery in Quincy. In lieu of flowers, contributions may be made in his name to the Massachusetts Humane Society, P.O. Box 850177 Braintree, MA 02185-0177.

Arrangements are under the direction of Keohane Funeral Home, Quincy.

Dr. Elizabeth A. Bostrom

Dr. Elizabeth A. Bostrom, known affectionately by all as Betty, passed away on Aug. 22, 2023, in Quincy, Massachusetts. Family, friends, and educators gathered to honor and bid farewell to a beloved woman that made a difference in the lives of many.

Betty dedicated her life to the pursuit of knowledge and wisdom. At 17, she joined the Sisters of St. Joseph, where she served faithfully for over 20 years. After earning both bachelor's and master's degrees, Betty's lifelong thirst for knowledge led her to UMass Amherst, where she earned her doctorate degree, a testament to her belief in and commitment to education.

Betty's Quincy Public School experience was as impressive as it was extensive. She taught at Wollaston Elementary for over 15 years, shaping young minds with her wisdom and love for learning. Her leadership qualities shone when she served as Vice Principal at Central Middle School and Principal at Wollaston Elementary School until her retirement in 2004. Even in retirement,

DR. ELIZABETH A. BOSTROM

Betty continued to contribute to the field of education, lecturing at UMass Boston.

Betty's life was not just about work and academics. She was a woman who loved life and enjoyed it to the fullest. She loved to read, travel, and shop, discovering new worlds in the pages of books, exploring different places, and finding joy in the simple act of shopping. But more than anything, she loved spending time with her family and friends. Her love for children was evident in her chosen profession, and she found immense joy in teaching, in guiding young minds, and in nurturing their potential.

To paraphrase a southern preacher, Betty was a woman who walked in grace, lived in faith, and departed in victory. She was a woman who loved deeply, lived fully, and taught passionately. She was a woman who, in her life and work, embodied the words of Proverbs 31:26, "She opens her mouth with wisdom, and the teaching of kindness is on her tongue."

Betty's life was a testament to her faith, her love for education, and her dedication to her family. She was a woman of substance, a woman of wisdom, and a woman of faith. Her life was a beacon of light that illuminated the path for many, and her legacy will continue to shine brightly in the hearts and minds of those she touched.

Betty has now joined the heavenly choir, where we believe she continues to teach and inspire -her spirit free and unbound, her joy complete, her peace tranquil. Dr. Elizabeth A. Bostrom, our dear friend and colleague, will remain forever in our hearts.

Michael J. Grogan, 68

Michael Joseph Grogan of Quincy passed away on Wednesday, Sept. 6, 2023, at the age of 68. Michael was born, raised, and educated in Quincy.

Michael was the beloved son of the late Edmund T. and Sarah D. (McDonough) Grogan of Quincy; dear brother of Edmund Grogan and wife, the late Virginia Grogan of Quincy, the late Kathleen Grogan of Quincy, Mary Ellen Grogan of Quincy, Noreen Grogan of Litchfield, Connecticut, Kevin Grogan and his wife K.C. Grogan of Quincy, and Sara Capaccioli and husband, the late Steven Capaccioli of Hanson; Michael is also survived by his nieces and nephews, Erin Grogan, Patrick Grogan and his wife Leyna Grogan, Kathryn Reardon and her husband Blake Reardon, Andrew Reitenbach, Matthew Grogan and his wife Lindsay Grogan, Karley Morrissey and her husband Jonathan Morrissey, Devin Hunt and her husband Kenny Hunt, Sarah Ranahan and her husband Christopher Ranahan, and Meaghan Cogswell and her husband Joshua Cogswell.

Michael was an avid New England sports fan and attended Red Sox games at Fenway Park and Bruins games at the Boston Garden with his father and brothers. A natural athlete, he played ice hockey and enjoyed skating at St. Moritz pond and Shea Rink in West Quincy, and skiing at Big Blue. Summering with his family in Duxbury, Michael enjoyed swimming in the ocean at Powder Point beach. He relished spending time with his loving parents and siblings, especially holidays and birthdays. A deeply religious man, Michael maintained his Roman Catholic faith throughout his life. Michael will be remembered most for his keen knowledge of sports, his love of war movies and his kindness.

Family and friends are invited to visiting hours on Friday, Sept. 15th at 8:30 a.m. at the Dennis Sweeney Funeral Home, 74 Elm St., Quincy Center. At 10:30 a.m. there will be a Funeral Mass at St. Mary's Church, Quincy.

In lieu of flowers, donations may be made in Michael's name to the National Alliance on Mental Illness at https://www.nami.org/Homenami.com.

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

PUBLIC NOTICE

TREE HEARING
September 28, 2023
Quincy Parks and Recreation Meeting Room
One Merrymount Parkway
12:00pm

Location of Tree	DBH	Type of Tree
12 Conrad Street	14"	Red Maple

Please note that you do not need to attend the Tree Hearing to be heard. If you cannot attend but are for or object to the removal of any of the tree listed and want your thoughts to become public record, please email the Tree Warden at dcathcart@quincyma.gov. Your concerns will be read into the public record at the hearing. Your email must be received by 4:00 pm on September 27, 2023.

If you have any questions, feel free to contact Daniel Cathcart at the email listed above or at 617-376-1289.

9/14/23, 9/21/23

Carol A. Bangs, 91

Carol Ann Bangs, 91, of Kingston (formerly of Quincy), passed away peacefully at Wingate Living, Kingston MA on Monday, Sept. 4th. Carol was the widow of her late beloved husband, Francis R. Bangs.

Born in Quincy, Carol attended North Quincy High School. Last in a family of three brothers, Carol was a strong-willed, engaging and outgoing woman. With her warm smile and compassionate manner, she acquired many friendships throughout her life, including her caregivers in later years. Upon graduation, Carol was employed by New England Telephone as a long-distance operator and union steward and would eventually retire from Verizon.

Carol's life passion was her children and each child's individual success. Upon

CAROL A. BANGS

marriage, she stopped working temporarily to raise her children and support her grandchildren. Carol was every child's coach, cheerleader and best friend. She especially loved family time spent at the beach with her lifelong love of the ocean. Summertime always meant meeting up at "Nana's" beach (Plymouth) or on annual family vacations to Cape Cod.

Upon retirement, a lifelong learner, Carol enjoyed reading (especially history!), visiting museums, and traveling with family and friends. She would journey to Florida, Aruba, Washington DC, France and Hawaii. In her final years, even while memory-impaired, she still was able to read given her strong intellect.

Carol was predeceased by her parents, Thomas and Theresa, and three brothers, Richard, Robert, and John (Jack) Wilkinson.

Carol is survived by her six children: Frances (Mark) Abraham of Plymouth, Jacquelyn (Roy) Butler of East Longmeadow, Theresa (John) Mariano of Pembroke, Frank Bangs of West Palm Beach, Joseph Bangs of Plainville, and John (Patty) Bangs of Stoughton. She is also survived by seven grandchildren: Danielle (Jeff) McCusker, Matthew Mariano, Lauren Mariano, Kyle Bangs, Evan Bangs, Stephen Bangs and Zofia Bangs, and many nieces and nephews.

The family extends its sincerest gratitude to the entire Nursing and Activities staff of Elmwood Unit- Wingate Living for their professional and loving care provided to Carol over the last five years.

Visiting hours and a funeral service were held Saturday, Sept. 9th, in the Keohane Funeral Home, 785 Hancock St., Quincy. Interment was at Blue Hills Cemetery. In lieu of flowers, please donate to the Alzheimer's Association, 225 N. Michigan Ave., Fl. 17, Chicago, IL 60601 or the charity of your choice. Please see www.Keohane.com for directions and online condolences.

Karen J. Douglas, 76

Karen Joan Douglas, 76, of Sagamore Beach, MA, passed away peacefully at home Sept. 4 following a brief battle with cancer.

She is survived by her husband, George Douglas, her two beloved sons, George and Brian and her three grandchildren Abigail, Anna and James Douglas.

Karen devoted much of her spare time to promoting canine rescues and advocacy for the humane treatment of animals. She will be remembered fondly by those who knew her for her many talents, such as her tasteful knack for holiday decorating, her amazing crafts and her paintings.

Our grief is assuaged in

KAREN J. DOUGLAS

knowing she lived with strong faith in Jesus Christ. We rest assured she is now in the loving care of our Lord and we'll all be reunited with her again one day in His kingdom that shall know no end!

Quincy Schools Mural-Size Canvases Exhibit At QArts Gallery

Students from Quincy schools celebrate their year in art. Organized and created by the art teachers and their students, the project was facilitated by Larry Taglieri, Director of Academic Programs, and Sarah Reichel, Art Department Head, both of Quincy Public Schools.

This is the first of a three-year "Celebrate Quincy" art project, conceived by Quincy residents Jessica Davis-Myers and Dan Myers, both former teachers. It's their contribution to Mayor Koch's extensive preparations for the 400th Anniversary of Quincy's founding, coming up in 2025.

"We felt that the young people of our city would enjoy taking part in the celebration in each of the 3 years leading to the quadricentennial through their art. We are proud to say that the students and teachers more than met our expectations."

Participating schools include Quincy High School and North Quincy High School. The Atlantic Middle School; Broad Meadows Middle School; Central Middle School; Point Webster Middle School; and South West Middle School. Atherton Hough Elementary School; Beechwood Knoll Elementary School; Charles A Bernazzani Elementary School; Lincoln Hancock Community School; Clifford Marshall Elementary School; Merrymount Elementary School; and Montclair Elementary School. The Francis W Parker Elementary School; Snug Harbor Community School; Squantum Elementary School; and Wollaston Elementary School. The Adams Montessori, and the Woodward School for Girls.

Come by and see the creative artwork of hundreds of students of all ages and dozens of hardworking and dedicated art teachers in the city. This project will continue in 2024 and 2025 and it will bring more participation in the City's celebration by showcasing Quincy's young artists.

A reception will be held Saturday, Sept. 23, from 2 to 4 p.m. at the QArts Gallery, 1229 Hancock St., Quincy. This is a free event and the public welcome. The gallery is handicap accessible.

Always available for browsing or finding that one-of-a-kind gift, our talented vendor members offer original works and matted

Cont'd On Page 25

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO23P1704EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Evelyn Ann Crocker
Also known as:
Evelyn Fitzgerald
Date of Death:
02/27/2023

To all interested persons:

A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **James M. Fitzgerald** of **Hingham, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **James M. Fitzgerald** of **Hingham, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 09/27/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 22, 2023
COLLEEN M. BRIERLEY
Register of Probate

9/14/22

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO23P2191EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Daxiao Lin
Date of Death:
04/20/2023

To all interested persons:

A Petition for **Formal Adjudication of Intestacy and Appointment of Personal Representative** has been filed by **Xiuyun Wang** of **Quincy, MA** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: **Xiuyun Wang** of **Quincy, MA** be appointed as Personal Representative(s) of said estate to serve **Without Surety** on the bond in **unsupervised administration**.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/04/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 28, 2023
COLLEEN M. BRIERLEY
Register of Probate

9/14/23

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL APPOINTMENT OF SUCCESSOR PERSONAL REPRESENTATIVE
Docket No. NO21P2801EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Vincent Paul Zagami
Also known as:
Vincent P. Zagami
Date of Death:
09/30/2021

To all interested persons:

A Petition has been filed by: **Judith Zagami** of **Quincy, MA** requesting that the Court enter a formal Decree and Order that

Judith Zagami of **Quincy, MA** be appointed as Successor Personal Representative(s) of said estate to serve **Without Surety** on the bond and for such other relief as requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on 09/27/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an Affidavit of Objections within thirty (30) days of the return date, action may be taken without further notice to you.

The estate is being administered under formal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but recipients are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 23, 2023
COLLEEN M. BRIERLEY
Register of Probate

9/14/23

LEGAL NOTICE

CITATION ON PETITION FOR FORMAL ADJUDICATION
Docket No. NO23P2009EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Russell Michael D'Angelo, Jr.
Also known as:
Russell M. D'Angelo, Jr.
Date of Death:
08/18/2013

A Petition for **Late and Limited Formal Testacy and/or Appointment** has been filed by **Maria E. Worley** of **Flanders, NJ** requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 A.M. on the return day of 10/04/2023. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: August 28, 2023
COLLEEN M. BRIERLEY
Register of Probate

9/14/23

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE
Docket No. NO23P2075EA
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:
Patricia M. Meehan
Date of Death:
April 13, 2022

To all persons interested in the above captioned estate, by Petition of:

Petitioner **Joanne McGroaty** of **Quincy, MA**

a Will has been admitted to informal probate.

Joanne McGroaty of **Quincy, MA** has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

9/14/23

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS
The Trial Court
Probate and Family Court Department

Summons By Publication

SUFFOLK Division
Docket Number:
SU23W0280WD

Vanessa Nguyen, Plaintiff(s)
vs.
Son Le Pham, Defendant(s)

To the above-named Defendant(s) Son Le Pham,

A Complaint has been presented to this Court by the Plaintiff Vanessa Nguyen, seeking a Complaint to Establish Paternity.

You are required to serve upon *Vanessa Nguyen, whose address is 59 Linden Street, Dorchester, MA 02122* your answer on or before 10/3/2023.

If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer in the office of the Register of this Court at 24 New Chardon Street, Boston, MA 02114

Witness, **Brian J. Dunn,** Esquire, First Judge of said Court, this 2nd day of August 2023.

9/14/23

Legal Notices for Publication

Should be emailed to:

quincysunsubs@gmail.com
or thequincysun@verizon.net

Need more information?

Call ***617-471-3100***

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS
CASE NO. ZBA-23-53

Pursuant to the provisions of the Quincy Zoning Ordinance of the **Quincy Zoning Board of Appeals** as amended, an **Open Public Hearing** will be held on **Tuesday, September 26, 2023** at **6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169, on the application of Dennis Coldwell Architects for a Variance to construct a new one vehicle garage in violation of the Quincy Zoning Ordinance, Sections 4.1.1 Dimensional Regulations (Conformance), on the premises numbered 131 BUNKER HILL LANE, QUINCY.

Plans and specifications may be viewed online at https://quincyma.viewpointcloud.com/categories/1083/record-types/6468.

Martin Aikens, Chairman

9/7/23, 9/14/23

22 Years Later, 9-11 Remembered

Cont'd From Page 18

Lynch, who also spoke at the ceremony, noted he was elected to Congress in a special election held on Sept. 11, 2001, and was soon assigned to the House's oversight committee, which reviewed the events of that day. He recalled listening to radio transmissions made by first responders at the World Trade Center who knew they might not survive.

"Think about walking up 82 floors of stairs on a good day," Lynch said. "You could hear in the background the din and the cacophony of them carrying equipment – saws, axes, oxygen tanks – and trying to help people down.

"And they knew. They knew. There were discussions that we heard from firefighters even before they went up – I think it was Engine 6, lower Manhattan – two firefighters talking and one of them saying 'I don't know if we're going to come out of this one.' And yet they went in. They went in."

Lynch said it was important to remember that Quincy's first responders are prepared to make the same sacrifice today that New York's first responders made 22 years ago.

"I think the greatest way to honor 9/11 is to realize and remember that the men and women around us today – the firefighters, police, EMS – they shoulder that same responsibility," the congressman said.

"Those firefighters that showed up that morning and those police officers and emergency medical technicians who showed up that morning suited up and got their equipment like every other day. They assumed the responsibility that these firefighters, these police officers and these emergency medical technicians do as well. And their families – their families – assume that risk.

"The best way for us to honor 9/11 is to honor our firefighters and our police and our EMS today, our first responders today, and realize the risk that they assume and their families assume so they can keep us save. We should remember that, because at any moment any of these men and women could be asked to make that sacrifice and we should cherish their willingness to do that."

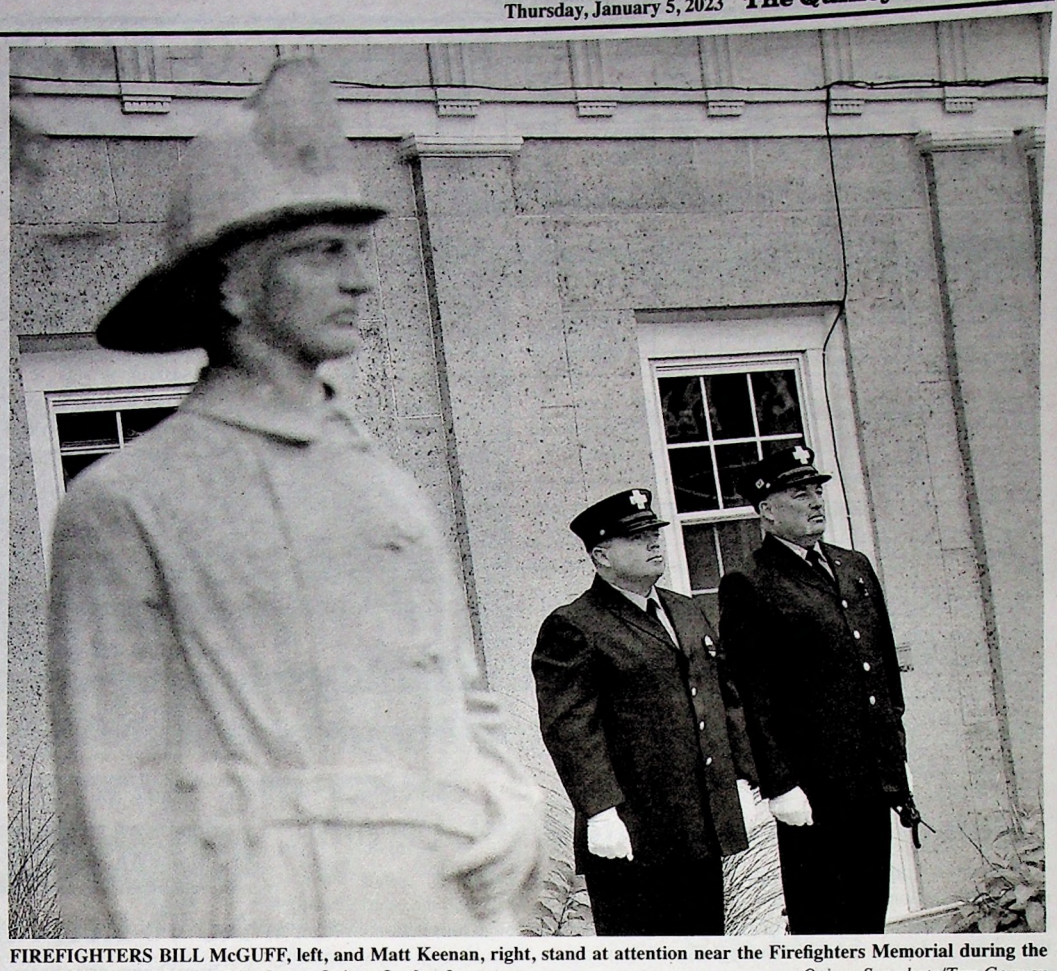
"Quincy has a wonderful history of service," Lynch added, "not only in our military but also public service in the police and the fire. So, we honor that legacy."

During his remarks, Lynch a South Boston Democrat, said he wished the country would be united once again like it was in the wake of the attacks.

"The mayor touched on something very, very important as well about unity in our country. One of the best things to remember about 9/11 was when arrived in Washington, we were all together, Republicans and Democrats. It was one team, one fight. Figure out how this happened, figure out how to make America stronger so that it never happens again, and do what's right for the American people," Lynch said.

"I miss that unity – there's great divisions now in Washington – we need to get back to that. We need to see each other as brothers and sisters and as fellow Americans. We need to put the division behind us and realize that whatever challenges come before us, we face them best with the greatest amount of power and firmness when we are united.

"When we're united, no one can defeat us here in the United States. We've got to remember that."



FIREFIGHTERS BILL McGUFF, left, and Matt Keenan, right, stand at attention near the Firefighters Memorial during the annual 9/11 remembrance Monday at Quincy fire headquarters. *Quincy Sun photo/Tom Gorman*

Quincy Schools Mural-Size Canvases Exhibit At The QArts Gallery

Cont'd From Page 24

prints, hand-made jewelry, stunning ceramics, note cards, and other locally made items for purchase.

Thank you to The City of Quincy, Mass Cultural Council, The Janet Burke Mann Foundation, Granite City Electric Supply Company/WAC Lighting, Quirk Auto Dealerships, Dream Realty, Foxrock Properties, Eastern Bank, Northeast Community Bank, Colonial Federal Savings Bank, Altrusa, and Wollaston Wine & Spirits, for their support.

Gallery Hours: Saturday and Sunday noon to 5 p.m. Pop-up hours may occur Thursday and Friday, 2-5 p.m. depending on volunteer availability.

The QArts Gallery is managed and operated by volunteer members of the Quincy Art Association.

The QArts Gallery is located at 1229 Hancock St., Quincy, (across from Quincy College). Email: info@quincyartma.org.

For more information about the gallery, classes, events, and other news, visit www.quincyartma.org.

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Hear from the Candidates on this year's ballot

Mayor, Ward & At Large Councilors, School Committee

Watch for the broadcasts on Quincy Access TV, Channel 8
www.qatv.org

Election Day is November 7th, 2023

Thank You and let your voice be heard. Vote!

READERS FORUM - MORE PAGE 26, 34

Patterns In Our Leadership In Quincy

Boston and many others suggest rebuilding the Long Island Bridge to regain vehicular access to a site previously used as a homeless shelter and to expand it to care for those effected by the opioid epidemic. I can't say that I know what is best to do about the addiction crisis, or how to consider fully the impact of traffic on the streets of Squantum.

What I can say is how deeply disappointing it is to read two feature articles in our paper where Mayor Koch is quoted extensively about this project - his opposition, of course - and fails to speak to the crisis at hand: that fellow humans in our region are in need of care, nurturing, and space to heal. What a missed opportunity to show compassion for those in need.

Additionally deplorable is the mention of Native burial grounds as a deterrent to rebuilding the bridge. To be clear, I am 1000% for honoring First People and look forward to our local government making authentic calls for preserving, honoring, or returning lands to those from whom it was stolen. But this....

Am I alone in feeling offended that our mayor and Councillor Harris would claim native burial lands as what might be actually motivating them to oppose the bridge rebuild? Where else in our great city are native lands they mention, let alone honor, or - ahem - oppose development on? (Must not be any First People heritage sites at the Quarry Hills/ Granite Links Golf Course!) I'm new here, but all the hubbub I hear is about old white generals and presidents. Lone Sailors facing inland on convenient lands now owned by developers. If I have missed the ongoing care and work the city is doing to honor First-People please enlighten me.

There is a theme. In the 8/17 issue of this paper the mayor comes out as "eying" the support of up to 58 immigrant and homeless families at Eastern Nazarene College. First of all - good on you ENC for applying to the program. I am proud to live near your campus and welcome those in need to our community. Unfortunately the mayor came across as devoid of compassion in the write-up.

The article (and his quotes) paint him entirely suspicious of the program. At no point is there any mention of the humanity at stake here - the need for housing, the crisis that many cities globally are shouldering, or how - gasp - Quincy might be PROUD to do its part. Oh wait - it's actually a non-profit college doing its part in a state-sponsored program.

To be fair, I do appreciate some of the questions raised by the mayor, and knowing what impact a sudden influx of residents might have is prudent - how it can impact services, education etc. But why not also look at how we can aid our new neighbors while they might brighten our lives, expand our community, contribute to our diversity - rather than meeting their arrival with cold vibes and suspicion.

This mayor assures us it's "a short term arrangement between the college and the state" - way to make sure your hands are clean of this good deed Mr. Mayor!

Mayor Koch is making his case that he is pro-developer and anti-compassion again and again. I want to believe he is better than that, and I know that we, collectively are. I am choosing to envision a city that embraces diversity of demographics and ideas, compassion and inclusion, and careful planning for a future that is as environmentally sensitive as possible.

Ryan Edwards
Quincy

MSTCA Relays, Highland Park Attleboro 3 person teams, plus some individuals							
	1.5 miles		1.5 miles		1.6 miles	Total Time	Place/Teams
COED GIRLS-BOY-GIRL							
Salma Boukhtam	9:49	Kyle Clements	8:53	Aiuna Coogan-Coyne	9:48	28:34:00	4/35
COED BOY-GIRL-BOY							
Patrick Lee	10:03	Grace Cody	12:17	David Schmidt	8:59		16/42
FRESHMAN-SOPHOMORE BOYS							
Wilson Chen	10:24	Tyler Sharkey	10:25	Jayden Anderson	10:06	30:55:00	24/63
Carter Bishop	10:29	Jonathan Zhou	10:39	Nick Lam	13:03	34:11:00	44/63
Warrick Quon	10:55	Arpon Chowdury	12:39	Yilan Yan	11:33	35:08:00	46/63
Patrick Clifford	13:15	Kieran Feldman	12:26	Jakub Wilson	12:54	38:45:00	57/63
FRESHMAN-SOPHOMORE GIRLS							
Amelija Slezas	12:52	Caroline Zuffante	12:30	Zoe Nelson	12:19	37:41:00	20/50
Michelle Chen	14:00	Esther Lee	14:30	Guiliana Wilkinson	12:00	40:33:00	30/50
Isabel Hagstrom	17:02	Sophia Hagstrom	15:51	Emily Dai	12:45	45:38:00	42/50
JUNIOR-SENIOR BOYS							
Ryan Aitsaid	9:10	Nathan Feldman	9:50	Matt Hollatz	9:40	28:40:00	28/64
JUNIOR-SENIOR GIRLS							
Alexandra Guia	13:14	Tiffany Wang	13:12	Charlotte McConville	12:20	38:46:00	40/52

INDIVIDUALS	1.5 miles
William Huang	10:32
Jayden Zhou	11:04
James Walsh	13:15
Derek Zhu	13:49
Jomanna Kmial	16:16
Lyla Johnson	17:04

Quincy-North Quincy Cross Country Results

Quincy Seniors Sail Into BABL Playoffs

In the 52+ Colford Division of the Boston Amateur Baseball League (BABL), the Quincy Fours closed out its regular season with a 10-0 shutout against the Hyde Park Pirates to earn a second place playoff berth behind the defending champions Braintree Cardinals.

Behind stout defense, Chris Pugsley pitched four strong innings, and John Comeau and Jim Keenan followed in relief to secure Quincy's seventh win in a row. Catchers Pat Arnold and Ed Cameron split the duties behind plate.

On offense, triples by Ed Duff and Tim Baker sparked the 3rd inning rally with two RBIs apiece. Larry Tag, Rich Sexton, Steve DeMarais, Marc Firenze, and 20-year veteran Joe Keough also delivered key hits for Quincy's first winning record in the Colford Division at 11-5. In a one and done first round, Quincy will host the Pirates again this Wednesday (Sept. 13) at 7:30 p.m. at Adams Field.

https://www.leagueline-up.com/standings_baseball.asp?url=babl03

Thank you, St. Jude, for a dear favor granted. I am humbled by your hope.

CRD

Q, NQ Win Football Openers

The Quincy High School Presidents and North Quincy High School Raiders will play their home openers this week fresh off first-game wins on the road last Friday night.

Quincy kicked off its 2023 campaign with a 34-13 win over Archbishop Williams in Braintree Sept. 8.

The Presidents will host Concord Carlisle tonight (Thursday) at 6:30 p.m. at Veterans' Memorial Stadium.

North Quincy High School also started their 2023 season with a road victory defeating Oliver Ames 35-6. The Raiders will host Braintree Friday, Sept. 15 at 7 p.m. at Veterans' Memorial Stadium.

In their win over Oliver Ames, junior quarterback Mikey Galligan threw for 250 yards (7 of 9) including three touchdowns. Galligan also rushed for another score.

Senior Enhea Panariti caught an 18-yard touchdown reception and had an interception. Junior Cam Sampson had three receptions for 159 yards including a 41-yard touchdown.

The rest of the Quincy Presidents' football season schedule:

Friday, Sept. 22 – at Westwood, 7 p.m.; Friday, Sept. 29 at Braintree, 6 p.m.; Saturday, Oct. 7 home versus Pembroke, 6 p.m., Veterans' Memorial Stadium; Friday, Oct. 13 – at Hanover, 7 p.m.; Saturday, Oct. 21 home versus Plymouth South, noon, Veterans' Memorial Stadium and Friday, Oct. 27 at Scituate, 7 p.m.

Weeks 9 and 10 will be determined (MIAA Playoffs) and Presidents will play North Quincy on Thanksgiving Day morning, Thursday, Nov. 23 – 10 a.m. kick-off.

The rest of the North Quincy Raiders' football schedule:

Friday, Sept. 22 at Malden Catholic, 6 p.m.; Friday, Sept. 29 home versus Cohasset, 7 p.m., Veterans Memorial Stadium; Thursday, Oct. 5 at Plymouth South, 6 p.m.; Friday, Oct. 13 at Pembroke, 7 p.m.; Friday, Oct. 20 home versus Scituate, 7 p.m., Veterans Memorial Stadium; Friday, Oct. 27 home versus Hanover, 7 p.m., Veterans' Memorial Stadium.

Weeks 9 and 10 will be determined (MIAA Playoffs) and the Raiders will play Quincy on Thanksgiving Day morning, Thursday, Nov. 23 – 10 a.m. kick-off.

READERS FORUM - MORE PAGE 34

No To Recreational Marijuana Dispensary

West Quincy already has a Medical Marijuana Dispensary. Now they want to put another dispensary on a heavily traveled street that backs up at 'Rush Hour' (hours?).

It's also across from residential housing and a park (which you know will end up being a pot smoking zone, and unusable to the public).

The final insult is that a very large elementary school and another large feature City Park is just down the street.

This area does not need a dispensary added to the several 'Smoke Shops' at both ends of the street where this is proposed

If the 'Pot Heads" want to get high, let them stand at the corner of Washington St. and Southern Artery while the light is red or walk around outside the public library (so much for smoking only in your person residence).

How can we as a society condone smoking Pot and Vaping, while making tobacco a stigma? Smoke is smoke. Tobacco makes people sick, Pot makes people sick and dumb.

Where are our Councilors on this? The silence is deafening. Funny how 'Big Money Ventures' seem to quiet down opposition.

Do not allow this dispensary in this neighborhood and community.

Thanks.

Robert Romeri
Quincy

Not All Quincy Parks Are Treated Equally

The Hancock Adams Common is a beautiful park that is enjoyed by many folks. As it is Mayor Koch's pride and joy (and his office looks down on half of it) it is maintained in its pristine condition by a designated crew that keeps it clean daily.

Alas, such scrupulous attention is not paid to most of the parks in Quincy. Kincaide Park was opened in July 2020 in West Quincy. The ambitious project cost $6.1 million. It has a sophisticated design with a 5-acre system of Rain Gardens to manage water runoff & mitigate flooding. If ever there was a maintenance Plan, there is no sign of it: each Rain Garden is now over-run with invasive weeds.

Passanegeset Park was opened in 2015 after 103 acres of the Broad Meadows tidal salt marshes were restored by the Army Corps of Engineers. Winding through this "passive" park are 1.3 miles of wide gravel walks through acres of upland meadow. These walks were promptly filled with weeds that persist. Starting in 2013, The History Girls of Broad Meadows Middle School worked with the Massachusett tribe and local officials to install four interpretive history markers describing the use of Passanegeset as the seasonal home of the Massachusett tribe for over 10,00 years. The Friends of Passanagesset have an ambitious plan to plant groves of trees and install seating. (Visit www.passanageset.org.) There is no public funding for a park that the City claims as its own under The Quincy Parks Conservancy. In 2020, two benches with shrubs and paving stones were installed on a rise close to the Quincy Youth Arena. Sadly, the area is so overgrown that a visitor cannot see it unless they know to look for it.

That politicians love to build things is an eternal truth. That municipalities fail to maintain them is a truism that is almost a national joke. Unfortunately, it is not a funny joke.

The story of the Mary Pratt Ball Field is the very worst local example of this phenomena. This city once dedicated a ball field at the Atlantic Middle School to celebrate Quincy Public Schools' beloved PhysEd teacher Mary Pratt who taught for 43 years. Ms. Pratt was a pioneering female athlete. She was a pitcher in the All-American Girls Professional Baseball League from 1943-47. It was right and proper that her career be honored by her adopted hometown. Eventually, the ball field was so neglected that Ms. Pratt laid down an ultimatum to the Parks Dept: "Clean it up or take my name plaque off the field." The Parks Dept. opted for the latter. To this day, there is no Mary Pratt Ball Field; however, though she was never a competitive pole sitter, one of four Light Towers at North Quincy High's Creedon Field is dedicated to her.

Finally, for the neighbors overlooking the new park at the former Beachcomber site, forewarned is forearmed. Those 2,000 native plants will not take care of themselves.

Claire Fitzmaurice
Calvin Road

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PERSONAL

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J.D. 11/16

Remember DON KUSSER

The Constitution: Then and Now

QATV

Remember:

GOD BLESS AMERICA

Constitution Day

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REMEMBER 9/14

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Love, FAL 9/14

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Vote Perdios for School Committee 9/14

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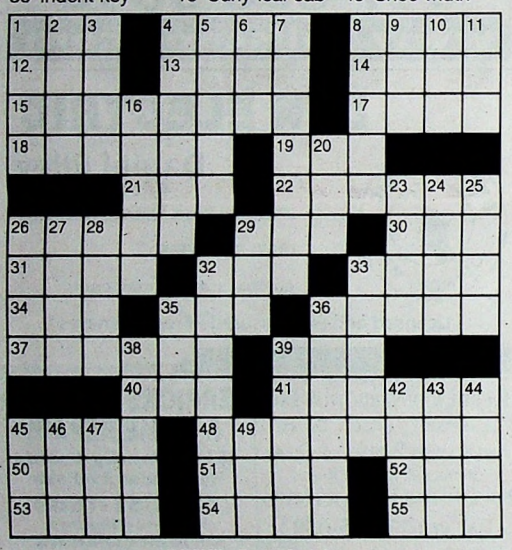
King Crossword

ACROSS
1 Stetson, e.g.
4 Big gulp
8 Miles away
12 Boxing legend
13 Galileo's birthplace
14 Tubular pasta
15 Comedy club razzers
17 Streetcar
18 Attack
19 Poem of praise
21 Old Ford model
22 Frenzied
26 Stupefies
29 AAA job
30 Archipelago unit (Abbr.)
31 Sacred bird of Egypt
32 Sushi fish
33 Nile queen, familiarly
34 Capitol Hill VIP
35 Passing craze
36 Sacred song
37 Browbeat
39 Indent key
40 Gallery display
41 High-flying battle
45 Rotate
48 Large land measures
50 Out of control
51 "Star Wars" royal
52 Sportscaster Cross
53 New Mexico resort
54 Bigfoot's cousin
55 Surpass

DOWN
1 "Funny!"
2 Hearty quaffs
3 Twitches
4 Divides
5 Brandish
6 Medit. nation
7 Hybrid fuel
8 Ancient Mexican
9 Tall tree
10 — loss
11 Brink
16 Curly-leaf cabbages
20 Morning moisture
23 Lean to one side
24 "Got it"
25 Coagulate
26 Plate
27 "... sting like —"
28 Galvanizing matter
29 Media mogul Turner
32 Terrestrial
33 Hooded snake
35 Supporting
36 Rum cocktail
38 Armored vehicles
39 Unspoken
42 Legal document
43 Aviation prefix
44 Answer an invite
45 Make lace
46 Hollywood's Thurman
47 Aussie hopper
49 Shoe width



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MAGIC MAZE ● NO REVERSE

I Y W T B R P M K I F D B Y W
U S E T U H C A R A P Q O M C
K W K A N G A R O O I F D B O
Z X A A G I N G Y W U S S Q A
O N L T E N J I H R T F U P S
E L O P E R I F V E O W D M T
C M A Y J R W D K I O T V U E
T S I Q U P F C D R D N S J R
L K I T M H O A R E F Y E I C
E N A L P R I A L B L Z K K H
Y W V U S R Q P N L M S L S J

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: AMUSEMENT PARK ROLLER —

Aging
Airplane
Arrow
Bungee jump
Emus
Fire pole
History
Kangaroo
Parachute
Rocket
Ski jump
Sky diving
Sledding
Time
Waterfall

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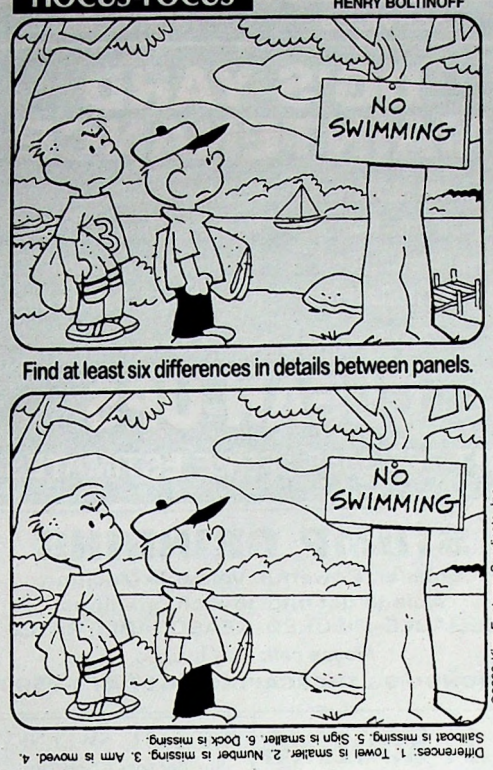
HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Towel is smaller. 2. Number is missing. 3. Arm is moved. 4. Sailboat is missing. 5. Sign is smaller. 6. Dock is missing.

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Trivia test by Fifi Rodriguez

1. U.S. STATES: Which state is home to a giant sequoia tree named General Sherman?

2. ANIMAL KINGDOM: Is a rhinoceros an herbivore, omnivore or carnivore?

3. GEOGRAPHY: Which city in India is home to the Taj Mahal?

4. MOVIES: What is the title of the first James Bond movie?

5. TELEVISION: What was the product featured in the first TV advertisement?

6. GENERAL KNOWLEDGE: Which French fashion designer is credited with inventing the Little Black Dress?

7. FOOD & DRINK: What does it mean to julienne vegetables?

8. GOVERNMENT: What does the acronym GDP stand for in economic terms?

9. LITERATURE: What is the cat's name in Shakespeare's "Macbeth"?

10. SCIENCE: Who is considered the father of the atomic bomb?

Answers
1. California, Sequoia National Park.
2. An herbivore, a plant eater.
3. Agra.
4. "Dr. No."
5. Bulova watch.
6. Coco Chanel.
7. Cut into short, thin strips.
8. Gross domestic product.
9. Grimalkin.
10. J. Robert Oppenheimer.

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2	7	3	8	7	3	8	7	3	2	4	8	2
A	N	P	M	O	R	A	R	O	P	V	K	P
7	6	2	8	3	7	4	3	4	3	6	4	6
A	N	L	E	N	I	A	O	R	U	O	I	T
2	8	6	8	2	4	6	4	8	3	4	5	4
A	A	E	C	U	E	M	T	H	N	Y	F	I
7	5	2	4	5	4	8	4	6	4	3	4	3
N	O	S	S	R	Y	I	O	P	U	C	R	E
5	8	5	8	4	3	5	3	6	3	8	3	6
T	L	U	D	S	D	N	L	T	O	H	V	A
8	5	3	2	8	2	8	6	2	5	8	5	2
A	E	E	E	P	F	P	T	O	I	Y	M	R
6	5	2	6	5	6	5	6	5	2	5	2	5
I	P	Y	O	R	N	O	S	V	O	E	U	S

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) With your Arian charm quotient at an almost all-time high this week, plus all the facts you have to back you up, you just might win over the last doubters of your proposal.

TAURUS (April 20 to May 20) You might be in line for that job change you applied for. But be advised that you could be called on to defend your qualifications against supporters of other applicants.

GEMINI (May 21 to June 20) Creating a new approach to an old idea is one way to get beyond that workplace impasse. There's no such problems in your personal life, though, as things continue to flow smoothly.

CANCER (June 21 to July 22) Be more forthcoming about your feelings concerning a proposed change either in your workplace or in your personal life. Your opinions are valuable. Don't keep them hidden.

LEO (July 23 to August 22) A changing situation in your life needs more patience than you appear to be willing to offer. Allowing it to develop at its own pace is the wisest course you can take at this time.

VIRGO (August 23 to September 22) With more stability in your life – both on personal and professional levels – this could be a good time to strengthen relationships with both friends and colleagues.

LIBRA (September 23 to October 22) People have always relied on your integrity not only to get a job done, but to get it done right. So don't be pressured by anyone into cutting corners to save time.

SCORPIO (October 23 to November 21) While others might get rattled over unexpected changes, your ability to adapt calmly and competently helps you make a positive impression during a crucial period.

SAGITTARIUS (November 22 to December 21) A changing environment might be daunting for some, but the adventurous Sagittarian takes it all in stride. A friend from the past could awaken some meaningful memories.

CAPRICORN (December 22 to January 19) With your self-assurance rising to full strength, the bold Goat should feel confident about opening up to new ventures as well as new relationships.

AQUARIUS (January 20 to February 18) Reaching out to someone who has been unkind to you might not be easy. But in the long run, it will prove to have been the right thing to do. A friend offers moral support.

PISCES (February 19 to March 20) Your keen insight once again helps you work through a seemingly insoluble problem in your workplace. The weekend offers a good chance to develop new relationships.

BORN THIS WEEK: You have a penchant for finding details that others would overlook. You would make a fine research scientist.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: **F** equals **W**

FZM FBA DZT NUBLH QTOOLT
ABUBK LH B NBSDLJWUBSUM
QWUHTSBRUT ADBDT?
RTJBWAT LD FBA WHKSTAATK.

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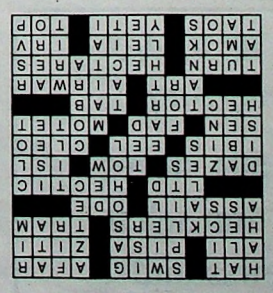
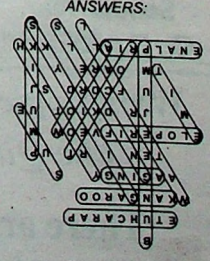
— King Crossword —
Answers
Solution time: 26 mins.



Magic Maze
ANSWERS:



CryptoQuip
answer
Why was the plain veggie salad in a particularly vulnerable state?
Because it was undressed.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD – Can you believe the stink made over Bradley Cooper wearing a prosthetic nose to play musical genius Leonard Bernstein? Critics went as far as to say it was antisemitic. Actually, the record has been set straight by Bernstein's children who said, "Dad used to wear his gigantic prosthetic nose practically 24/7; he had his day nose and his night nose that he would sleep in." Bernstein even told his children, "If anyone is ever to portray me, they absolutely must wear a fat honkin' fake schnoz."

The corker is Cooper wore one of Bernstein's actual "honkers" while filming *"Maestro,"* which had its world premiere at the Venice Film Festival on Sept. 2 and will be shown in theaters starting Nov. 22 before dropping via Netflix on Dec. 20.

***

Has ageism struck Superman? Henry Cavill (40) began playing Superman/Clark Kent in *"Man of Steel"* (2013), then *"Batman v Superman: Dawn of Justice"* (2016), *"Justice League"* (2017) and *"Black Adam"* (2022). But the new powers that be, led by James Gunn, have decided to go with a younger Superman/Clark Kent.

They've cast David Corenswet (30), best known for several Netflix series, including *"House of Cards," "The Politician"* and *"Hollywood."* Corenswet also has an upcoming role in Apple TV+'s *"Lady in the Lake,"* with Natalie Portman. Gunn offered, "Our story will be focusing on an earlier part of Superman's life." Lois Lane, formerly played by six-time Oscar nominee Amy Adams (49), will now be played by Rachel Brosnahan (33), *"The Marvelous Mrs. Maisel"* herself (for five seasons).

Many think they've made a big mistake by cutting Cavill, who is still the star of the Netflix series *"The Witcher"* (for three seasons). He is also the first-billed star of *"Argylle,"* starring Sam Rockwell, Bryce Dallas Howard, John Cena, Dua Lipa, Ariana DeBose, Bryan Cranston, Catherine O'Hara and Samuel L. Jackson. The film is scheduled to release in theaters on Feb. 2, 2024, and then on Apple TV+ at a later date. Finally, Cavill has one more action film coming up – *"The Ministry of Ungentlemanly Warfare,"* directed by Guy Ritchie.

***

Do we really need a reboot of *"Frasier?"* Paramount+ is resurrecting the series, which ran for 11 seasons from 1993-2004 and won 37 out of its 108 Emmy nominations. Dr. Frasier Crane (Kelsey Grammer) returns to Boston with new challenges, new relationships to forge and an old dream or two to finally fulfill. So far, Bebe Neuwirth (Lilith Sternin) and Peri Gilpin (Roz Doyle) are the only cast members returning. David Hyde Pierce (Niles Crane) and Jane Leaves (Daphne Moon) are not returning. However, Jack Cutmore-Scott (*"Deception"*) has been cast to play Frasier's son.

Paramount+ begins airing the new show on Oct. 12, with episodes dropping every Thursday. But has too much time passed since *"Frasier"* ended? Most resurrection reboots don't last more than one season. We've got just two words to offer them: *"Murphy Brown!"*

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GO FIGURE! by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★★

★ Moderate ★★ Difficult ★★★ GO FIGURE!

	–		×		25
×		×		+	
	×		–		23
+		+		+	
	+		+		15
29		22		22	

1 2 4 5 6 7 8 8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovel

Puzzle Jug — You don't often see a jug with openwork around the neck. You could pour liquid in (carefully!), but getting it out would make a mess. If you look closely, you can see small holes in the textured rim.

This type of jug is a puzzle jug. They have openings that cause the liquid inside to spill if you try to pour or drink from it like a typical jug. They were popular in the British Isles in the 16th through 19th centuries. Some had verses challenging the drinker or setting a wager.

This pair, which sold for $107 at a Conestoga auction, has plain brown glaze and applied flowers. The secret of a puzzle jug was usually that it had a hollow handle. Remember the holes around the rim? The drinker had to know which ones to cover and which to drink from in order to draw the liquid up through the handle. Get it wrong, and you don't get a drink – or, worse, the drink spills on you!

* * *

Q: I bought a box of junk at a garage sale for $5. In it, I found a 1950s- or 1960s-era travel alarm clock. It is in a brown case that snaps shut. It is a Westclox clock with a white face and black numbers. The hands glow in the dark. The clock works and it is now on my desk. I love it! Is it rare?

A: A true blast-from-the-past. Before cell phone alarms, there were wind-up, travel alarm clocks you could shut until they were the size of a small wallet. Quite portable. They are not rare, but they are great discussion pieces. Yours is worth about $40, which is pretty good from a $5 bin of junk.

* * *

TIP: To cover a scratch in a piece of furniture made of dark wood, rub it with the meat of a walnut, Brazil nut or butternut. Eyebrow pencil or shoe polish in a matching shade will also work.

* * *

CURRENT PRICES

• Toy, airplane, black, orange wings, propeller, two wheels, pressed steel, Wyandotte, 18-inch wingspan, $95.

• Lamp, hanging, electric, glass shade, cylindrical, rows of raised bubbles, Helena Tynell, 10 x 7 1/2 inches, pair, $375.

• Jewelry, bracelet, bangle, Whirling Wind, hinged clasp, raised stylized figures, Kachina musicians, purple stone panel, marked, Ray Morton, 7 inches, diameter, $440.

• Furniture, bookcase, Biedermeier, mahogany, glazed paneled doors, green fabric lining, four interior shelves, paw feet, 75 x 50 x 16 inches, $510.

• Store, sign, trade, Post Office, script lettering, mustard ground, wood panel, molded frame, mid-19th century, 14 1/2 x 33 1/2 inches, $2,645.

Subscribe to the Kovels' free weekly email newsletter, Kovels Komments, at www.Kovels.com.

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Strange BUT TRUE

• In 2003, a community in New Jersey experienced an animal-related electrical outage. Such occurrences were certainly not rare, but this incident was notable for being the first time an osprey was known to be involved <00AD>– or, rather, a fish: The bird had dropped its scaly prey on the power lines.

• Slovenia boasts a most impressive 28,000 wineries, amounting to one winery for every 75 persons in the country.

• Ever hear "things that go bump in the night" at your house? Before you call an exorcist, keep in mind that several cases of residential "paranormal activity" have actually turned out to be the result of carbon monoxide poisoning, which can cause hallucinations and feelings of dread.

• The Mamenchisaurus sinocanadorum dinosaur's neck measured 50 feet – six times longer than that of a giraffe!

• When he was in his 50s, Steven Spielberg re-enrolled at California State, Long Beach to finish his B.A. degree three decades after dropping out. The school awarded him three course credits in paleontology for making "Jurassic Park."

• Japan's "gyoza cider" is a soda designed to taste like gyoza dumplings.

• In 2018, one of Stephen Hawking's older wheelchairs was auctioned off for $387,000, with proceeds donated to his favorite charities.

• Basketball backboards were invented to keep overly enthusiastic fans from interfering with a game after some spectators, early in the sport's history, leaned over railings in an effort to deflect or catch the ball.

• New York-Presbyterian Hospital has created a Spotify playlist called "Songs to do CPR to," featuring hits by artists ranging from the Bee Gees to Justin Bieber.

***

Thought for the Day: "Every day we should hear at least one little song, read one good poem, see one exquisite picture and, if possible, speak a few sensible words." – *Johann Wolfgang von Goethe*

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Now here's a tip!

by Jo Ann Derson

• Be sure to comb the leftovers from back-to-school sales. Pick up supplies that will need to be replenished as the school years moves on. Also, there are many imaginative pencil cases that can double as travel jewelry and makeup bags. Often you can pick up several at a good price.

• "Just after Labor Day, our family starts to think about who will host holiday dinners and such. We do it in a lottery. Whoever just hosted is exempt if they want to be. The rest of those who'd like to host a holiday event put their names in a pot, and we pick out names. The events are the usuals, like Christmas and Thanksgiving, but also a cookie-making party and the children's party. It's better than one person always having to do it or always getting to do it." – *E.D. in Massachusetts*

• If you are getting your outdoor furniture ready for storage, here's a great cleaning idea. Load it all in the back of a truck, take it to a self-serve car wash and clean with the pressure hoses. Let dry, and it's ready.

• "Dust books with a vacuum assist! I put the leg of a pantyhose over my vacuum wand and secure tightly. Then I dust my bookshelves, holding the wand close by to suck up the dust that gets disturbed. It's less messy, I think. I still dust from the top down." – *L.K. in Ohio*

• To make your own disinfecting wipes, cut paper towels into four squares each. Saturate with a half alcohol, half water mix and store in a plastic freezer bag or a diaper wipe container. You can use these to clean telephones and doorknobs during cold and flu season.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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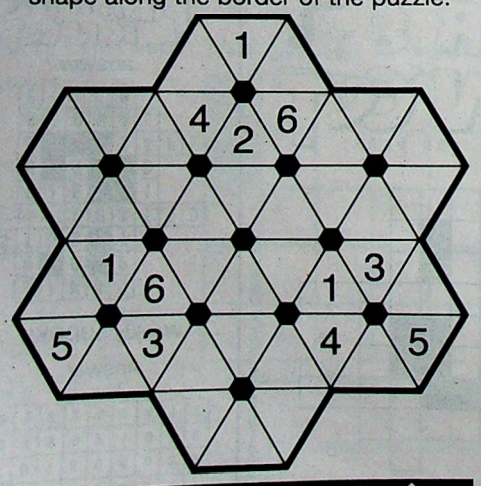
SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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STICKELERS [sic].

by Terry Stickels

Here's a "trickledown" puzzle. The rules are simple; you merely change one letter on each line to make a new word and continue until you reach the final word.

EXAMPLE:	ANS:
COAT	COAT
___	COST
___	CAST
___	CASE
VASE	VASE

Now, try this one.

TRADED
_____
_____
_____
_____
CLOCKS

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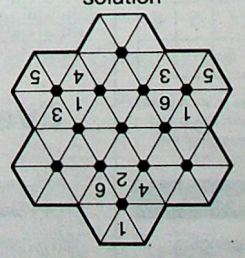
SNOWFLAKES solution



Stickelers Answer

TRADED
TRACED
TRACES
TRACKS
CRACKS
CROCKS
CLOCKS

Go Figure! answers

15	8	+	6	+	1
	+		+		+
23	9	–	8	×	4
	+		×		×
25	5	×	2	–	7

					29
	22		22		

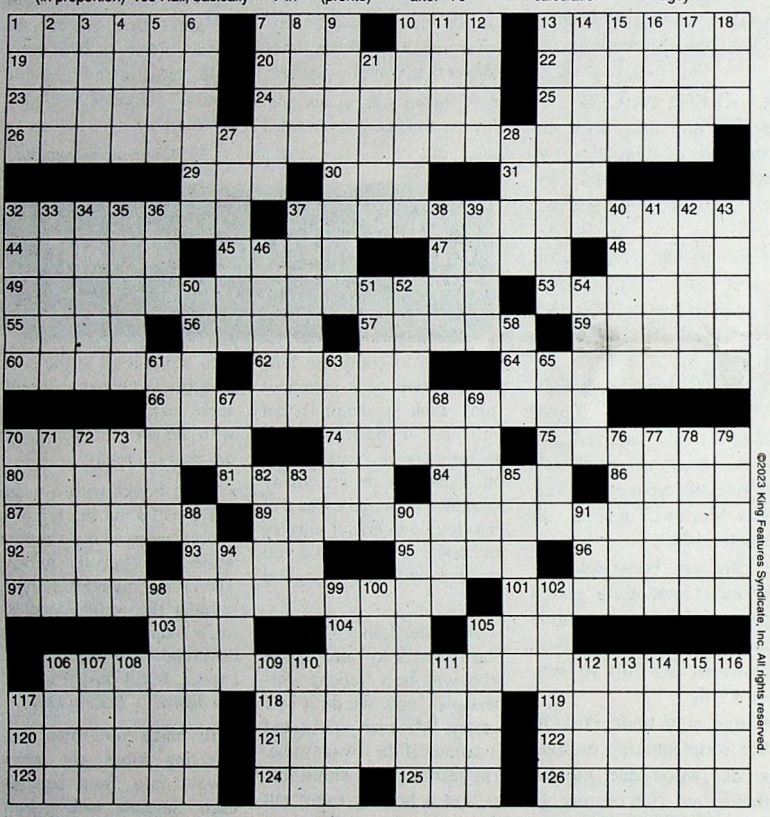
Super Crossword — NATIONAL DATA

ACROSS

1 Bumper-car carnival ride
7 TV title alien
10 Garden pond fish
13 Cause to blunder
19 Cook too long
20 Ned of NASCAR
22 Ned of "The D.A."
23 Appear gradually, as a scene
24 "No, seriously!"
25 Surrounded by
26 Mountain laurel
29 Clumsy type
30 Stocking stuffer
31 It's charged
32 Alternative to ChapStick
37 "Old Folks at Home"
44 Vital artery
45 Spellbound
47 1989-2007 senator Trent
48 Stein fillers
49 Blue spruce
53 Propose a date to
55 Author Ferber
56 Pro — (in proportion)
57 "— a customer"
59 Joe of "GoodFellas"
60 Clinton aide Myers
62 Susan of "Goldengirl"
64 Eurasian animal with antlers
66 "North to the Future"
70 Used up
74 118-Across was one
75 Printing goofs
80 Humdinger
81 Reformer Ralph
84 "OK" from Tom Sawyer to Aunt Polly
86 Workplace welfare org.
87 Fuddy-duddies
89 Topaz
92 Relative of a lutz
93 Bullfight yells
95 Israeli airline
96 Right wrongs
97 Cactus wren
101 Went in
103 To the — power
104 Savings acct. accrual
105 Hail, basically
106 Some legislators (or the theme of this puzzle?)
117 Arrived by plane
118 Opera legend Pavarotti
119 Make a comment
120 Response to "You'd never do that!"
121 Ill-fated NASA mission of 1967
122 And others, to Ovid
123 Dwelt
124 Round bread of India
125 Subj. for some immigrants
126 Passable

DOWN

1 Tip politely, as one's hat
2 Human face's shape
3 Whoop- — (extravagant fanfare)
4 Expanded
5 Sedgwick of Warhol films
6 Marilyn of "Niagara"
7 In — (pronto)
8 Desktop illuminator
9 No longer being detained
10 Sax celebrity
11 Soulful Redding
12 Really tiny
13 "Saturday Night Fever" star
14 Hard Italian cheese
15 "Sure, put me down"
16 Toenail treatment, informally
17 Astral bear
18 Coffee holder
21 Rambled
27 Mexican city due south of Dallas
28 Elevate
32 Waiting with — breath
33 2013 Grammy winner for "Royals"
34 Dunne of classic films
35 Lieu
36 Chinese ideal
37 California county whose seat is Fairfield
38 Sign word after "Ye"
39 Stocking stuffer
40 Worked on a leaf collection?
41 "You beat me"
42 Tennis tie
43 Up and about
46 Gained access to
50 Refrigeration fluid
51 Workers with shingles, maybe
52 Kofi, once of the U.N.
54 Caveman's weapon
58 Scrub nurses' sites, in brief
61 Be hammy
63 Tribal pole emblem
65 — Mountain (Vermont ski resort)
67 Two fives
68 — Marymount University
69 Stadium's kin
70 Britcom of the '90s
71 Pope before Paul V
72 Coors offering
73 Trade group
76 GPS calculation
77 1941 Oscar winner Mary
78 Scottish title
79 Emitted a contented sigh
82 Ending for golden or New
83 Arnaz of TV
85 Decide on
88 Toned down
90 Outside clearance event, of a sort
91 Quite chubby
94 Bert with lion lines
98 Not delayed
99 Diamond substitute
100 Baseball pioneer Buck
102 Came closer
105 One way to fry food
106 Chunky slice
107 Garr of films
108 Spellbound
109 Flair
110 Cocooned insect
111 Son of Seth
112 Head, in Haiti
113 Classroom Apple, often
114 Glen
115 Bard's Ireland
116 Revue sketch
117 Pill-OK'ing agcy.



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celebrity extra

by Dana Jackson

Q: Is the new *"Equalizer"* movie related in any way to the past and present TV series *"The Equalizer"*? Will Denzel Washington ever appear on the series? – *K.S.*

A: The original version of *"The Equalizer,"* a TV series starring Edward Woodward that ran from 1985-1989, is about a retired intelligence agent turned private detective who takes the law into his own hands. In 2021, CBS came up with a reboot featuring Queen Latifah as the headliner. Both characters have the last name McCall.

In 2014, the big-screen version of *"The Equalizer"* starring Denzel Washington premiered. He, too, plays a McCall, but reportedly none of these characters with the same surname are related. *"The Equalizer 3,"* starring Washington and Dakota Fanning, is currently in theaters.

Andrew Marlowe, creator of CBS's current series *"The Equalizer,"* says that there are no plans for these two franchises to merge, even for a special episode. Marlowe told Distractify.com, "For us, it really is about building this show and identity around Robyn McCall and being very specific to a show where Queen is really embodying the heart of it."

***

Q: Will there be another season of *"The Crown"* anytime soon? I wonder if they plan to continue it through to the current day when Charles becomes king? – *L.L.*

A: Peter Morgan, creator of the critically acclaimed Netflix series *"The Crown,"* previously stated that the show would end after five seasons. However, NetflixUK recently released a tweet confirming that the series will be back for one final season this fall, but the story is not expected to end at the present day when Prince Charles becomes king. We do know that the storyline will make it to at least 2005, when Charles and Camilla Parker Bowles wed. It's also been confirmed that it will touch on the tragic death of Princess Diana (played by Elizabeth Debicki), but there won't be a scene featuring the actual impact of the crash that killed her. A Netflix source confirmed to IndieWire that the scenes surrounding the princess' death were filmed with "enormous sensitivity" and have been "delicately and thoughtfully" filmed.

According to Parade, Morgan does not plan to delve into the story of Prince Harry and Meghan Markle's exodus from the royal family or the subsequent fallout from Harry's memoir. He emphasized that featuring the two would "seem almost redundant since the couple are constantly in the press."

***

Denzel Washington stars in *"The Equalizer 3."*

Photo Credit:
Courtesy of Columbia Pictures

Q: Is it true that Woody Allen has another movie coming out? Are any of his past stars in it? – *L.J.*

A: Controversial film director Woody Allen recently premiered his newest project *"Coup de Chance"* at the Venice Film Festival. His 50th film received a five-minute standing ovation by the audience at the festival, a positive response that is said to have shocked Allen.

The movie, a dramatic French language thriller, will be released in France on Sept. 27, but a U.S. premiere has yet to be announced.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWS, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange — by Donna Pettman

Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

1. Use energy	_ _ _ E _ _	Increase in size	_ _ _ A _ _
2. Medicinal lotion	_ A _ _ _	Decipher a mystery	_ O _ _ _
3. Pulsate	_ _ _ _ B	Toss	_ _ _ _ W
4. Financier	_ _ N _ _ _	Frontrunner	_ _ A _ _ _
5. Lorelei's river	R _ _ _ _	Glow	S _ _ _ _
6. Used your cell	_ _ _ L _ _	Comforted	_ _ _ M _ _
7. Like some clouds	_ H _ _ _	Inscribe	_ R _ _ _
8. Paper fastener	_ _ _ P _ _	Horse shed	_ _ _ B _ _
9. Brags	_ _ _ _ S	King's headwear	_ _ _ _ N
10. Dish	_ _ _ T _	"Melrose _____"	_ _ _ C _

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Weekly SUDOKU

by Linda Thistle

	8		6			1		
	5	6			2			4
3				4			9	8
5					9		6	
4	1		3			2		
		9	7	2				1
	6				4		3	
2			8				5	6
		5		6		4		

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

DIFFICULTY THIS WEEK: ◆

◆ Moderate ◆◆ Challenging ◆◆◆ HOO BOY!

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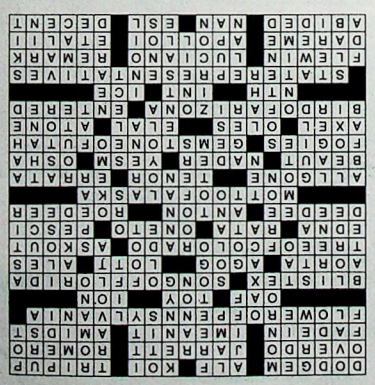
Super Crossword — Answers



Even Exchange — answers

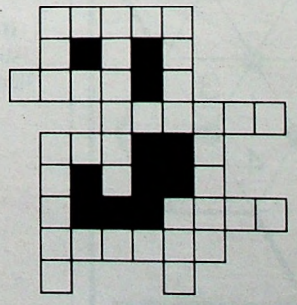
1. Expand, Expand
2. Salve, Solve
3. Throb, Throw
4. Lender, Leader
5. Rhine, Shine
6. Called, Calmed
7. White, Write
8. Staple, Stable
9. Crows, Crown
10. Plate, Place

FEAR KNOT™

By: rj johnson

DOUBT? ...OR DARE!

EPI
LORBEN
ATLID
♥TBSU
♥LAGISN
UTJ
♥EPTA
♥LEPUS
♥ATB
DUTSLE
IGJON
♥TSOP



Unscramble these twelve letter strings to form each into an ordinary word (ex. **HAGNEC** becomes **CHANGE**). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥**RATHE** becomes **HATER** or **EARTH** or **HEART**). Fit each string's word either across or down to knot all twelve strings together.

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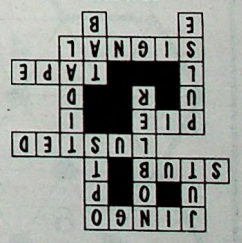
FEAR KNOT answer

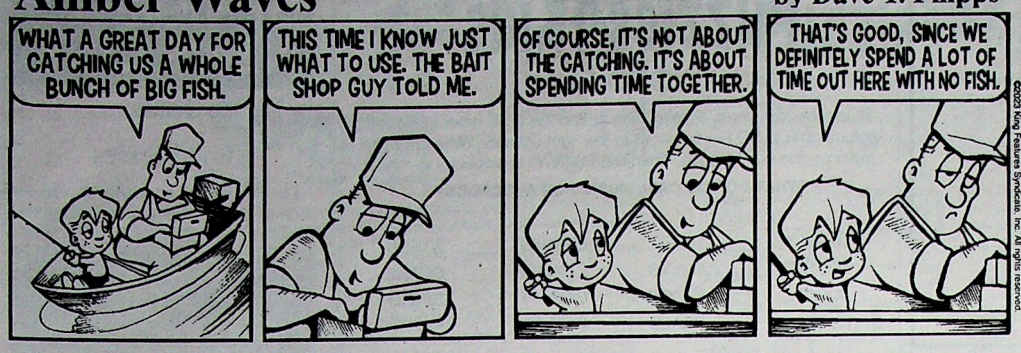


Weekly SUDOKU — Answer

8	9	5	2	6	3	4	1	7
2	4	3	8	7	1	9	5	6
7	6	1	5	9	4	8	3	2
6	3	9	7	2	8	5	4	1
4	1	7	3	5	6	2	8	9
5	2	8	4	1	9	7	6	3
3	7	2	1	4	5	6	9	8
1	5	6	9	8	2	3	7	4
9	8	4	6	3	7	1	2	5

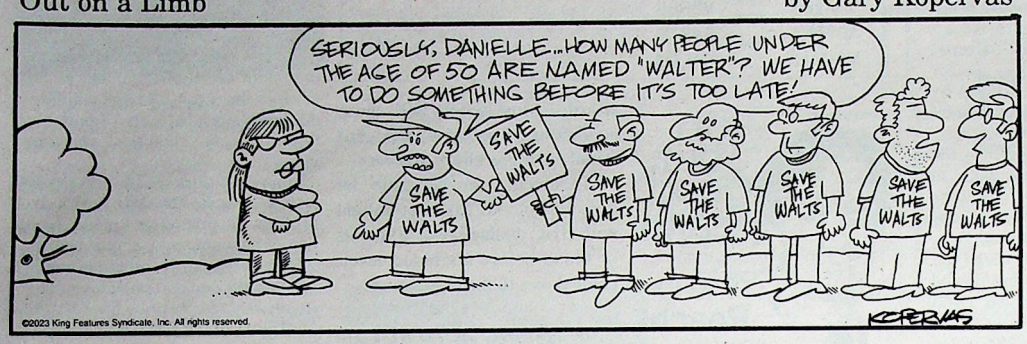
Amber Waves

by Dave T. Phipps

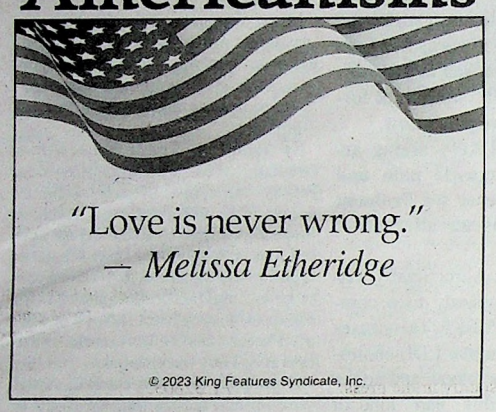


Out on a Limb

by Gary Kopervas

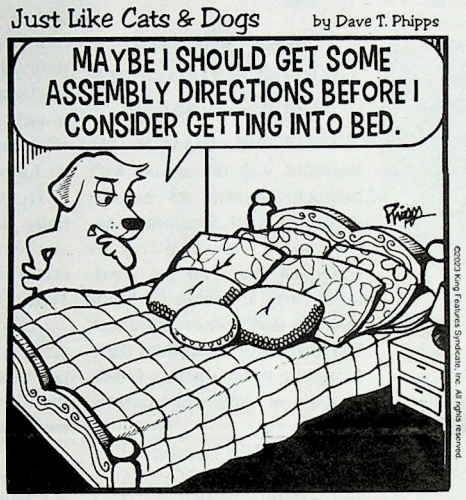


Americanisms



Just Like Cats & Dogs

by Dave T. Phipps



Paw's corner

by Sam Mazzotta

How Long Do Rabbits Live?

DEAR PAW'S CORNER: I have a pet rabbit, Brownie, who is nearly 10 years old! He's a Holland Lop, I think. He doesn't do much at this age but sort of half-heartedly flop around his cage and the porch, then he settles onto the raised shelf in his cage and nibbles on carrots. He seems healthy, just slow. How much longer does he have left? Do you think he's lonely? – ***Vicky R., Macon, Georgia***

DEAR VICKY: First of all, wow! Ten years is quite a lifespan for a Holland Lop. It's a testament to how well you care for him.

While the average lifespan of this rabbit breed is six to eight years, I have heard of H-Lops reaching 10, 12 or even 16 years of age! Care and comfort are really important for rabbits at any age. They need a secure hutch, stable temperatures in summer and winter, fresh water always available, and good nutrition. They also need things to gnaw on so their front teeth don't grow too long, as well as plenty of fresh vegetables.

Introducing a new rabbit to the mix can be risky. They might not take to each other, and fighting with another rabbit can cause stress, which can be deadly.

It sounds like Brownie is doing really well for his age. I recommend checking in with his vet if you notice any changes in his behavior or ability to get around. It sounds like you're a little concerned that he isn't moving around as much. Contacting the vet within 48 hours is a good rule for any changes in behavior, diet or activity for rabbits and other small pets.

Send your tips, comments or questions to ask@pawscorner.com.

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WORD LADDERS

Can you go from BLIND to FLOUR in 6 words? Change one letter for each rung in the ladder.

BLIND

_____

_____

_____

_____

_____

FLOUR

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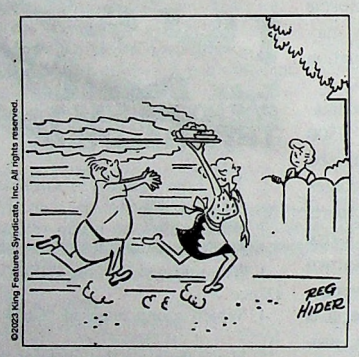
SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!



"This is the only way I can get him to _____."

Emit **DEUXE**

Diminish **EDGEAR**

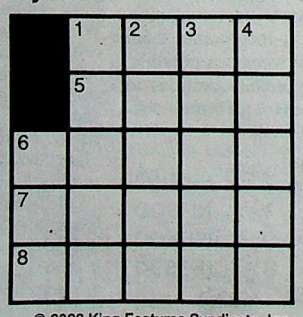
Assist **TRACE**

Dismiss **SLIPED**

TODAY'S WORD

Micro Crossword

By Elizabeth C. Gorski



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Across

1 Basketball's "Pistol ___" Maravich

5 Lawman Wyatt

6 San ___, California

7 Everest climber's tool

8 Flexible, as a straw

Down

1 "___ be with you"

2 Gobbled up

3 Running shoe feature

4 Two-part adhesive

6 1997 Smith/Jones sci-fi comedy, briefly

STREAMING SOURCE

Here's what to watch and where to watch it for the week of September 18, 2023

ON NOW: "Band of Brothers" (Limited Series) – *Netflix*

ON NOW: "Welcome to Wrexham" (Season 2) – *Hulu*

18-Sept: "Superpower" (Documentary) – *Paramount+*

19-Sept: "Kountry Wayne: A Woman's Prayer" (Stand-up Comedy Special) – *Netflix*

19-Sept: "The Saint of Second Chances" (Documentary) – *Netflix*

20-Sept: "The Super Models" (Docuseries) – *AppleTV+*

22-Sept: "Love Is Blind" (Season 5) – *Netflix*

22-Sept: "No One Will Save You" (PG-13) – *Hulu*

22-Sept: "Spy Kids: Armageddon" (PG) – *Netflix*

22-Sept: "The Continental: From the World of John Wick" (Season 1) – *Peacock*

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Sports QUIZ

by Ryan A. Berenz

1. Actor, politician and former NFL player Alan Autry went by what name when he started three games at quarterback for the 1976 Green Bay Packers?

2. U.S. Olympian Flo Hyman won a silver medal at the 1984 Los Angeles Summer Games playing in what team sport?

3. In Game 2 of the 1986 Stanley Cup Final, the Montreal Canadiens' Brian Skrudland scored the fastest overtime goal in NHL playoff history. How many seconds into overtime did he score?

4. What member of the minor league Omaha Cardinals set a world record for longest throw of a baseball at 445 feet, 10 inches in 1957?

5. Footballer Alessandro Faiolhe Amantino, who played nine games for Brazil's national team (2004-08), and played in Italy for Roma (2003-08) and Internazionale (2008-11), was better known by what name?

6. In 2022, what member of the Denver Nuggets became the first NBA player to have played with 13 different franchises?

7. What two Cleveland MLB pitchers were killed in a boating accident in Florida during spring training in 1993?

Answers

1. Carlos Brown.
2. Volleyball.
3. Nine.
4. Glen Gorbous.
5. Mancini.
6. Ish Smith.
7. Steve Olin and Tim Crews.

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Micro Crossword

Answer

B	E	N	D	Y
I	C	E	A	X
M	A	T	E	O
■	E	A	R	P
	P	E	T	E

WORD LADDER

Answer

BLIND, BLOND, BLOOD
FLOOD, FLOOR, FLOUR

SCRAMBLERS

solution

EXERCISE

Today's Word

1. Exude 2. Degrade; 3. Cater; 4. Dispel

MORE SUN FUN

"Fast X" (PG-13) — The 10th main installment in the "Fast & Furious" franchise hits streaming on Sept. 15 after bringing home $719 million from the box office this summer. Jason Momoa makes his grand entrance into the franchise by playing Dante, son of Hernan Reyes (aka the central villain in the 2011 film "Fast Five"). Momoa's performance has been praised by critics as one of the strongest points of the film, along with the film's extravagant action sequences, of course. With the film ending on a cliffhanger (and two more films already slated for 2025 and on), the culmination of this longtime franchise is nowhere in sight. (Peacock)

"Love at First Sight" (PG-13) — Netflix is pumping out the rom-coms this month! Starring Haley Lu Richardson ("The White Lotus") and Ben Hardy ("Bohemian Rhapsody"), this film follows Hadley and Oliver who coincidentally meet at John F. Kennedy Airport before their flight to London. Once they realize that they're also sitting next to each other on the same plane, Hadley and Oliver use this serendipitous moment as an opportunity to have their first date. But shortly after they arrive in London and Oliver gives Hadley his number, she drops her phone and immediately loses his information. Now Hadley and Oliver must grapple with their intense feelings, never knowing if they'll ever be able to find each other again. Premieres Sept. 15. (Netflix)

"The Other Black Girl" (TV-14) — Based on the 2021 novel by Zakiya Dalila Harris, this new series cleverly takes on the challenging topic of racism in the workplace through a comedy-thriller lens. Being the only Black woman who works at Wagner Books, editorial assistant Nella becomes delighted when she finds out another Black woman, Hazel, was hired by her company. The two quickly build a friendship, until Nella starts receiving haunting messages to leave the company. As the workplace gains an increasingly sinister feel, Nella starts to suspect Hazel is attempting to sabotage her. Sinclair Daniel and Ashleigh Murray ("Riverdale") lead the series, with supporting roles played by Bellamy Young ("Scandal") and "Real Housewives of Beverly Hills" star Garcelle Beauvais. The 10-episode series drops Sept. 13. (Hulu)

Courtesy of Hulu

Sinclair Daniel, left, and Ashleigh Murray star in "The Other Black Girl."

"Inside" (R) — Basically a one-man show, Willem Dafoe leads this psychological thriller where he plays an art thief named Nemo. Nemo disguises himself as a handyman to steal three art pieces by Egon Schiele from an art collector's New York penthouse, but as he attempts to leave, he sets off the apartment's alarm system and accidentally locks himself inside. Weeks pass with no food or water as Nemo repeatedly tries to escape from the apartment, resorting to an array of crazed methods to get out before his body and mind give up on him. More than anything, this film serves as a reminder of Dafoe's incredible acting prowess; he's one of the only actors captivating enough to take over the screen by himself for 105 minutes. Premieres Sept. 12. (Amazon Prime Video)

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Contract Bridge

A STITCH IN TIME SAVES NINE

East dealer.
East-West vulnerable.

NORTH
♠A 9 2
♥A J 7
♦Q J 9 5
♣6 5 4

WEST
♠J 10 6 5
♥8 6 4 3
♦K 3
♣K 9 2

EAST
♠K 8 4
♥9 5 2
♦6 2
♣Q 10 8 7 3

SOUTH
♠Q 7 3
♥K Q 10
♦A 10 8 7 4
♣A J

The bidding:

East	South	West	North
Pass	1 NT	Pass	3 NT

Opening lead — five of spades.

Many deals contain booby traps that all too often ensnare unwary declarers who don't take the time to think things out. Perhaps the best advice is to assume that there is a booby trap on every deal and proceed from there.

Consider this case where you're in three notrump and West leads the five of spades. When you play low from dummy, East wins with the king and shifts to the seven of clubs. Your jack loses to the king, and West returns the nine of clubs to your ace.

You cross to dummy with a heart and lead the queen of diamonds, finessing after East follows low. West wins with the king and returns a club, and you wind up down two, losing a spade, a diamond and four club tricks.

You could complain about bad luck, if you're so minded, because two finesses had to fail in order to lose the contract. In fact, you would have made five notrump if West had had the king of spades and East the king of diamonds. But when you analyze the play more fully, you realize that the contract was a sure thing from the word "go," and that the outcome was really your own fault.

All you had to do to wrap up three notrump was to win the opening spade lead with dummy's ace and take a diamond finesse. Win or lose, you could not score less than nine tricks.

It is certainly not difficult to prove that playing a low spade from dummy at trick one jeopardizes the contract, while playing the ace of spades guarantees it. A little thought — combined with a cautious nature — often makes all the difference between success and failure.

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by Steve Becker

Puzzles4Kids

by Helene Hovanec

WORD FUN

Study the two words on each line to find the ONE letter in the left column that is NOT in the word in the right column. Write the extra letter on the blank space. Then read DOWN to answer this riddle:

WHAT DO YOU CALL MUSIC FOR AVOCADOS?

MIDGET	___	TIMED		DESERT	___	STEED	
LOCUST	___	COLTS		COARSE	___	SCARE	
ADOLFO	___	FLOOD		GOBLIN	___	BINGO	
PLACES	___	PEALS		LATHER	___	EARTH	
BRAVES	___	VERBS					
ABSENT	___	BASTE					
MEDALS	___	SALEM					

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Suspecting And Diagnosing Hereditary Hemochromatosis

DEAR DR. ROACH: My husband was diagnosed with hemochromatosis 13 months before he died. I recommended that his blood relatives get tested so they can get treatment early, if necessary. Some doctors don't know to check ferritin levels to make a diagnosis in a person with a family history of hemochromatosis. -- C.G.

ANSWER: Hereditary hemochromatosis (HHC) is a genetic disease of iron overload. In a person with HHC, the intestines absorb as much iron as they can all the time, even if the body doesn't need it, whereas a person without HHC will simply stop absorbing iron if it isn't necessary. The iron can go into and damage many organs, especially the liver, heart, bone marrow, hormone-producing glands and skin.

The diagnosis should be suspected in close relatives of an affected person. Although checking ferritin levels is useful in making the diagnosis, iron tests, total iron-binding capacity tests and hemoglobin tests should also be ordered. If the family member has a recognized genetic mutation, such as C282Y homozygote or C282Y/H63D compound heterozygote, those genetic tests may also be useful in making the diagnosis.

The diagnosis should even be suspected in people with vague symptoms, such as weakness and fatigue. I teach my students and residents to consider the possibility of iron overload, as it is common, easily tested for, and easily treated with phlebotomy (blood removal). Symptomatic HHC is more common at an earlier age in men than women, but it still should be considered in younger women.

A clinician should also consider iron overload in people with enlarged livers or abnormal liver enzymes, diabetes, changes in skin tone (bronze or gray), heart failure and some kinds of arthritis. Most people with these conditions do not have HHC, but initial testing is cheap and easy.

Treatment can be done by donating blood. My first patient with HHC donated over 100 units of blood before his blood levels came down to the target range.

***

DEAR DR. ROACH: I am one of the people who cannot take statins because of muscle pain. My cardiologist suggested Praluent, and it works fine -- no muscle pain as well as very low HDL and LDL cholesterol levels for over two years now.

However, I keep seeing articles about muscle pain and statins and never see Praluent referred to as an alternative. Why? -- T.G.

ANSWER: Alirocumab (Praluent) is an antibody to a compound called PCSK9. This causes the liver to remove LDL cholesterol from the blood and lower the levels of this "bad" kind of cholesterol. In turn, this leads to a reduction in heart disease risk among those taking the medication. It does not cause muscle damage. PCSK9 inhibitors may be used alone or in combination with statins.

Unfortunately, the medication is expensive, about $500 per month. It is most often used in people with known blockages in their heart, but some experts prescribe alirocumab in high-risk patients who do not have known blockages. Insurance coverage is not assured. Furthermore, it is given only as an injection, usually every two or four weeks.

PCSK9 inhibitors are an important tool in the fight against heart disease and are of special value in those at the highest risk or those who cannot tolerate a statin.

Dr. Roach regrets that he is unable to answer individual questions, but will incorporate them in the column whenever possible. Readers may email questions to ToYourGoodHealth@med.cornell.edu.

MIDGET	G	TIMED
LOCUST	U	COLTS
ADOLFO	A	FLOOD
PLACES	C	PEALS
BRAVES	A	VERBS
ABSENT	N	BASTE
MEDALS	D	SALEM
DESERT	R	STEED
COARSE	O	SCARE
GOBLIN	L	BINGO
LATHER	L	EARTH

SENIOR NEWS LINE

by Matilda Charles

Food Prices

The Bureau of Labor Statistics issued a food prices report comparing this summer to the summer of 2022. While they acknowledge that prices of food are continuing to rise, they claim that the rate of that increase has slowed. They say that the cost of groceries went up only 4.9% from last year.

I'd like to know where, exactly, they do their shopping — because I'll go there.

We can point the finger of blame in several directions, per the nightly news — the war in Ukraine, wildfires, droughts, avian flu — but I point that finger in one additional direction: greed.

I have a thick stack of grocery receipts, batched by date, so it's easy to check the prices that I paid a month ago, six months ago, a year ago, etc. Along with a handy online calculator, I can see that one particular item I commonly buy rose in price from $4.27 to $5.95 just in the past several months. That equates to a 39% increase in price. It's not even a fancy cut of meat — it's bread.

I have to wonder if the food companies don't watch the news and decide to see just how much we'll put up with, like the frog in the pan of increasingly heated water. How long before we jump out?

By "jump out," I mean refuse to buy. Granted, we can't avoid buying food, but we can refuse to pay for higher priced items. For example, I'm experimenting with a way to cut my grocery bill that is simply this: I buy whatever brand is the cheapest. If I want a can of beans, maybe the store brand is the cheapest, maybe it's a flavor I haven't tried before, maybe it's on sale. Whatever it is, I buy the cheapest.

Eventually the food companies will wise up and realize that we won't be held hostage by their high prices.

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1. The Love Unlimited Orchestra was the band for which vocal artist?
2. Which doo-wop group released "Under the Boardwalk"?
3. Who released "Let the Little Girl Dance"?
4. Which group released "Cold as Ice"?
5. Name the song that contains this lyric: "I'm out of work, I'm out of my head, out of self-respect, I'm out of bread, I'm under loved, I'm underfed, I wanna go home."

Answers

1. Barry White. The orchestra was a 40-piece mostly string group. They also backed up White's female trio, Love Unlimited. They were with White for the '70s decade and periodically released their own albums.
2. The Drifters, in 1964. The song climbed to No. 1 on the R&B chart and has since been covered by several artists, including the Rolling Stones (their cover went to No. 1 in Australia and South Africa).
3. Billy Bland, in 1960. Bland overheard another artist recording the song and gave suggestions about how it should be sung. Bland recorded it just that once ... and that is the version that was released.
4. Foreigner, in 1977.
5. "It Never Rains in Southern California," by Albert Hammond in 1972. The song was released on Hammond's debut album of the same name.

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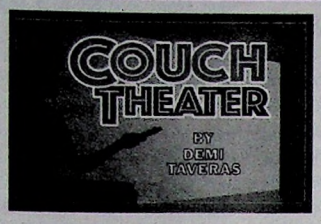
Puzzles4Kids
Answer

SUN FUN



"The Little Mermaid" (PG) — The live-action adaptation of Disney's 1989 animated classic hits streaming on Sept. 6 after racking up $568 million in the box office. In her first lead role in film after having a promising start in music, Halle Bailey ("Grown-ish") puts a refreshing spin on the daydreaming red-haired mermaid, with vocals that simply couldn't be paired better for a live-action version of Ariel. Melissa McCarthy ("Bridesmaids") takes on the treacherous (and fabulous) villain, Ursula, while Prince Eric is played by Cambridge alumni Jonah Hauer-King. While some of the visual effects of the film did leave something to be desired, the final moments between Ariel and Ursula make for a beautiful bone-chilling climax. (Disney+)

"Love Again" (PG-13) — If you're looking for a conventional rom-com to pour your heart into, look no further than Priyanka Chopra Jonas' new film, out now. Chopra Jonas, who you might've seen in any of her numerous Bollywood films or thriller series like "Citadel" and "Quantico," plays Mira, a children's book author still mourning the loss of her fiance. One of the only things that gives her solace is texting his old phone number, but she doesn't realize that a stranger, named Rob, now has her ex's old number. Rob lets these messages pile up, until he's overcome with such curiosity about the messages that he has to put a face to the name. When Mira and Rob finally do meet, sparks fly between them both, leaving Rob to figure out how to tell Mira that he's always been on the other line of those messages. (Netflix)

"Sitting in Bars with Cake" (PG-13) — From Trish Sie, the director of "Pitch Perfect 3," this film follows two 20-somethings: a shy baker named Jane and her longtime best friend, Corinne. When Jane brings one of her cakes to the bar where Corinne's celebrating her birthday, Jane suddenly becomes the center of attention, and the girls realize that cake is just the ice-breaker Jane always needed to find her romantic match. So, they plan to proceed with their "cake barring" once a week for a year, until Corinne receives a diagnosis that throws a wrench in their plans and their friendship. Yara Shahidi ("Black-ish") and Odessa A'zion ("Fam") lead this touching film about friendship and love, out on Sept. 8. (Amazon Prime Video)

Courtesy of Amazon Prime Video

Yara Shahidi, left, and Odessa A'zion star in "Sitting in Bars with Cake."

"The Changeling" (TV-MA) — LaKeith Stanfield ("Judas and the Black Messiah") and Clark Backo ("Letterkenny") star in the lead roles for this new horror fantasy series based on the novel by Victor LaValle. Apollo (Stanfield) is settling into his new life as a father to his first child and as a husband to his wife, Emma (Backo). Emma, however, suffers from symptoms of post-partum depression, and with her symptoms going untreated, she commits a horrific act, then disappears into thin air. Now at a loss on what to do next, Apollo has no choice but to search for her in a New York City he didn't know existed. The first three episodes of the series AppleTV+ described as "a fairytale for grown-ups" premiere Sept. 8. (AppleTV+)

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Contract Bridge

by Steve Becker

THE BACKWARD FINESSE

West dealer.
North-South vulnerable.

NORTH
♠ 9 7 3
♥ J 10 7 5
♦ K 6 2
♣ A Q 9

WEST
♠ A K Q J 8
♥ 3
♦ Q 7 5
♣ 10 8 6 2

EAST
♠ 10 5 4
♥ A 6 2
♦ 10 8 4 3
♣ 7 5 3

SOUTH
♠ 6 2
♥ K Q 9 8 4
♦ A J 9
♣ K J 4

The bidding:

West	North	East	South
1 ♠	Pass	Pass	2 ♥
Pass	3 ♥	Pass	4 ♥

Opening lead — king of spades.

The backward finesse is a play seldom used by declarer. The proper setting for it occurs so rarely, and the play itself is so unnatural, that it is virtually a collector's item.

First let's define what is meant by a backward finesse. Usually, if declarer has the diamond combination shown in the diagram, he cashes the king and then plays a diamond to the jack. If East has the queen, the finesse wins, and South makes three diamond tricks. In the absence of clues indicating otherwise, South has about a 50% chance of winning the finesse.

Note that declarer would make only two diamond tricks in the actual deal, and would therefore go down one, if he played the suit in the usual way. But note also that South can win three diamond tricks by first leading the jack from his hand. Leading an unsupported jack is contrary to the canons of good card play, but it is undeniably effective in the present case.

If West ducks the jack, South scores three diamond tricks. If West covers the jack, declarer takes the king, leads a diamond to the nine and again has three diamond tricks.

The backward finesse is rarely used because it requires two cards to be favorably placed, while a simple finesse requires only one. The odds against a backward finesse succeeding are ordinarily 3-1.

Nevertheless, the backward finesse is the right play in this deal. When South ruffs the third round of spades and leads a trump, East turns up with the ace. Since East passed his partner's opening bid, declarer should conclude that East does not also have the queen of diamonds.

Accordingly, after drawing trump and cashing the A-Q-K of clubs, South leads the jack of diamonds, knowing that West has the queen and hoping that East has the ten. In the actual deal, the backward finesse succeeds, and South makes the contract.

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Puzzles4Kids

by Helene Hovanec

CRISSCROSS – CITIES AROUND THE WORLD

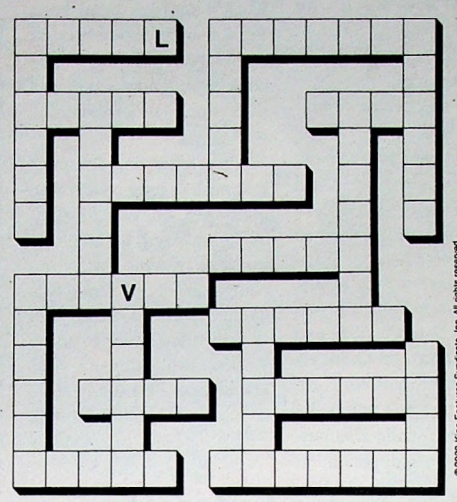
Each word will fit into one spot in the grid. Use the starting letters as a guide and fit each word into its spot. All words will be used, so cross off each one after you put it into the grid.

4 Letters
LIMA
LYON
ROME

5 Letters
CAIRO
DELHI
MILAN
OSAKA
SALEM
SEOUL

6 Letters
ALBANY
DALLAS
DENVER
LONDON
MOSCOW
ODESSA
SYDNEY
VENICE

7 Letters
CHICAGO
MADISON
NAIROBI
ORLANDO



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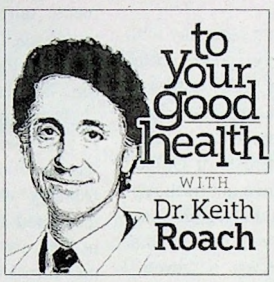


Spinal Cord Injury Misdiagnosed As Blood Pressure Stroke

DEAR DR. ROACH: Have you ever heard of a "low blood pressure stroke"? That was my husband's (incorrect) diagnosis several years back when he suddenly could not move his arms and legs. He was told that not enough oxygen was getting to his spine. (His blood pressure is historically low, usually around 90/60.)

That lasted about seven months, and he was bedridden the entire time. He then went to a neurosurgeon and was (correctly) diagnosed with a spinal cord injury. He had C1-C2 surgery and had use of his limbs the next day. After months of physical therapy, he regained a lot of function.

We've never heard of that diagnosis before or after his experience. Does it really exist? -- *E.S.K.*

ANSWER: The brain has tremendous ability to regulate its own blood flow under a very wide range of blood pressures, but there are some limits. When a person is used to very high blood pressure levels, such as 200/110 for months or years, a sudden drop to 90/60 (or even 120/80 sometimes) can cause a stroke. That's the main reason we don't lower blood pressure too quickly in people who have had very high blood pressure levels for a long time. It takes weeks or months for the brain to recover its ability to regulate blood flow.

In a person who has a heart attack, prolonged low blood pressure (or no blood pressure) will also cause brain damage. That's why starting CPR as quickly as possible is so critical in order to preserve brain function.

In both of these cases, not enough blood is getting to the central nervous system (the brain, the spinal cord and the retinas), which can lead to cell death -- the hallmark of a stroke. But these are extreme cases.

A healthy person whose normal blood pressure is around 90/60 is at risk for fainting when suddenly standing; however, they are at a lower-than-average risk for heart disease and stroke. The diagnosis of "a low blood pressure stroke" for your husband doesn't make any sense at all to me, and advanced imaging of the brain should have made it abundantly clear that it was not the right diagnosis.

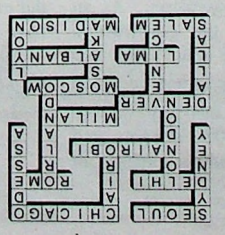
I'm shocked that he wasn't treated correctly for that long. But I'm very happy to hear that his neurosurgeon did not assume the diagnosis of a stroke, instead making the correct diagnosis and performing the procedure to help him recover. Your husband is fortunate that he still had neurological function to recover after such a long time, since spinal cord injuries generally heal better when treated promptly.

***

DEAR DR. ROACH: My primary care physician and blood specialist claim there is nothing that will increase white blood cell count. Are there any supplements that I can take or foods I can eat to improve the low count? -- *R.J.L.*

ANSWER: The question is, why is your white blood cell count low? Some people have low white blood cell counts for no reason; it runs in families, so there aren't any health concerns there. However, there are a large variety of blood diseases that cause low white cell counts. Some affect the lymphocytes, while others affect the granulocytes (the two main types of white cells).

Nutritional deficiencies are extremely rare in North America (vitamin B12, folic acid and copper are the exceptions that should be looked for), so neither diet nor supplements are usually helpful. If there's an absence of blood disease or symptoms, low white blood cell counts usually do not need treatment.



SENIOR NEWS LINE

by Matilda Charles

Skip the Yard Sale

If all the decluttering you did over the summer has now left you with piles of belongings, you might be ready to just have it all gone.

And you might say, "I think I'll hold a yard sale!" If you've been to several yard sales, it looks so easy.

Holding a yard sale is a lot of work! There's all that sorting, and pricing, and carrying, and recruiting of help, not to mention going around to post flyers (and taking them down after the event), as well as worrying whether the weather will cooperate with a mild, non-rainy day. And then you carry back into the house all the things you didn't sell and stack them up again.

When you really just want it all gone, you have a few other choices. What you need to remember is the "twice" rule: Only pick up and carry an item twice. You pick up an item and put it in your vehicle, and you pick up that item to take it to its final spot. That's it.

A consignment shop near you can help you earn a few dollars for items in good condition. Some will concentrate on clothing and others might prefer bric-a-brac and knick-knacks. Be sure to clarify the details before you take your items to drop off: How is the pricing decided and what cut does the shop take? Is there a time limit on how long your items can stay there? Is your agreement in writing?

Donations to charity organizations such as Goodwill or The Salvation Army won't get you any cash, but you might end up with a small tax deduction if you get a receipt. Check their websites for information on how to calculate the value of your donations.

Remember: Only pick up an item twice!

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1. Name the group that released the 1966 version of "Cherish."
2. Who wrote and released "Just When I Needed You Most"?
3. What prompted Neil Diamond to write "Sweet Caroline"?
4. Who released "Heaven Must Be Missing an Angel"?
5. Name the song that contains this lyric: "Our guardian star lost all its glow the day that I lost you. It lost all its glitter the day you said no."

Answers

1. The Association. The song went to No. 1 and ended the year as the No. 7 song per Billboard — until the rankings were revised and the song ended up as No. 2.
2. Randy VanWarmer, in 1979. VanWarmer's recording company didn't especially like the song, but it topped the adult contemporary chart.
3. Diamond wrote the song after seeing a photo of President Kennedy's daughter Caroline.
4. Tavares. The song was too long and had to be split between a- and b-sides of the records.
5. "Mr. Blue," by the Fleetwoods, in 1959. The song isn't to be confused with the Catherine Feeny "Mr. Blue" that ended the season six finale of "BoJack Horseman," the animated adult comedy TV series. Although the Fleetwoods' song might have been the better choice.

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Puzzles4Kids

Answers At Left

Questions Mayor's Public Safety Podcast

An interesting thing happened (last) week.

The City of Quincy's official Facebook and Twitter accounts promoted a podcast recorded by Mayor Koch and his media director, Mark Carey, apparently recorded in Koch's office at City Hall and entitled "Mayor Koch on Public Safety in Quincy!" For those without social media, fear not, because the podcast can be found on the homepage of Quincy's website as well.

In said podcast, Koch and Carey, both city employees, use dogwhistles such as "inner city" and "urban areas" to describe cities they believe are unsafe. They also boast about Quincy being safe because of Koch's (or taxpayers, who go unmentioned) investment in police and fire services.

While the mayor's comments about other communities are problematic (if not outright false based on actual data) my concern is that this podcast seemed to be conveniently timed with a mass mailing by the ominous-sounding "Friends of Public Safety" -- signed by the leaders of Quincy's police and fire unions -- reiterating the same points the mayor made while also putting down his opponent in the upcoming election with baseless claims. (Many of Koch's acolytes have been sharing similar messages on nominaly apolitical Facebook groups like Quincy Is Everything in recent days as well.)

This letter and the podcast raise several concerning questions. Are city resources being used to blatantly promote Koch's reelection campaign? Is the mayor's campaign coordinating with an outside interest group without disclosing it? Who actually paid for the letter?

Hannah Kornak
Quincy

Urges No Vote On Lease Extension

(*A copy of the following letter was submitted to The Quincy Sun for publication.*)

Dear Mayor Koch and City Councillors,

My name is Sean Kurnas, and I am writing to express deep concerns with the proposed 99 year lease extension for the Granite Links golf course.

As a Quincy resident and outdoor enthusiast, I first became aware of the proposed Granite Links lease extension while looking for a route that would connect the Blue Hills to Cunningham Park. At the time, I knew nothing about the history of the land. I began to do research, and the more I learned about the new lease the more confused and concerned I became.

Initially it struck me as absurd that there was no public access through the golf course that rests on public land. Through my research, I found references to public paths that QHA was supposed to maintain. These obligations got pushed to the sidelines after a last-minute golf course redesign, and I do not believe they have been met. As such, this public green space is not only inaccessible – it is a barrier to access.

After comparing the original lease with the proposed lease extension (neither of which were readily available to the public), I found something far more concerning. The original lease included a set of expensive obligations for QHA – they had to turn the landfill into a golf course, and create other public infrastructure (trails, and a recreational complex.) In doing so, they would provide a real service to the Quincy.

However, the new lease has removed many of these obligations, and included several extremely favorable new terms for QHA. I am admittedly not an expert in these matters, but the words speak for themselves: the new lease is objectively and dramatically better for QHA than the one they found favorable 20 years ago. Why should this be?

It appears that the city is preparing to lease this land to a for-profit company with unreasonably good terms. The rushed time frame and lack of transparency have only increased my sense that the interests of Quincy residents have not been represented in the negotiations.

- I do not believe that QHA deserves a 'reward' for fulfilling any legal obligations they had as part of the original contract, nor do I believe they have met all their obligations.
- I do not believe that public land should be locked away from the majority of Quincy residents and set aside for use by a tiny number of disproportionately wealthy individuals.
- I do not believe that this lease is close to the best deal that Quincy can get.

I encourage the Councilors to vote NO to the proposed 99-year lease on my behalf. This is too important, and too permanent, to rush. We need to restart negotiations and ensure the needs of Quincy residents are represented in the process.

Sean Kurnas
Quincy

Implying Mahoney Doesn't Support Police, Fire Is 'Disingenuous, Disgraceful'

I would like to respond to the full page ad in the 9/7/23 Quincy Sun from the Quincy Police and Firefighters paid for by The Committe To Elect Tom Koch. To imply that Anne Mahoney, the unnamed opponent of Mayor Koch, doesn't support Quincy's police and firefighters is disingenuous and disgraceful. Anne cares deeply about the City of Quincy and the safety of its residents as her long history of public service as a School Committee member and Councilor At Large has shown.

Throughout her career in public service Anne has shown the unwavering courage and resolute determination to stand up for the residents of Quincy and insist on a transparent accounting of how taxpayers' money is being spent. She has never gone along to get along on the City Council and this has led to her being the lone voice in questioning the Mayor's spending of taxpayer dollars on more than one occasion. As an example, the construction cost of the new Quincy Police Headquarters included $1,000.00 microwave ovens and $150.00 clocks as well as the needless expense of an overly ornate roof. These are the kind of things Anne has questioned in the past. If such concerns are seen in some quarters as jeopardizing public safety I fail to see the connection.

I certainly do not believe this ad is unanimously supported by the members of Quincy's Police and Fire Departments. By engaging in this manner of politicking the men who signed this ad have done a disservice to the residents of Quincy and the men and women they represent.

Respectfully,
Thomas Sullivan
Quincy

Long Island Bridge: 'Vision Vs. Reality'

I write regarding an article from Aug. 31, 2023, 'Wu Outlines Vision For Long Island' and 'Readers Forum' comment, Sept. 8, 2023, 'Recovery Campus Should Only Be Used For Recovery.' A juxtapose of 'Vision vs Reality', what may be versus what was. While checking information about another subject, I came across a Boston Globe article from Aug. 12, 2014, 'Rushed closing of Long Island bridge takes a human toll' which if a reader of The Quincy Sun has an interest in the ongoing 'battle of the bridge' is very much worth reading BUT the comments may be even more so: Rushed closing of Long Island bridge takes a human toll - The Boston Globe.

Thursday, Sept. 7, 2023, I read with interest the 'comment/opinion' of Joan Delaney who spent time on the Island and was involved in Andrew House since its move to Long Island (Andrew House was located in Dorchester and moved to Long Island in 1987). Her knowledge and experience is invaluable. I found the reference to traffic interesting, "..most anyone coming to Long Island was brought in by bus..So, traffic was not an issue."

Traffic apparently became an issue as time went by. The bus traffic coming and going was high as were the many service vehicles, delivery trucks, personal cars, shift change comings and goings, ambulances, police vehicles (I keep in mind that some police vehicles/fire equipment was also going to the Moon Island gun range and Fire Training Facility; the difference was that the Boston Police vehicles headed for Long Island had sirens and flashing lights fully on).

The Aug. 31, 2023 Sun article expresses the idyllic vision of Mayor Wu of what Long Island may become in four years for those needing care and services now. The article does not address the question that is greater than the 'transportation' question and concerns expressed by Quincy which, simply put, is, What is Boston's build out PLAN for Long Island?

Long Island is 235 acres, the Recovery Campus is approximately 35 acres of the entire island and now appears to be a 'vision' without a plan and Boston refuses to address their intentions/Plan for the island which begs the question a bridge for what purpose? There are just too many unknowns for the people of Quincy to not be concerned about Boston's plan for Long Island.

The word NIMBY has entered the conversation too often. This is not a NIMBY situation. It is a matter of questions and concerns unanswered by Boston. The fact that there was no resettlement plan for the 2014 island residents and no intermediate plan to minimally close the bridge and make an arrangement for temporary ferry service to/from the island instead of upending the lives of already upended lives speaks volumes. Obviously, Boston had/has little regard or respect for the people living in the Mass/Cass area or for those Boston chose to relegate to that location. Boston historically has not been a good neighbor or good caretaker. There is a simple solution which would have avoided the 2014 Long Island 'eviction' debacle leading to Boston's 2023 crises. It is the much-discussed Ferry Service from Boston to Long Island. Simple, streamlined, avoiding disruption to another community and its neighborhoods, directly from Boston to Long Island (Boston). Certainly easier and faster than Boston to Expressway, to Neponset Bridge, to Quincy Shore Drive, 'last stop' Long Island.

According to these excerpts from the Boston Herald, July 18, 2022, there was a workable PLAN presented receiving "unanimous support" from the state Senate: "The idea of a ferry to Boston's Long Island is once again afloat as the latest version of a transportation bond bill approved by the state Senate includes $10 million for the long-discussed [FERRY] project. The amendment from state Sen. Nick Collins, a South Boston Democrat, garnered the unanimous support of the body last week...The amendment...would be "to fund infrastructure for daily ferry service" to the island.. [Collins] office said the cash would go toward maritime vessels, dock infrastructure, equipment and maintenance for ferry service to Long Island from Flynn Marine Park in the South Boston..." (Note: The island of Nantucket is serviced by daily ferry; it is a two-plus hour trip from Boston. Ferry service accommodates the island's 10,600+ year-round population and all their day-to-day living needs expanding to accommodate its summer tourist visits/population increase estimated at 80,000.)

Marie Stamos
Quincy

Supports Perdios For School Committee

I'm writing to show my support for school committee candidate Courtney Perdios. I have known Courtney since 2021 when I attended Citywide Parent Teacher Organization (PTO) meetings. When I first attended Citywide PTO meetings it was just as a mom looking to be more involved since my daughter's school did not have an active PTO. That is where Courtney comes in. Courtney was the only one who stepped up and helped another mom and I challenge our former principal and supported us parents in getting the Snug Harbor PTO up and running again. For the school year 2022-2023 we finally got our PTO formed again. Courtney has been my number one supporter and motivator.

Courtney is dedicated to ALL Quincy students and teachers. I watched her step up and be a support for Quincy teachers while they were dealing with contract negotiations. Every time she was there for them. I watched as she voiced her support for Lunar New Year, recognizing the diversity that is in Quincy.

Courtney will continue to be a voice for QPS students, teachers and caregivers because she is a QPS parent. Courtney is an advocate for underserved students and communities. She doesnt look down on the communities that are often bypassed, she is there for us. She will continue to fight to make sure everyone is receiving an equitable education. I have watched her on EDI (equity, diversity and inclusion) subcommittee meetings also fighting for our students.

On election day Courtney Perdios will have my vote! I'm hoping she will have your vote too!

Christina Duncan
Quincy

More Quincy news:
The Quincy Sun.com

Brighten Your Fall Landscape With Mums

By MELINDA MYERS

Mums are a favorite fall flower that adds weeks of seasonal color to containers, gardens and fall displays. They are also a popular gift plant in garden centers and floral shops. Choosing the right one for the purpose and providing proper care will help you achieve your desired results.

Start by selecting the best mum for your gardening goals. You'll find mums labeled as garden, perennial, gift or florist mums. All these names for plants that look alike can be confusing. The answer lies in their response to day length, hardiness and use.

Mums set flowers based on day length. Growers can force them into bloom by covering them to create shorter days that initiate flowering. Those grown as gift mums, often called florist mums, usually require the longest periods of uninterrupted darkness or shorter days. When these mums are grown under natural daylight they usually don't flower until late fall or early winter. These late bloomers are usually killed by cold temperatures before or soon after the flowers appear in colder areas.

Nurseries selling mums ready to flower in the fall often refer to them as garden mums. These may be perennial mums or "florist" mums forced to flower for fall displays. The intent is to use them as annuals. Select ones with lots of buds and just a few if any open flowers to maximize the bloom time and your enjoyment. Place one or two mums on the front steps, plant them in vacant spots in the garden or combine them with other fall favorites in containers.

These garden mums may be hardy and suited to the area but since all the energy is directed to the flowers little is left to establish a hardy, robust root system. If you have success overwintering your garden mums, feel free to brag. If your plants don't survive or you don't try, don't worry. You are using them as a fall annual as they were intended. This also provides space for new plants in the spring and an opportunity to try a different color mum next fall.

Those mums sold as perennials are hardy enough to survive the winter and flower in late summer or early fall providing weeks of color in the garden. They are often sold alongside other perennials, labeled as perennials, or promoted as hardy for the area. Increase your success by planting them in spring. This allows the plant time to develop a robust root system before it begins flowering in the fall which will increase its ability to survive cold winters.

MUMS ADD seasonal color to the fall landscape. *Photo Courtesy of MelindaMyers.com*

Place mums in an area with full sun and water thoroughly and often enough to keep the soil moist but not soggy wet. Check the soil in containers daily and water when the top few inches of soil are starting to dry. Always use a container with drainage holes or a self-watering pot.

Increase overwintering success by leaving the plants intact in the garden over winter. Those gardening in colder regions may opt to cover the plants with evergreen boughs after the ground freezes, providing extra insulation. Remove the mulch when temperatures begin hovering above freezing. Whether covered or not, prune out the dead stems in spring as new growth appears.

Whatever you call them, add a few colorful mums to your fall displays. You are sure to enjoy the blast of color they provide to your landscape before winter arrives.

Melinda Myers has written more than 20 gardening books, including the recently released Midwest Gardener's Handbook, 2nd Edition and Small Space Gardening. She hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment TV & radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine and her website is www.MelindaMyers.com.

Backyarding On A Budget: 6 Money-Saving Hacks For Fall

Fall is an opportune time to set up your backyard for year-round success. Work put into landscaping in the fall determines the quality of the space for all of your family's backyarding activities, from family football games at Thanksgiving and Easter egg hunts in the spring, to taking your office to the back patio and meditation in a backyard hammock.

"Work in your yard, and it will work for you. That's always been our motto, but it's particularly important to follow this credo in the fall when we can make the most impact in our yards," says Kris Kiser, president and CEO of the TurfMutt Foundation, which encourages people to care for and use the green space around them. "You don't have to break the bank to create a backyard that will serve many purposes for your family year-round."

Here are six money-saving hacks for creating the backyard of your dreams from the TurfMutt Foundation:

1. Clean out flower beds & add mulch. Simply cleaning out your flower beds (use a leaf blower to make quick work of the task) and adding a fresh layer of mulch works wonders. New mulch not only holds weeds at bay, it also helps retain moisture around plants, trees and shrubs.

2. Prune bushes & trees. Trimming bushes, shrubs, and trees is another inexpensive way to make a big impact in your yard's aesthetic. Use a chainsaw, trimmer or hedger to remove dead or dying branches and stems. This preserves the health of the main branch and improves the shape of the plant. Pruning also encourages plants to flower later.

3. Keep grass mowed and weeded. Regular lawn mowing helps your grass stay healthy and strong and improves the overall appearance of your yardscape without spending much money. In the fall, cut your lawn shorter than during the rest of the growing season and continue to mow until your grass goes into hibernation for the winter.

4. Pick perennials. Perennials – those cold-hardy plant species that will return again in the spring – are a smart money choice because you only have to buy them once to enjoy them for years to come.

5. Plant climate-appropriate species. Native plants – those that occur naturally in your region – are a smart buy any time of the year. They are more likely to thrive in your micro-climate without much maintenance or watering. They are also better for local wildlife and pollinators and help preserve the balance of the natural ecosystem.

6. Look for deals. Many nurseries and home improvement stores offer end-of-season sales on landscaping essentials from plants to outdoor power equipment (mowers, trimmers, leaf blowers, etc.) that make even big backyarding tasks easier.

Multidisciplinary Art Series Sunday At Eustis Estates

Historic New England and Mobius Artist Group will present the last performance in the Mobius at Eustis Multidisciplinary Art Series on Sunday, Sept. 17 from 2 to 4 p.m. at the Eustis Estate, 1424 Canton Ave., Milton.

Experience a vibrant artistic interpretation of the estate in a never before experienced afternoon on the grounds. Interactive performance artist Marilyn Arsem, mixed medium artist Margaret Bellafiore, dance and movement artist Jimena Bermejo, performance artist Sandy Huckleberry, and movement artist Sara June present their unique performances, movement pieces, and mixed media works inspired by the Eustis Estate and landscape. Mobius Artist Group is a Boston-based artists' collective committed to creating original, experimental work in all media.

Tickets are $15 for adults and $10 for students. Performances will take place across the Eustis Estate grounds so it's advised to wear appropriate footwear. To purchase tickets or for more information visit https://my.historicnewengland.org/18691/mobius-sep or call (617) 994-6600.

Raindate is scheduled for Sunday, Sept. 24, 2 to 4 p.m.

Welcome Back Sunday At Quincy Point Congregational Church

Quincy Point Congregational Church, 444 Washington St., Quincy Point, invites the public to "Putting Hope to Work" Sunday as the church discovers Romans 14: 1-12; 2 Corinthians 4: 16-18 and ponder, Forgiveness as an Act of Hope at the 10 a.m. worship in the air-conditioned Sanctuary.

" It is in the act of forgiving that we live into the hope that redemption and salvation is possible," said Rev. Kim. "Without hope, how can we believe in the possibility of salvation and redemption? That is the work of hope."

The Church School children and youth will be dismissed during the worship service to have fun learning about Proverbs while playing volleyball. The Church School curriculum for this year promises engaging activities, including Bible verses, songs, and crafts, all centered around exploring the Bible study workbook on Proverbs titled "Wisdom is the Principal Thing."

Preview the curriculum on the church website: www.spiritualgrowthbiblestudies.com. Register for Sunday School at https://www.quincypointcong.org/registration.

Following the worship service, all are invited to join for fellowship, light refreshments, and conversation in the downstairs Social Hall.

All are welcome and the QPCC building is fully accessible via the Abbey Road entrance with designated accessible parking, an elevator, and an "All Access" rest room to accommodate everyone. If attending in person isn't possible, tune into the live stream at 10 a.m. on Sunday mornings. Additionally, past live streams are available on the church website (quincypointcong.org), as well as on the church's Facebook, Vimeo, and YouTube pages.

PAID POLITICAL ADVERTISEMENT

PAID POLITICAL ADVERTISEMENT

Results Matter...

For our young people, and for our future.
With Tom Koch as our Mayor, Quincy's schools are performing better than at any time in recent history.

Classroom Focus

- Record investment toward small class sizes, new programs and hiring talented professionals leads to best graduation rate of any city our size
- Stable enrollment bucks regional downward trend, with more than 90 percent of parents choosing Quincy Public Schools for their kids
- **Tom's opponent voted against funding our schools**

Historic New Foundations

- 4 new schools, and a fifth on the way
- More than $150 million in state grants for school projects
- First-of-its kind special education center to keep Quincy's young people learning in Quincy. **Tom's opponent voted against it**

Protecting Our Future

- Led state in school security improvements
- A renaissance for athletic and playing facilities across the City
- The City's first track and field facility for our young people. **Tom's opponent sued the City to try to stop it**

It Matters Who The Mayor Is

KOCH FOR QUINCY

Paid For By The Committee To Elect Tom Koch